May 2022

Advent Lutheran Church

Advent Lutheran Church Newsletter



By Pastor Matthew Larson



1

INSIDE THIS ISSUE:

Pastor Matt's

Corner

Letter from the 2
Council President,
Endowment Thank
You Letter

Happy Helpers, 3-4 Thank You, Bonnie's Retirement

Parish Nurse 5-6

Community 7-8

Outreach,
Announcements

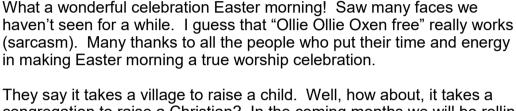
Income & Expense, 9 People in Our Prayers

May Calendar 10

May Hospitality 11

Schedule

Worship Schedule 12



PASTOR MATT'S CORNER

They say it takes a village to raise a child. Well, how about, it takes a congregation to raise a Christian? In the coming months we will be rolling out programs and ministries both "in church" and "out church" and we are hoping to get many of you involved in some way. You will see in this newsletter the promotion of our committees and their respective areas. As much as we all enjoy drinking coffee, seeing VBS kids running around the church, visiting our shut-ins, doing maintenance of the church and its grounds, worship volunteers, handing out meals, etc. We need our wonderful people at Advent to participate and help. There will be opportunities in the next few months to see what is available and what it entails. Take some time and see what interests you, maybe even try something you're a little on the fence with (like VBS volunteer?). I truly believe that the church is more than a place where we consume what we want and let that be it. Sharing our gifts, talents, and time with all our fellow members will cause others to see your investment and energy and want to share theirs also. It's not asking for more than you can do, it's asking what you want to do and share it with others. When you see our committee heads at their tables this next month, stop and see what is available. Ask questions. Get involved. Together we can share the love that God has given to us first.

And lastly, thank you. To everyone who helps make Advent a place of welcome, activity, service and worship. To everyone who reaches up (in worship and praise) and reaches out (service and sharing) it takes everyone of us to be Advent Lutheran and I know that people have received that love and welcome. Let us raise each other up as Christians still on the path, growing and learning, with your help.



Online Worship: www.youtube.com/c/adventlutheranspokane

LETTER FROM THE COUNCIL **PRESIDENT**

By Sharon Pegau

The Council has been busy keeping the Church moving forward. There has been a lot that has been happening behind the scenes.

Finances – The Church is continuing to operate. In order to bring you services each week we need to pay the payroll, bills like electricity and heat, etc. All the same things you do at home. It becomes difficult to plan for the basics when we can't plan on the giving. I ask that you review the financials in the Minutes and in this newsletter. Have you made a change to your giving pattern? We have to rely on the giving and so far this year we are not there.

Sullivan Property – Now that the congregation has given us the direction they want us to take for the Sullivan property we can begin to work towards selling it. Keep in mind though that the Sullivan property is a commercial property, and we are a sticking a "for sale" sign in the front yard. We are waiting for some of the members of the Sullivan property committee to return so they can start looking at next steps which will include finding the right commercial real estate agent. While we hope that the entire process will go quickly, we also understand that the structure of how a church operates will slow the process down some.

Proceeds of the Property Sale - While the team is working on the sale of the Sullivan property the Council will move forward to consider the various options available to us to create the endowments the congregation charged us with at the special meeting. There will be quite a bit of learning and consideration as we make sure that the funds are set up for future use. Hopefully we can finish the set up prior to closing on the sale of the property.

Building Projects – The sale, setting up the endowment both must be done before we can even start talking about the priority of all the projects that need to be done to the Broadway campus. I am going to let you in on a little behind the scenes. We are going to have to look at replacing the HVAC that is well beyond its life expectancy. Right now we are just limping it along. It won't be sexy but heat is kind of important.

Church Personnel - While all this is going on the Council and the Executive Council have been meeting to address how we are going to move forward with personnel after Bonnie's retirement. We began discussing, planning, meeting, looking, and then adjusting back in January. Long story short, like everyone else we experienced how hard it is to get qualified applicants right now. Being in the middle of a tough employment climate with being a non-profit and having to compete with commercial postings, we just were not able to find a good fit. But I believe God puts these challenges in front of us to allow us to see something even better. At the end of the day we decided to adjust how things are managed at the Church. We will be hiring the firm of Matheney and Matheney CPAs PLLC to

handle the basic bookkeeping. That won't cover all the duties that Bonnie has done for us. Which meant carving out the duties. Heidi from the Child Center agreed to take on some of the duties Bonnie used to do that were tied with the Child Center. Cheryl agreed to take on some of the duties that are tied to the Church. Along with that we are increasing Cheryl's hours and giving her a raise. That does leave some duties that as a Council we will try to address. We know things might be rocky at first but I have faith that eventually the Church will settle into this new structure.

Those are just some of the things your Church Council members are busy working on.

ENDOWMENT THANK YOU LETTER

Dear Rev. Matthew Larson,

I'm just writing to give you a follow up report on Soup on Saturdays - SOS and the Advent Lutheran Church Endowment Fund. The fund was instrumental in growing our min-Church, with volunteers. This process won't be like istry. So far we have been able to purchase a couple of large soup pots so that the Volunteers can check them out to make their soups. A lot of my volunteers were using two and three pots to make soup for the 30+ people we feed every Saturday. We are currently using the funds to purchase the necessary supplies for the meals such as the soup containers and lids, napkins, spoons, butter patties (individually wrapped due to Covid rules), and zip lock bags. We boosted a paid post on Facebook about our ministry and was able to find more volunteers in the community of Moses Lake! I now have 8 regular volunteer chefs. Your fund not only has kept us going but made it possible to get the word out in our community about our Ministry. I can't tell you how grateful we are in receiving your endowment fund. Thank you!

> Please follow Soup on Saturdays - SOS on Facebook: https://www.facebook.com/Soup-on-Saturdays-SOS-101729575759336

Many blessings, Trinette Mullineaux

Immanuel Lutheran Church 1020 S "A" St Moses Lake, WA 98837 Phone: 509.765.8621

HAPPY HELPERS

By Forrest Diehl

Happy Easter! Our Easter season, this year, lasts through the 5^h of June, Pentecost Sunday. And, what a great Easter Celebration we had on April 17th - to begin this Easter season! Thanks to all who shared their leadership, talent, and support in providing the grand Easter Worship Services and associated activities. Christ is Risen!...... He is Risen, indeed!

And while thanking people, thanks to all who participated in the Spring Clean-up at the church on Saturday morning, April 9. Thanks to Daryl Ziemer, Darrell Shoquist, Francie Shoquist, Wade Wipperling, Shirley Roraback, Ken Otteman, George Coombs, Sandra Coombs, Wes Todd, Pastor Matt, and Bob Dunlap the following tasks were done: Mixed-in steer manure and cultivated all flowerbeds, including the wall flowerbed outside the quilter's room; Trimmed and pruned all bushes and shrubs/hedges; Trimmed all ornamental grasses; Trimmed arborvitae bushes along McDonald Rd; Picked up trash and winter debris from grounds; Cleaned flower bed along church kitchen window of leaves and debris; Swept curb line along parking lot (east and west); Pulled weeds; etc. (and I'm sure there is probably something I've forgotten or missed). Thanks to All!

I can't decide if these are clever or just "groaners":

How does an attorney sleep? First, he lies on one side, then he lies on the other side.

I have a few jokes about unemployed people..., but none of them work.

What's the difference between a hippo and a zippo? One is really heavy and the other is a little lighter.

Two windmills are standing in a wind farm. One asks, "What's your favorite kind of music?" The other says, "I'm a big metal fan."

Hear about the new restaurant called Karma? There's no menu - you get what you deserve.

I went to buy some camouflage trousers yesterday, but couldn't find any.

What do you call a bee that can't make up its mind? A maybe.

I tried to sue the airline for losing my luggage. I lost my case.

Is it ignorance or apathy that's destroying the world today? I don't know and don't really care.

I wasn't originally going to get a brain transplant..., but then I changed my mind.

Ireland. Every day it's Dublin.

Need an ark? I Noah guy!

HAPPY HELPERS-Continued

Sleeping comes so naturally to me. I could do it with my eyes closed.

What do you call a super articulate dinosaur? A Thesaurus.

You're not completely useless..., You can always serve as a bad example.

I broke my finger last week. On the other hand, I'm okay.

Don't spell "part" backwards. It's a trap!

What is the best thing about living in Switzerland? Well, the flag is a big plus.

Did you hear about the guy who got hit in the head with a can of soda? He was lucky it was a soft drink.

To the mathematician who thought of the idea of zero. Thanks for nothing!

Son: "Dad, can you tell me what a solar eclipse is?" Dad: "No sun."

I finished a book I and strongly recommend it with a caveat. The reader should steel himself/herself before reading – to be prepared to read some difficult descriptions of suffering and hardships (gut-wrenching, not gory), which were endured by the main characters of the book, the Martel family. The Last Green Valley was written by Mark Sullivan. It is classified as a historical fiction based on a true story (descendants of the Martel family are currently living in Montana). The book begins with Emil and Adeline Martel, a German descendant couple (with family) living and farming in Ukraine, 1930's - 1944. This young bilingual family (German and Russian) had been suffering for years under Stalin's actions to seize possession of small farms in Russia and Ukraine and make them into state-run collective farms – accompanied with threats and punishments to those who would resist his totalitarian authority (Holodomor (great famine)). The hardships of the farmers (including the Martel family) are described by Sullivan in the book by using flashbacks to the 1930's - where the reader is exposed to the brutality and oppression of Stalin's regime. The real plot and storyline of the book took place in 1944, on the battlefields as the Russian army chased the German army westward, and pushed them back to Germany. Sullivan does a great job in bringing the reader through a complicated retreat of an invading army (Nazis) through different countries, amid all the chaos of multi-national citizen evacuees. The plot of the book is survival brought about by love, family devotion, and an uncompromising spirit to seek freedom. After reading the book, I feel that I understand a little more about the Ukrainian people, their history, and an appreciation for their resolve to keep their independence from Russia's oppression. I learned some facts and consequences of communism that I hadn't Which country's capital has the fastest-growing population? thought of before. Also, I found Sullivan's description of the Russian army interesting. Although the book was published in 2021, it seems to accurately depict the Russian army - as we are seeing it today, in 2022.

HAPPY HELPERS-Continued

Again, I recommend the book. The book feels factual and authentic (at the end of the book there is a touch of almost a supernatural and a divine element that guides the course of events – just a tiny touch). The book was not a "page turner" for me, but a true story that I will not soon forget – and I am glad I read it. Let us continue to keep the Ukrainian people, families, and nation in our prayers!

During the month of April, the following tasks were completed: trimmed & pruned all plant life in the outside patio area, off the narthex - cleaned area of winter debris - it looks great! (Karen Nelson, Jodi Meddock); repaired light switch in Child Center restroom (Wade Wipperling); replaced leaking sink faucet in Child Center classroom (Kent Tibbetts, Wade Wipperling, Daryl Ziemer); installed newly refurbished bench seat at east front entrance, including hand railings (Ken Otteman, Wade Wipperling); installed furnace filters (Wade Wipperling, Daryl Ziemer); swept and removed winter debris and broken concrete from curb line next to Child Center playground (Shirley Roraback); spread fertilizer on the lawn (Don Klages); changed wording on reader board sign, more than once (George Harrison, Daryl Ziemer); helped start Child Center van with low battery (Bill Thurston); coordinated to have the stolen catalytic converters from the Child Center's van and bus replaced (Heidi Perry, Bonnie Calhoun, Pastor Matt); cleaned bottom of large plastic trash containers in gym/fellowship hall (Wade Wipperling); coordinated for Sullivan campus boiler repair visit (Ken Otteman); replaced low batteries in kitchen clock (George Harrison, Dave Cook); hung drying rack in Child Center classroom (Daryl Ziemer, Butch Yarnell, Wes Todd); coordinated the 9 April Spring Clean-up Activities (Ken Otteman); set-up table / coffee station, greeted, and ushered Easter Sunrise Service at Saltese Cemetery (George Harrison, Wade Wipperling); swept chair and table storage room off the gym (Wade Wipperling); replaced flood lights in sanctuary (Bill Thurston, Daryl Ziemer, Wade Wipperling, Dave Cook, George Harrison); Sullivan campus on-site assistance to boiler repair technician - multiple times (Ken Otteman); took down "old wooden" Easter Cross with flowers and moved it from sanctuary to outside patio area. Removed flowers from cross. (George Harrison, Daryl Ziemer, Dave Cook); turned on water to patio area and set timer (Ken Otteman); coordinated with Heidi to have sprinkler water turned on in Child Center playground area (Ken Otteman); sprayed lawn weeds with herbicide (Don Klages); coordinated with Senske for required irrigation water back-flow test (Ken Otteman); etc.

The **Happy Helpers** are looking forward to the month of May and the fruits of the April rains and cool temperatures, FLOWERS. We meet each **Thursday morning**, **9:00 A.M.**, at the church. Coffee, tea, and "goodies" are provided. Please join us! During April, **Ken Otteman** provided the goodies. Thanks **Ken! Wade Wipperling** and **George Harrison** made coffee. Thanks **Wade** and **George!** Visitors and new members are always welcome. If you can't make it by 9:00 A.M., come anytime. Usually, we finish talking by 9:30 A.M. and finish working by 11:00 A.M.

HAPPY HELPERS-Continued

Well, I saved the Happy Helper's farewell to **Bonnie Calhoun,** our Parish Administrator, for last because I was trying to escape/postpone the reality of it.

I speak for all the Happy Helpers when I say that it was a real joy to work with **Bonnie** when dealing with the many issues that came up with the maintenance and upkeep of aging buildings. **Bonnie's** receptiveness and responsiveness to administrative and financial needs of the buildings and grounds of two campuses showed her skill, experience, and managerial abilities. Her "open-door" invitation to all Happy Helpers made us feel welcome and needed – regardless of how banal or trivial the issue at hand may have been. Although the Happy Helpers will miss **Bonnie** mightily, we delight in wishing her the best and knowing that she and **Mark** are able to enjoy their retirements together. From all the Happy Helpers (past and present), together in unison: "**Thank-you, Bonnie!**"

THANK YOU

I would like to thank all of the folks at Advent Lutheran Church for the wonderful retirement party! I was very touched by the amount of thought and care that went into organizing the luncheon, gifts, and well wishes that you extended to both Mark and I. A very special thank you to Sue Wipperling, Denise Walker, Karen Nelson, Jody Meddock, Carol Scheurer and Francie Shoquist for organizing the food and decorating the fellowship hall. It was lovely! I will treasure the beautiful quilt in which the top was made by Belle Campbell and assembled by the Quilters as well as the lovely matching purple afghan made by Shelle Seaholm. Thank you! Both will keep us warm for years to come! I would also like to thank Matt, Cheryl, and Heidi for all of their support and friendship over the last ten years. They have been the best office staff to work with ever! Advent Lutheran Church has given us a memorable retirement celebration that we will hold in our hearts for a long time. Thank you and God bless! Bonnie Calhoun

HAPPY RETIREMENT!

Well, this is a familiar picture. Seeing Bonnie behind her desk making sure Advent is running smoothly. As we say goodbye and good retirement we thank Bonnie for her dedication and professionalism that she exuded from day one. We will miss your presence in the office but look forward to seeing you in worship as you "re-settle" back after your adventures!! May the Lord bless you and keep you!



PARISH NURSE

By Debbie Martin, RN, Parish Nurse Money management

- "The stairs are getting so hard to climb.
- "Since my wife died, I just open a can of soup for dinner. "I've lived here 40 years. No other place will seem like home.

These are common issues for older people. You may share the often-heard wish — "I want to stay in my own home!" The good news is that with the right help you might be able to do just that. Staying in your own home as you get older is called "aging in place." This article contains suggestions to help you find the help you need to continue to live independently.

How to plan ahead to age in place

Planning ahead is hard because you never know how your needs might change. The first step is to think about the kinds of help you might want in the near future. Maybe you live alone, so there is no one living in your home who is available to help you. Maybe you don't need help right now, but you live with a spouse or family member who does. Everyone has a different situation.

One way to begin planning is to look at any illnesses. like diabetes or emphysema, that you or your spouse might have. Talk with your doctor about how these health problems could make it hard for someone to get around or take care of him- or herself in the future. If you're a caregiver for an older adult, learn how you can get them the support they need to stay in their own home.

What support can help me age at home?

You can get almost any type of help you want in your home often for a cost. You can get more information on many of the services listed here from your local Area Agency on Aging, local and state offices on aging or social services, tribal organization, or nearby senior center.

Personal care

Is bathing, washing your hair, or dressing getting harder to do? Maybe a relative or friend could help. Or, you could hire a trained aide for a short time each day.

Household chores

Do you need help with chores like housecleaning, yard work, grocery shopping, or laundry? Some grocery stores and drug stores will take your order over the phone and bring the items to your home. There are cleaning and yard services you can hire, or maybe someone you know has a housekeeper or gardener to suggest. Some housekeepers will help with laundry. Some drycleaners will pick up and deliver your clothes.

<u>Meals</u>

Worried that you might not be eating nutritious meals or tired of eating alone? Sometimes you could share cooking with a friend or have a potluck dinner with a group of friends. Find out if meals are served at a nearby senior center or house of worship. Eating out may give you a chance to visit with others. Is it hard for you to get out? Ask someone to bring you a healthy meal a few times a week. Meal delivery programs bring hot meals into your home; some of these programs are free or low-cost.

PARISH NURSE-Continued

Do you worry about paying bills late or not at all? Are health insurance forms confusing? Maybe you can get help with these tasks. Ask a trusted relative to lend a hand.

Volunteers, financial counselors, or geriatric care managers can also help. Just make sure you get the referral from a trustworthy source, like your local Area Agency on Aging. If you use a computer, you could pay your bills online. Check with your bank about this option. Some people have regular bills, like utilities and rent or mortgage, paid automatically from their checking account.

Be careful to avoid money scams. Never give your Social Security number, bank or credit card numbers, or other sensitive information to someone on the phone (unless you placed the call) or in response to an email. Always check all bills, including utility bills, for charges you do not recognize. Even though you might not need it now, think about giving someone you trust permission to discuss your bills with creditors or your Social Security or Medicare benefits with those agencies.

Health care

Do you forget to take your medicine? There are devices available to remind you when it is time for your next dose. Special pill boxes allow you or someone else to set out your pills for an entire week. Have you just gotten out of the hospital and still need nursing care at home for a short time? The hospital discharge planner can help you make arrangements, and Medicare might pay for a home health aide to come to your home.

If you can't remember what the doctor told you to do, try to have someone go to your doctor visits with you. Ask them to write down everything you are supposed to do or, if you are by yourself, ask the doctor to put all recommendations in writing.

Getting help at home during

If staying in your home is important to you, you may still have concerns about safety, getting around, or other activities of daily life. Find suggestions below to help you think about some of these worries.

Getting around — at home and in town

Are you having trouble walking? Perhaps a walker would help. If you need more, think about getting an electric chair or scooter. These are sometimes covered by Medicare. Do you need someone to go with you to the doctor or shopping? Volunteer escort services may be available. If you are no longer driving a car, find out if there are free or low-cost public transportation and taxis in your area. Maybe a relative, friend, or neighbor would take you along when they go on errands or do yours for you. To learn about resources in your community, contact Eldercare Locator at 800-677-1116 or https://eldercare.acl.gov.

PARISH NURSE-Continued

Finding activities and friends

Are you bored staying at home? Your local senior center offers a variety of activities. You might see friends there and meet new people too. Is it hard for you to leave your home? Maybe you would enjoy visits from someone. Volunteers are sometimes available to stop by or call once a week. They can just keep you company, or you can talk about any problems you are having. Call your local Area Agency on Aging to see if they are available near you.

Safety concerns

Are you worried about crime in your neighborhood, physical abuse, or losing money as a result of a scam? Talk to the staff at your local Area Agency on Aging. If you live alone, are you afraid of becoming sick with no one around to help? You might want to get an emergency alert system. You just push a special button that you wear, and emergency medical personnel are called. There is typically a monthly fee for this service.

Housing concerns

Would a few changes make your home easier and safer to live in? Think about things like a ramp at the front door, grab bars in the tub or shower, nonskid floors, more comfortable handles on doors or faucets, and better insulation. Sound expensive? You might be able to get help paying for these changes. Check with your local Area Agency on Aging, state housing finance agency, welfare department, community development groups, or the federal government.

Getting help during the day

Do you need care but live with someone who can't stay with you during the day? For example, maybe they work. Adult day care outside the home is sometimes available for older people who need help caring for themselves. The day care center can pick you up and bring you home. If your caretaker needs to get away overnight, there are places that provide temporary respite care.

Be prepared for a medical emergency

If you were to suddenly become sick and unable to speak for yourself, you probably would want someone who knows you well to decide on your medical care. To make sure this happens, think about giving someone you trust permission to discuss your health care with your doctor and make necessary decisions. Learn about health care advance directives. Talk with your doctor about whether you should get a medical alert ID bracelet or necklace.

Resources to help you age in place Here are some resources to start with:

Reach out to people you know. Family, friends, and neighbors are the biggest source of help for many older people. Talk with those close to you about the best way to get what you need. If you are physically able, think about trading services with a friend or neighbor. One could do the grocery shopping, and the other could cook dinner, for example.

PARISH NURSE-Continued

Learn about community and local government resources. Learn about the services in your community. Health care providers and social workers may have suggestions. The local Area Agency on Aging, local and state offices on aging or social services, and your tribal organization may have lists of services. If you belong to a religious group, talk with the clergy, or check with its local office about any senior services they offer.

Talk to geriatric care managers. These specially trained professionals can help find resources to make your daily life easier. They will work with you to form a long-term care plan and find the services you need. Geriatric care managers can be helpful when family members live far apart. Learn more about geriatric care managers.

Look into Federal Government sources. The federal government offers many resources for seniors. Longtermcare.gov, from the Administration for Community Living, is a good place to start.

How much will it cost to age in place?

An important part of planning is thinking about how you are going to pay for the help you need. Some things you want may cost a lot. Others may be free. Some might be covered by Medicare or other health insurance. Some may not. Check with your insurance provider(s). It's possible that paying for a few services out of pocket could cost less than moving into an independent living, assisted living, or long-term care facility. And you will have your wish of still living on your own. Resources like

<u>Benefits.gov</u> and <u>BenefitsCheckUp</u>® can help you find out about possible benefits you might qualify for.

Are you eligible for benefits from the U.S. Department of Veterans Affairs (VA)? The VA sometimes provides medical care in your home. In some areas, they offer homemaker/ home health aide services, adult day health care, and hospice. To learn more, visit www.va.gov, call the VA Health Care Benefits number, 877-222-8387 or contact the VA medical center nearest you.

For more information on aging in place

Eldercare Locator 800-677-1116

eldercarelocator@n4a.org https://eldercare.acl.gov

Centers for Medicare & Medicaid Services

800-633-4227 877-486-2048 (TTY) https://www.cms.gov www.medicare.gov

COMMUNITY OUTREACH

Please keep your food donations coming as the need continues to be great, so let's "FILL THE SHELF"!!



In honor of Mother's, the **Outreach Committee** would like your help to provide some of Naomi's wish list of needed items for their Boutique which allows the women they serve to make choices for themselves. We'll collect the items up until **May 16. Item's needed include:**

- Summer clothes for girls, size 12/14 and boys, size 6/8
- Clothes for boys size 14/16
- Women's loungewear, size L,XL,XXL
- Women's hoodies, XL
- Black leggings, L, XL
- Scrubs, M
- Women's Shoes size 8,9,10 (flip flops, summer shoes, tennis, running shoes, dress shoes)
- Kids' working musical instruments: violin, guitar, ukulele, keyboard, harmonica, recorder, hand Percussions
- Journaling notebooks
- Disinfectant wipes
- First Aid Kits
- Hand & body lotion
- Gift cards: grocery, Costco or haircuts

Thanks for your generosity as we are called to love and serve! Babs Velategui 509-701-8041

ANNOUNCEMENTS

Online Worship:

 $www.youtube. \\ \dot{com/c/adventluther} anspokane$

THE HAPPY PIECEMAKERS

Quilt Sunday will be on May 1st. Instead of boxing the quilts on Friday, May 6th, we will be boxing on Tuesday, May 3rd. The quilts will ship on May 7th. The Happy Piecemakers have made 119 quilts and 6 Baby Care Kits for this shipment. We thank all our dedicated Happy Piecemakers: Manda Benton, Diane Buck, Belle Campbell, Joanne Day, JoAnn Dunlap, Marsha Jones, Colleen Kusler, Sue May, Marian Moseman, Shelle Seaholm, Eva Sturges, Linda Sweet, Midge Thorin, Dee Yates, and Jan Ziemer.

ANNOUNCEMENTS-Continued

MINISTRY TABLES

Over the next few Sundays, you will notice a different ministry table set up in the Narthex. After worship, please stop by and take a look and see what exciting things are happening here at Advent! We hope you can sign up for at least one program or ministry. There are many and varied options and opportunities from one time jobs to monthly committee meetings to seasonal opportunities. There will be a representative at the table so you may ask questions.

May 1st: Super Youth Team: April Marshall
May 8th: Worship & Hospitality: Sue Wipperling
May 15th: In-Reach/Outreach Committee: Debbie
Martin and Babs Velatequi

May 22: The Happy Piecemakers: Marian Moseman

WEEKLY BIBLE STUDY

Attention all Bible study participants! The weekly morning Bible Study is being moved from Wednesday at 10am to **Monday at 9:30am** starting April 25th. We continue to invite those who wish to participate by Zoom or in person in the classroom. We have begun the Gospel of Mark and will be studying it for the next few weeks. If you wish to receive emails about the Bible Study that includes the Zoom link for that day please get a hold of Pastor Matt. There will be **NO Bible study** on **May 2nd** or **May 16th**.

LUTHERHAVEN CAMPERSHIPS

A **sign-up sheet** is on the table in the Narthex to sign up your child for summer camp.

DINNER TO GO

Our 'Dinner to Go' nights for the month of May will be on Friday, May 6, and May 20, from 5pm-6pm. If you are interested, please call the church office at 928-7733 or place your name and the number of meals you wish on the signup sheet on the table in the Narthex.

Menu: May 6: BBQ, baked beans, and salad

May 20: Burgers and fries, salad

MONTHLY LADIES LUNCHEON

Our next luncheon will **May 14th** at **11:30 a.m.** at **The Max at Mirabeau**. Contact **Marian Moseman at 509-927-3821** by the Wednesday before so that she can make a reservation.

MEN'S PRAYER BREAKFAST GROUP

The Men's Prayer group meets each Friday morning at 7:00 am at Denny's Restaurant on Sprague and Pines. All men are welcome!

COFFEE FELLOWSHIP

All are welcome to join us for **Coffee Fellowship** after Worship each Sunday. We need **Fellowship Hosts** and people to bring **cookies each week in order to have our Coffee Fellowship.** Please see the **sign-up sheet** on the table in the Narthex.

ANNOUNCEMENTS-Continued

GOLDEN AGERS DAY OUT!

Tuesday, May 17, 10am-2pm. Spend a beautiful spring day at Camp Lutherhaven. Welcome Back, Golden-Agers, for the Farewell Bob Tour. Bob Baker will be retiring in August 2022, after an amazing 29 years of service at Lutherhaven Ministries. Golden Agers' is a one day retreat especially for retirees, senior adults and older adult groups; a great day during a beautiful time of year at camp! Lunch and program included (costs covered by Advent). Join us for fun, laughs, food, songs, and stories! Come as your Covid comfort allows: vaccination always recommended; masks optional; HEPA- filtered air always. See the sign-up sheet on the table in the Narthex. (Meet at the church and ready to leave by 8:45 am and return by 2:45 pm). Questions? Please contact Linda Semmen at 509-389-4191.

MEMORIAL SERVICE

A memorial service for **Tanna Sams** will be here at Advent on **Saturday, May 21st** at **11:00 am.**

NEWSLETTER DEADLINE

If you wish to submit an article or announcement for the **June** newsletter, please submit it to the Church office no later than **Monday**, **May 23rd**.

SEMIANNUAL CONGREGATIONAL MEETING

The Semiannual Congregational Meeting will be on Sunday, June 5 following the Worship Service. At this meeting we will elect three new Council members, nominating Committee members, and review Committee and small group reports. TEAM LEADERS: If you would like to submit a report about your committee's activities this past year or what you have planned as things open up more, please submit your report to the Church office no later than Sunday, May 8th.



8 LAKES LEG ACHES BIKE RIDE

Saturday, July 16th. Three routes to choose from!
Presented by Kaiser Permanente and Lutheran
Community Services NW. Register today! Contact
Christie McKee at 509-343-5020 or cmckee@lcsnw.org.
www.lcsnw.org/8LakesRide.



ANNOUNCEMENTS-Continued



Save the Date: Boots & Pearls is back August 27, 2022!

Lutherhaven's 7th Annual fundraising hootenanny on Lake Coeur d'Alene supporting the Campership Fund. We can't wait to celebrate with you! Stay tuned: Registration opens

May 1.
Questions? Email us!
laura@lutherhaven.com
www.lutherhaven.com

Lutherhaven Ministries Inc. 3258 West Lutherhaven Road Coeur d'Alene, ID 83814 208.667.3459

BACK IN ACTION!

As our momentum continues to move forward it seems that it's been a while since people have had an opportunity to see what is available to participate and volunteer with at Advent. Our Committee Heads have gotten back together and are planning for the next few months all the ministries and programs that we would like to put on. But we need your help to serve, organize, and participate in. We have had a number of new faces join our parish in the last 2 years of the pandemic and we would like for them to see what opportunities are available. With that, our committee heads will be setting up a table in the Sundays of May and June right outside the sanctuary. One table, one committee a Sunday. It will be your chance to sign up for the different programs and ministries at Advent. As one example of service that is needed, our Hospitality committee (headed by Sue Wipperling) could really use some hosts for Sunday morning coffee hour. If we don't have hosts, there may not be coffee (OH NO!). Sue is willing to train everyone that would be willing to fill this important part of our Sunday morning. The more hosts we have the better!

INCOME/EXPENSE INFORMATION

Advent General Fund Income/Expense

	<u>March</u>	Year to Date
Income	23,983.18	76,185.60
Expense	29,054.89	89,002.12
Net	-5.071.71	-12.816.52

Child Center Income/Expense

	<u>March</u>	Year to Date
Income	72,876.80	203,147.66
Expense	68,334.81	197,141.04
Net	4 541 99	6 006 62

Notes for Advent Lutheran Church

- Expenses exceed income by \$5,072.
- Average monthly income came in \$2,456 lower than average budgeted monthly income.
- Sunday offerings for January March 2022 came in \$10,318 lower than January- March 2021.
- Average monthly expenses came in \$327 higher than average budgeted monthly expenses.
- Expenses included the budgeted disbursement (10%) of benevolence dollars for the ELCA, Spokane Valley Partners, Maasai Health Systems, and Lutheran Community Services.

Notes for Advent Lutheran Child Center

- Income exceeded expenses by \$4,542.
- Total income for January March 2022 decreased by \$1,211 when compared to January - March 2021. The decrease in income was mainly due to \$30,000 of Grant income that was received in February 2021. However, private pay tuition increased by \$33,520 in January—March 2022, which helped to offset the differ-
- Total expenses for January—March 2022 increased by \$5,983 when compared to January –March of 2021. The increase reflects a move toward a more fully staffed Center.
- The Center has \$159,201 in reserve, which translates to 2 months of budgeted expenses. In order to maintain financial health, it is the goal of the Center to maintain at least one month of budgeted expenses in its reserve (\$80,185).

PEOPLE IN OUR PRAYERS

By Bonnie Calhoun Church Family and Friends: Julie Bass, Harry & Manda Benton, Diane Buck, Martha Olene Cason, Cindy & Jared, Dave & Sharon Cook & family, Georgia Coulston, Henry Domine, Richard Graham, Jim Gunby, Nestor Hernandez. Steve & Leigh Hopkins, Arlo & Gwen Huber, Sam Imus, Child Center Baby, Debbie Martin's sister Karen, Midge Kiourkas & family, Norm and Audrey Knuttel, Lexi & Serenity, Connie Luna, Jan Madden, Bill Murphy, Gerry O'Rourke, Tim O'Rourke, Amaryllis & Ken Otteman, Anna Rector, Myrna Rehn, Dianne Ronngren & family, Kimberley & Kreagan Shipbaugh, Lance Snyder, and Richard Yudt.

For Family Members & Friends Serving in the Military:

CPT Ashley Allinger, Chaplain US Army, CPT Zane Allinger, USAF, CPL Damien Anderson, MSGT Ryan Armstrong, Major Ryan Baker, Majors Megan & Robert Barnwell, SGT Alex Baron, USAF, Capt. Jordon Bolster, CPT Christopher Finch, Robert Guyton, TSG Christine Johnson, CW2 Aaron Lang, Sr. Airman Richard Luna III, MSgt. Duncan McFarlane, Bryan McGoon, SSG Aaron Moeller, Sam Nelson, GySgt. Alex Pohle, AF Staff Sgt. Garytt Shirey, Kurt Strigel, Sgt. Cody Strunks, Colin Wells, U.S. Air Force, Ryan Wells, Master Sgt. AF Nat'l Guard Sarah Meddock, TSG Jason Wood, CPT Michael West, Staff SGT Jacob McKenzie, Capt. Stephen King, Airman Chase Strunk, U.S. Air Force, LCPL Jared Martin, Rafe Rector in Marines, Diana & Rob Rector, Staff Sgt. Dan Zabriskie in the National Guard, LCPL Breandan LaFontaine, and Airman Justin Wise, US Air Force.

For Family Members & Friends Serving in Mission Fields around the world.

If you have a prayer request, please send an email to the church office at alcspokane@comcast.net or call the church office at (509) 928-7733.



MAY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Satur- day
1 Quilt Sunday 9:30 am Worship Service/ Communion After Worship Coffee Fellowship Super Youth Team Table	2 NO Bible Study 6:00 pm Boy Scouts F/158	3 9:00 am Happy Piecemakers 10:30 am ALCC Board Mtg. 5:00 pm Executive Committee Mtg. 6:00 pm Cub Scouts F/106/158	4	5 9:00 am Happy Helpers	6 7:00 am Men's Prayer Breakfast at Denney's Restaurant 5:00 pm-6:00 pm Dinners to Go	7
8 Mother's Day Committee Reports Due 9:15 am Sunday School 9:30 am Worship Service/ Communion After Worship Coffee Fellowship Worship & Hospitality Table	9 9:30 am Bible Study 6:00 pm Boy Scouts F/158	10 9:00 am Happy Piecemakers 5:00 pm Council Meeting 6:00 pm Cub Scouts F/106/158	11	12 9:00 am Happy Helpers	7:00 am Men's Prayer Breakfast at Denney's Restaurant	14 11:30 am Ladies Lunch Group-the Max at Mirabeau
15 9:30 am Worship Service/Communion After Worship Coffee Fellowship In-Reach/Outreach Table	16 NO Bible Study 6:00 pm Boy Scouts F/158	17 8:45 am-3pm GoldenAgers Day Out 9:00 am Happy Piecemakers 6:00 pm Heads of Committee Cub Scouts F/106/158	18	9:00 am Happy Helpers	7:00 am Men's Prayer Breakfast at Denney's Restaurant 5:00 pm-6:00 pm Dinners to Go	21 11:00 am Memorial Service for Tanna Sams
9:15 am Sunday School 9:30 am Worship Service/Communion After Worship Coffee Fellowship	9:30 am Bible Study 6:00 pm Boy Scouts F/158 NEWSLETTER DEADLINE	9:00 am Happy Piecemakers 6:00 pm Cub Scouts F/106/158	25	9:00 am Happy Helpers	7:00 am Men's Prayer Breakfast at Denney's Restaurant NEWSLETTER MAILED	28
29 'Fill the Shelf' Sunday 9:30 am Worship Service/Communion After Worship Coffee Fellowship Happy Piecemakers Table	30 Memorial Day Church Office & Child Center Closed	31 9:00 am Happy Piecemakers 6:00 pm Cub Scouts F/106/158				

MAY HOSPITALITY SCHEDULE

Ministry Description	May 1	May 8 Mother's Day	May 15	May 22	May 29 Memorial Weekend
	9:30 AM	9:30 AM	9:30 AM	9:30 AM	9:30 AM
ASSISTING MINISTER: (1)	Duane Yates				
COMMUNION ASSISTANTS (2)	Jodi Moddock Marlyce Murphy	Jodi Meddock Signe Stokes	Marlyce Murphy Linda Tompkins	Ann Koschalk Jodi Meddock	Karen Nelson Bonnie Rehn
READER: (1)	Babs Velategui	Barb Potter	Larry Nelson	Barb Potter	
ACOLYTE: (1)					
USHERS: (3-4)					
GREETERS: (2-4)	Bill & Rita Thurston				
ALTAR FLOWERS:	Lilies/Mums				
FELLOWSHIP HOSTS:	1. 2. 3. 4.	 Jeremy Hostetler Nicola Hostetler 4. 	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.
(Cookies, etc., 4 people, 4 dozen each)	Jodi Meddock Babs Velategui Jan Ziemer	Jeremy & Nicola Hostetler			
"Share with God's people,Practice Hospitality" Romans 12:13 (NIV)					

Advent Lutheran Church 13009 E Broadway Spokane Valley, WA 99216

Church Phone: 509-928-7733 Child Center Phone: 509-928-0231

RETURN SERVICE REQUESTED

Fax: 509-892-5219 www.adventlutheranspokane.org

NONPROFIT ORG. U.S. POSTAGE PAID VERADALE, WA PERMIT NO. 19

WORSHIP SCHEDULE

SUNDAY

Sunday Morning: 9:30 am In-Person and Online Wednesday Morning Bible Study: 10:00 am In-Person and Zoom

"Called by God's Grace to Love and Serve"