

Advent Lutheran Church Newsletter



LETTER FROM THE COUNCIL PRESIDENT

By Denise Walker

May has arrived bringing warmer Spring temperatures!! Flowers are beginning to grow and bloom which makes a lot of us want to get outside to spruce up our yards and enjoy the sunshine.

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There are some notable dates in May:

- May 1st May Day - (Festival of Spring Celebration)
- May 5th Cinco de Mayo - (Celebration of the Mexican victory over the French)
- May 14th Mother's Day - (Celebration of all Moms)
- May 29th Memorial Day - Celebration to Honor the Men and Women who died when serving in the US military

As a reminder, the Ministry Fair has begun for all the different ministries. They are trying to recruit new members so the different ministries will be set up in the Narthex each week with poster boards and pictures to show you what they are doing and how they benefit the Church and the Community. Please sign up, your hidden talents are sorely needed!!

The Congregational meeting is scheduled for **Sunday, June 4th** after worship. We have a short agenda to include the approving of the previous Congregational Meeting minutes, election of three Council members and the ratification of the Advent Constitution and Bylaws updates.

The Council has been busy working on the prioritization from the capital improvement list. We have narrowed it down to the top six items and we are now in the process of getting bids for each item within the next six weeks. The list of items consist of replacement of the heating system, paint the interior of the church, fellowship hall updates, replace the final section of the church roof, sprinkler system upgrade and purchasing a new freezer and refrigerator.

In closing please plan to attend the June 4th meeting as we need a quorum in order to vote and complete the items of church business.

Enjoy the warm weather!!

Denise



Online Worship:

www.youtube.com/c/adventlutheranspokane

HAPPY HELPERS

By Forrest Diehl

Happy Easter! Our Easter season, this year, ends on the 28th of May, Pentecost Sunday. Marlene and I celebrated Easter this year at Grace Lutheran Church in Lewiston, Idaho. It was a great Easter Service and the congregation had a delicious brunch afterwards, to top-off the celebration. **Pastor Peg** was unable to join us for the brunch because she is also the Pastor for the ELCA congregation in Genesee, Idaho, located about 20 miles north of Lewiston and had to immediately leave to lead Easter Service there. **Christ is Risen!.....** He is Risen, indeed!

I just realized that it has been about a year since **Bonnie Calhoun** left as our Parish Administrator. And, I think we can all agree that we still miss her. But in the same sense, when thinking about our accomplishments since her departure, I think it requires us to take notice of how the church staff and council have devoted themselves in accomplishing day-to-day tasks and filled the void that was left by her retirement. We, the congregation, owe the church staff (**Pastor Matt, Cheryl Tobin, and Heidi Perry**) and the church council (**Denise Walker, Jeff Peck, Julie Meyers-Lehman-, Duane Yates, Linda Lahman, Sharon Pegau, Terry Powell, Tes Sturges, and Linda Tompkins**) a huge thank-you for making the loss seemingly seamless. I'm sure it doesn't seem seamless to them, but to us, as a congregation, it seems so. **Thanks to All!**

Ponder these!

1. Why is the third hand on the watch called the second hand, or visa-versa?
2. If a word is misspelled in the dictionary, how would we ever know?
3. If Webster wrote the first dictionary, where did he find the words?
4. Why do we say something is out of whack? What is a whack?
5. Why does "slow down" and "slow up" mean the same thing?
6. Why does "fat chance" and "slim chance" mean the same thing?
7. Why do "tug" boats push their barges?
8. Why do we sing "Take me out to the ball game "when we are already there?"
9. Why are they called "stands" (grandstand) when they are made for sitting?
10. Why is it called "after dark" when it really is "after light"?
11. Doesn't "expecting the unexpected" make the unexpected expected?
12. Why are a "wise man" and a "wise guy" opposites?
13. Why do "overlook" and "oversee" mean opposite things?
14. Why is "phonics" not spelled the way it sounds?
15. If all the world is a stage, where is the audience sitting?
16. If love is blind, why is lingerie so popular?
17. Why do we put suits in garment bags and garments in a suitcase?
18. How come abbreviated is such a long word?
19. Why doesn't glue stick to the inside of the bottle?
20. Why do they call it a TV set when you only have one?
21. Christmas - What other time of the year do you sit in front of a dead tree and eat candy out of your socks?

HAPPY HELPERS-Continued

Some of the tasks completed during the month of April include: updated Broadway Sign with Easter and post-Easter information (**George Harrison**); pruned rose bushes, cleaned leaves and debris, raked, and applied Preen to Broadway landscape area (**Daryl Ziemer**); installed outside hallway corner guards in Child Center (**Dave Cook**); hung white cloth streamers to the sanctuary cross (**George Harrison, Pastor Matt, Dennis Johnson, Bob Hubert, Wes Todd**); took down and stored white cloth streamers (**George Harrison, Butch Yarnell, Daryl Ziemer, Bill Thurston**); repaired round table – *Legs/frame separating from table top* (**Bill Thurston**); returned 16-ft ladder to storage in Carl's Cabin - *No small task!* (**Bill Thurston, Butch Yarnell, Daryl Ziemer, George Harrison**); replaced missing door stop on inside west entrance door (**Bill Thurston**); set up tables and chairs for Sunday after-worship coffee fellowship (**Dennis Johnson, Bob Hubert, Daryl Ziemer, George Harrison, Dave Cook, Wes Todd**); removed flowers from Easter Cross in sanctuary and moved it to outdoor patio area (**Daryl Ziemer, Butch Yarnell**); replaced broken door handle on girl's/women's restroom in the Child Center (**Bill Thurston, Butch Yarnell, Daryl Ziemer**); replaced light fluorescent light bulbs in Child Center classroom (**Bill Thurston, Daryl Ziemer, George Harrison**); lubricated latch assembly on Child Center classroom (**George Harrison, Butch Yarnell**); volunteered to get a minimum of three bids to replace church and Child Center HVAC units for church council (**Bill Thurston**); volunteered to transport Advent Lutheran quilts to Lutheran World Relief Collection point on 28 April 2023 (**Daryl Ziemer, George Harrison, Butch Yarnell**); etc.

The **Happy Helpers** are looking forward to the month of May and the fruits of the April rains and winter run-off, FLOWERS. We meet **each Thursday morning, 9:00 A.M.**, at the church. Coffee, tea, and "goodies" are provided. **Please join us!** Visitors and new members are always welcome. If you can't make it by 9:00 A.M., come anytime. Usually, we finish talking by 9:30 A.M. and finish working by 11:00 A.M.

VISITATION MINISTRY

By Marilyn Keith

2x2

The **visitation team** is made up of six individual teams of two. Our primary mission and joy is to carry the very presence of Christ in communion into the homes of Advent members and friends. The blessing we receive in return is the friendships we form with those we visit and one another. If this is a ministry you feel God is calling you to, please contact **Marilyn Keith at 509-808-3346**



PASTOR MATT'S CORNER

By Pastor Matt Larson

I will sing of your steadfast love, O LORD, forever; with my mouth I will proclaim your faithfulness to all generations. I declare that your steadfast love is established forever; your faithfulness is as firm as the heavens. *Psalm 89:1-2* Can one get tired of repeating this line? That God loves us? You may hear me say it a lot here at Advent but do we hear it a lot outside of church? Do we say it much outside of church? Do we say it in our families? Not only to the generations of our families but to the generations in our church family?

God loves us. God has given us life to live to the fullest and to express that love to those around us. When we read or watch the news these days it would seem we aren't doing a very good job at it. The Gospel of Jesus repeatedly reminds us that God has come to save us and give us life, life now and life eternal. Like the prodigal son, we don't know this until we confess our sins, our weaknesses, and our shortcomings. If we don't let God be the center, and we remain the center, we will not experience that love of God. God will embrace you in your sins, in fact, God will forgive your sins and love you. That is the power of the cross.

God's love overcomes fear. God's love overcomes aggression. God's love overcomes addiction.

No matter what may come here at Advent, my hope is that it will always be a place where God's love is known and shared. That we remember the Baptismal vows of renouncing sin, death and the devil and lean on the arms of Jesus through the movement of the Spirit.

Speaking of love. We have some wonderful committees and leaders who help organize and implement many programs and ministries here at Advent. Starting April 23 and through the next few Sundays there will be booths set up for you to see the different committees and programs that are happening at Advent. It not only is a chance to see but to put yourself into it. We want to do these ministries and programs with all of you, not just some of you. Commitments of short- and long-term help are available. See how you can be a part of Advent extending its love of God to our church family and the community. Don't be afraid to ask questions and in everything we do we will always give you instruction and training.

Called by God's grace to love and serve.



VACATION BIBLE SCHOOL (VBS)

By Jody Harris

Calling all K-5 students (grade in 2023/2024 school year) AND volunteers to join in the fun at "**Stellar VBS**," held for four days, **June 26 - 29 from 9:00-12:00**. Participant Form (**due June 15**) & Volunteer Forms are available in the Narthex and online at www.adventlutheranspokane.org.

At Stellar, kids discover how they can shine Jesus' love and hope in everyday life. Kids participate in memorable Bible-learning activities, sing catchy songs, play teamwork-building games, eat yummy treats, experience one-of-a-kind Bible Adventures, collect Bible Memory Buddies to remind them of Jesus' light, and test out Sciency-Fun Gizmos they'll take home and play with all summer long. Plus, kids will learn to look for evidence of God all around them through something called God Sightings.

What can you do?

Invite kids to participate - neighbor kids, nieces, nephews, grandchildren, great grandchildren!

Volunteer - we need help with registration the first day (**6/26 from 8:20-9:20am**), people to help supervise the kids during the morning (this could be one day or more), and/or help with snack preparation and distribution.

Pray for the kids who will join us and for the leadership team as we plan and prepare.

Watch for a list of needed supplies or donate money to help with the cost of VBS.

Have questions? Contact **Jody Harris at 801-450-6879** (either call or text) or by **email at djtlharris@cs.com**.



PARISH NURSE

By Debbie Martin, RN, Parish Nurse

May is National Stroke Awareness Month

Stroke is the 5th leading cause of death in the United States. It is important to know the warning signs and symptoms and get Help F A S T.



Women face higher risk of stroke

STROKE IN U.S. WOMEN BY THE NUMBERS



One in 5 women will have a stroke.
About 55,000 more women than men have a stroke each year.



#3
cause of death

Stroke is the No. 3 cause of death in women.
Stroke kills over 85,000 women a year.



Among women, **Black women have the highest prevalence of stroke.**

TALK TO YOUR HEALTH CARE PROFESSIONAL ABOUT HOW TO LOWER YOUR RISK

and use the American Heart Association/American Stroke Association prevention guidelines:

STROKE RISK INCREASES IN WOMEN WHO:



Are pregnant

Pregnant women are three times more likely to have a stroke as non-pregnant women of the same age.



Have preeclampsia

This dangerous condition of high blood pressure during pregnancy doubles stroke risk later in life.



Take birth control pills

These can double the risk of stroke, especially in women with high blood pressure.



Use hormone replacement therapy

It doesn't lower stroke risk if postmenopausal, as once thought.



Have migraines with aura and smoke

Strokes are more common in women who have migraines with aura and smoke, compared with other women.



Have atrial fibrillation

This quivering or irregular heartbeat can increase stroke risk fivefold.

STROKE RISK DECREASES IN WOMEN WHO:

Talk to their health care professional to **determine safest medication** if pregnant with high blood pressure.

Discuss with their health care professional **low-dose aspirin guidelines** starting in the second trimester (week 12) to lower preeclampsia risk.

Get their blood pressure checked before taking birth control pills and monitor every six months.

Review the risk and benefits of hormone replacement therapy with their health care professional and discuss if the benefit outweighs the risks. For some women, it might not.

Quit smoking. All women who experience migraines and smoke should avoid smoking, nicotine use, vaping and e-cigarettes.

Get screened for atrial fibrillation if over the age of 75 as this condition then becomes more common in women.

Learn more at stroke.org

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American Stroke Association
A division of the American Heart Association.

Together to End Stroke®

F.A.S.T. is how we come together to end stroke®

Learn the stroke warnings signs

F.A.S.T.

Face
Drooping

Arm
Weakness

Speech
Difficulty

Time to
Call 911

Every 40 seconds, someone in the U.S. has a stroke.

It could happen on your street, in your workplace, at a store where you shop — anywhere. Your readiness to spot the stroke warning signs and call 911 could save a life or make the difference between a full recovery and long-term disability. That's why it's so important to learn the stroke warning signs and urge everyone you know to do the same.

The faster stroke is treated, the more likely the patient is to recover.

In fact, stroke patients who are treated with the clot-busting drug IV r-tPA Alteplase within 90 minutes of their first symptoms were almost three times more likely to recover with little or no disability.

In some cases, a procedure to remove the clot causing the stroke is also recommended. Ninety-one percent of stroke patients who were treated with a stent retriever within 150 minutes of first symptoms recovered with little or no disability.

The thing to remember is that stroke is largely treatable. It's a matter of getting the right treatment, right away.

HCA Healthcare®
FOUNDATION

The HCA Healthcare Foundation is a national supporter of Together to End Stroke.

Stroke.org

OUTREACH COMMITTEE

By Jody Harris



Ronald McDonald
House Charities
of the Inland Northwest

The **Outreach Committee** would like to start volunteering at the **Ronald McDonald House**. Teams of 4 to 6 people are needed and there are different signups for dinner, lunches, and brunch. Please **join see the sign-up sheet on the table in the Narthex** to find out more and sign up to volunteer.



Calling all travelers! When you come back from your travels, bring your memories and the hotel toiletries. Bring them to church and put them in the **'Fill the Shelf'** barrel to help those in need.



SPOKANE VALLEY PARTNERS (SVP) FOOD BANK

Did you know that **Spokane Valley Partners (SVP)** distributes about **2 MILLION POUNDS** of food, **300,000 diapers**, and **85,000 POUNDS** of clothing during the year? Some of these items come from our donations through the **'Fill the Shelf'** barrel in the narthex. Beginning in May, we encourage donations of diapers (size 4,5,6), Depends (SML), and feminine products.

REQUESTED ITEMS

YES

Non-perishable, unopened cans and packages of food
Fresh produce from your patch or garden
Opened packages of hygiene items (shampoo/lotion) and cat/dog food are okay

NO

No open containers of food
No homemade items (such as jams and jellies, baked goods)
Nothing that requires the item to be distributed under the care of a physician

OUTREACH COMMITTEE-Continued

Food Items:

Canned Soup (low sodium)
Applesauce cups, cans (no sugar added)
Dried fruit, raisins
100% fruit leather
Low sugar fruit jams and jellies
Fruit cups and cans in their own juices
Oats or oatmeal
Boxed Cereal
Granola bars
Rice, brown or white
Macaroni and Cheese
Boxed Dinners
Crackers
Ramen
Baby formula
Ensure
Canned Chicken & Turkey
Canned Tuna or Salmon in water
Canned Tomato Products
Canned Bean Products
Peanut butter & other nut butters
Coffee
Cooking Oils (Olive and Canola)
Fresh Produce (especially during the off-season: December-April)
Shelf Stable Milk & Alternative Milks
(Soy, Rice, Almond)

Hygiene Items:

Baby Diapers (sizes 4, 5, & 6)
Diaper Wipes
Shampoo
Conditioner
Soap
Lotion
Deodorant
Toothbrushes
Toothpaste
Razors
Toilet Paper
Feminine Hygiene Items

Pet Items:

Pet food, Cat litter

Other:

Gas Cards, Bus Passes

(You may place your donations in the barrel in the Narthex).



ANNOUNCEMENTS

Online Worship:

www.youtube.com/c/adventlutheranspokane

GOLDENAGERS' DAY OUT

Spring GoldenAgers' Day Out! May 2, 10:00 am-2:00 pm at Camp Lutherhaven. Please meet at the Church and be ready to leave by **8:45 am**. Please see the **sign up sheet** on the table in the Narthex if you wish to attend. We plan to return to the church by **2:30 pm**. **Questions? Contact Linda Semmen at 389-4191. Advent is covering the cost to attend.**

THE HAPPY PIECEMAKERS QUILT RAFFLE

The Happy Piecemakers will be raffling **two quilts** on **Sunday, May 7th**. Tickets are being sold now, see one of the **Happy Piecemakers at the table** in the Narthex. Tickets for quilts are **\$1.00 each or 6 for \$5.00**. Quilts are also for sale for **\$50 each**.

SMALL GROUP AND COMMITTEE REPORTS

If you are a leader of a small group or committee, please submit an article about your group to the church office by **Monday, May 8th**. You may include activities, goals, projects, whatever you wish to share about your group. This will be included in the report booklet for the **Semi-Annual Congregational meeting** to be held on **Sunday, June 4th**. Thank you!

'COME TO FRIDAY DINNER'

'Come to Friday Dinner' in May will be **May 12 and May 26**, from **5:00 pm-6:00 pm**.

May 12 Menu: BBQ chicken, baked potato, coleslaw

May 26 Menu: Mac & cheese, meatballs, vegetable

If you are interested, please call the church office at **509-928-7733** or place your name and the number of meals you wish on the **signup sheet** on the table in the Narthex.

EVERYONE welcome! You are welcome to stay and enjoy your dinner in the Fellowship Hall or you may take it home to enjoy!

LADIES MONTHLY LUNCHEON

Our next luncheon will be **May 13th at 11:30 a.m.** at **The Max at Mirabeau**. Please contact **Gerry O'Rourke at 509-893-0787 by May 10th** so a reservation may be made. The **sign-up sheet** is on the table in the Narthex or you may call the **Church office at 509-928-7733**. All ladies are welcome!

SPOKANE INDIANS BASEBALL GAME

Spokane Indians are once again offering 'Faith Nights' at their stadium. Advent Lutheran has a reservation for **Saturday, May 13th, 5:00 pm**. See the **sign-up sheet on the table in the Narthex, or you may call the Church office at 509-928-7733**. Upper Box Seats, \$13 per ticket.

SEMI-ANNUAL CONGREGATIONAL MEETING

The **Semi-Annual Congregational Meeting** will be on **Sunday, June 4 following the Worship service**. At this meeting we will elect three new Council members and review Committee and small group reports. If you would like to submit a **report about your committee's activities** (photos are great too!), this past year or what you have planned this coming year, **please submit your report to the Church office no later than Monday, May 8th**.

ANNOUNCEMENTS-Continued

MEN'S PRAYER GROUP

The **Men's Prayer group** continues to meet each **Friday** morning at **6:30 am** at **Denny's Restaurant** on Sprague and Pines. All men are welcome!

VACATION BIBLE SCHOOL (VBS)

Please join us for four days of **VBS on June 26th - 29th from 9:00-12:00!** VBS open to elementary-aged participants (K-5 for the 2022-23 school year), and the cost is only **\$5**. Participant Forms will be due by **June 15th**. More information will be available in the weeks to come. Start thinking about who you will invite to participate - will it be the neighbor kids, nieces, nephews, grandchildren, great grandchildren? Pray for the leadership team as we plan and prepare for VBS. We will be looking for volunteers for stations and group leaders. Pray about how you will participate in VBS. Put the dates on your calendar! Questions can be directed to **Jody Harris at 801-450-6879** (either call or text) or by email at djtharris@cs.com. Participant Forms and Volunteer Forms are available in the Narthex and online at www.adventlutheranspokane.org.

NAME TAGS

If you are in need of a **name tag**, please see the **sign-up sheet** on the table in the Narthex. Our name tags come with a magnetic back. If you have a pacemaker or other medical condition that would prevent you from using a magnetic back, please let us know. We are happy to order you a name tag with a pin. Thank you.

OLD EYE GLASSES AND HEARING AIDS

If you have **eye glasses or hearing aids** you are no longer using, please donate them! We have collection boxes here at the Church, **under the bulletin board**, for both eye glasses and hearing aids.

CAMP LUTHERHAVEN

Lutherhaven Camperships: We have a **sign-up sheet** on the table in the Narthex to sign up your child for summer camp.

DAUGHTERS OF NORWAY

If you are of Scandinavian descent and have an interest in joining us at **Daughters of Norway**, you would be most welcome to visit a meeting to consider becoming a member of our group. Our purpose is to remember our roots and share our heritage. Please feel free to call **Kathy Weinman at (509) 928-8197** or **Janet Esser at (509) 922-0536**----or just pop in!

INCOME/EXPENSE INFORMATION

Advent General Fund Income/Expense

	<u>March</u>	<u>Year to Date</u>
Income	22,537.74	75,025.29
Expenses	36,597.90	90,674.17
Net	-14,060.16	-15,648.88

Notes for Advent Lutheran Church

- Expenses include the budgeted disbursement (10%) of benevolence dollars for the ELCA Synod, Spokane Valley Partners, Maasai Health Systems, Advent Lutheran Child Center, and Lutheran Community Services.
- Income for January through March was \$75,025 which is \$10,310 under budget and \$1,160 under last year.
- For January through March, expenses were higher than income by \$15,648.
- Total operating expenses for January through March were \$90,674, which is \$9,105 over budget and \$1,510 less than last year.
- Reserves are \$44,367 which is approximately 1.46 months of operating expenses.

Child Center Income/Expense

	<u>March</u>	<u>Year to Date</u>
Income	74,439.08	235,200.95
Expense	108,550.68	258,526.43
Net	-34,111.60	-23,325.48

Notes for Advent Lutheran Child Center

- Budgeted monthly expenses for 2023 are \$86,802.77.
- Total reserve amount is \$127,711.25. This equates to 1.47 months tuition.
- March is the first month this year to have three payroll cycles. Our average payroll runs about \$30,000.

ATTENDANCE

IN-PERSON ATTENDANCE

April 2	107
April 9	160
April 16	102
April 23	100

ONLINE VIEWS

April 2	42
April 9	29
April 16	53
April 23	19



PEOPLE IN OUR PRAYERS

Church Family and Friends: Harry & Manda Benton & family, Breanna, Brooke, Diane Buck, Larry Butler, Martha Olene Cason, Georgia Coulston, Genevieve Davenport, Henry Domine, Susan Fox & family, Pastor Stacey Friedlein, Faye Grant, Candy Harder, Peggy Hinrichs & family, Leigh & Steve Hopkins, Gwen Huber & family, Audrey Knuttel & family, Troy & Linda Lahman, Lee family, LeAnn, Lexi & Serenity, Jan Madden, Ian & SaraLu Moore, Marian Moseman, Bill Murphy, Tim Murphy, Sonya Neal, Amaryllis & Ken Otteman, Terry Powell & family, Myrna Rehn, Richardson family, Shirley Roraback, Gerry O'Rourke, Tim O'Rourke, Diana Tesdal, Costa & Fotini Tsakarestos, Ulleland family, and Wade Wipperling.

For Family Members & Friends Serving in the Military: CPT Ashley Allinger, Chaplain US Army, CPT Zane Allinger, USAF, CPL Damien Anderson, Major Ryan Baker, Majors Megan & Robert Barnwell, SGT Alex Baron, USAF, Capt. Jordon Bolster, CPT Christopher Finch, Robert Guyton, TSG Christine Johnson, CW2 Aaron Lang, Sr. Airman Richard Luna III, MSgt. Duncan McFarlane, Bryan McGoon, SSG Aaron Moeller, Sam Nelson, GySgt. Alex Pohle, AF Staff Sgt. Garytt Shirey, Kurt Strigel, Sgt. Cody Strunks, Colin Wells, U.S. Air Force, Ryan Wells, Master Sgt. AF Nat'l Guard Sarah Meddock, TSG Jason Wood, CPT Michael West, Staff SGT Jacob McKenzie, Capt. Stephen King, Airman Chase Strunk, U.S. Air Force, LCPL Jared Martin, Rafe Rector in Marines, Staff Sgt. Dan Zabriskie in the National Guard, and Airman Justin Wise, US Air Force.

For Family Members & Friends Serving in Mission Fields around the world.

*If you have a **prayer request**, please send an email to the church office at alcpokane@comcast.net or call the church office at (509) 928-7733.*



THANK YOU

"I want to take this time to thank my Advent family for all the prayers, cards, and calls since my stroke. East day gets a little better. Also thank you who stepped in and took my duties. Without Advent it would have been so much harder. Bless you all." **Marian Moseman**

MAY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 8:30-9:30 am Fitness Class 6:00 pm Boy Scouts	2 9:00 am Happy Piece-makers 10:00 am Super Tots 10:30 am ALCC Board Mtg. 5:00 pm Executive Committee 6:00 pm Cub Scouts	3 8:30-9:30 am Fitness Class	4 9:00 am Happy Helpers 10:00 am Mid-Week Bible Study	5 6:30 am Men's Prayer Breakfast	6
7 Youth and VBS Tables 9:30 am Worship Service/Holy Communion Sunday School After Worship Coffee Fellowship 10:45 am High School Sunday School	8 Committee Reports Due 8:30-9:30 am Fitness Class 6:00 pm Boy Scouts	9 9:00 am Happy Piece-makers 10:00 am Super Tots 5:00 pm Council Meeting 6:00 pm Cub Scouts	10 8:30-9:30 am Fitness Class	11 9:00 am Happy Helpers 10:00 am Mid-Week Bible Study	12 6:30 am Men's Prayer Breakfast 5:00-6:00 pm 'Come to Friday Dinner'	13 11:30 am Ladies Lunch Group-The Max at Mirabeau
14 Mother's Day 9:30 am Worship Service/Holy Communion Sunday School After Worship Coffee Fellowship 10:45 am High School Sunday School	15 8:30-9:30 am Fitness Class 6:00 pm Boy Scouts	16 9:00 am Happy Piece-makers 10:00 am Super Tots 6:00 pm Heads of Committee Meeting 6:00 pm Cub Scouts	17 8:30-9:30 am Fitness Class	18 9:00 am Happy Helpers 10:00 am Mid-Week Bible Study	19 6:30 am Men's Prayer Breakfast-Denney's Restaurant	20
21 Parish Nurse Table 9:30 am Worship Service/Holy Communion Sunday School After Worship Coffee Fellowship 10:45 am High School Sunday School	22 8:30-9:30 am Fitness Class 6:00 pm Boy Scouts	23 9:00 am Happy Piece-makers 6:00 pm Cub Scouts	24 8:30-9:30 am Fitness Class NEWSLETTER DEADLINE	25 9:00 am Happy Helpers 10:00 am Mid-Week Bible Study	26 6:30 am Men's Prayer Breakfast-Denney's Restaurant 5:00-6:00 pm 'Come to Friday Dinner'	27 9:00 am-1:00 pm Daughters of Norway
28 Pentecost 'Fill the Shelf' Sunday 9:30 am Worship Service/Holy Communion After Worship Coffee Fellowship 10:45 am HS Sunday School	29 Memorial Day Church Office & Child Center Closed	30 9:00 am Happy Piece-makers 6:00 pm Cub Scouts	31 8:30-9:30 am Fitness Class			

MAY HOSPITALITY SCHEDULE

Ministry Description	May 7	May 14 Mother's Day	May 21	May 28 Pentecost Memorial Day Weekend
	9:30 AM	9:30 AM	9:30 AM	9:30 AM
ASSISTING MINISTER: (1)			Duane Yates	
COMMUNION ASSISTANTS (2)	Betty Quinn Sue Wipperling	Betty Quinn Sue Wipperling	Linda Camp Denise Walker	Betty Quinn Karen Nelson
READER: (1)	Jody Harris	Barb Potter	Bob Gieseke	
ACOLYTE: (1)				
USHERS: (3-4)	1. Bill Johnson 2. Linda Semmen	1. 2.	1. 2.	1. 2.
GREETERS: (2-4)	1. 2.	1. Denise Walker 2.		1. 2.
FELLOWSHIP HOSTS:	1. 2. 3. 4.	1. 2. 3. 4.		
(Cookies, etc., 4 people, 4 dozen each)	Linda Semmen- Bakery Rolls			
"Share with God's people,Practice Hospitality" Romans 12:13 (NIV)				



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13009 E Broadway
Spokane Valley, WA 99216

Church Phone: 509-928-7733
Child Center Phone: 509-928-0231
Fax: 509-892-5219
www.adventlutheranspokane.org

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VERADALE, WA
PERMIT NO. 19

RETURN SERVICE REQUESTED



WORSHIP SCHEDULE

SUNDAY

Sunday Morning Worship: 9:30 am In-Person and Online
Mid-Week Bible Study: 10:00 am Thursday - In-Person and Online

“Called by God’s Grace to Love and Serve”