

# Advent Lutheran Church Newsletter



## LETTER FROM THE COUNCIL PRESIDENT

By Denise Walker

Happy Thanksgiving Advent!

It seems as we have been busy rushing through this lovely fall season. The beauty of the season warms our hearts and is preparing us all for our family and friends to share the harvest delights with each other.

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The last Council meeting was a long discussion on several topics that will be voted on during the upcoming November meeting. Most importantly, in the future the Executive Council meetings and Council meetings will be changing their days. In the second week of the month, the Executive Council will meet on Mondays at 5:00 pm and Council will meet on Wednesdays at 5:00 pm. These changes were made to meet the needs of the Council members.

The main two topics for the next Council meeting will be to approve the final 2024 budget proposal and the final draft of the Advent Constitution & Bylaws. These will be submitted to the Congregation for approval at the **December 3rd Congregational meeting**. Also we will be discussing the final draft of the Congregational Report for any missing information prior to printing and distribution.

It has come to the Council's attention that there is a need to fix, repair or replace the Modine Makeup AIR unit in the kitchen. We have submitted bids to replace the unit and/or replacing a belt for a quick repair. Also the four new furnace and air conditioning units have been purchased and replaced. Hopefully these units will reduce costs on our future utility bills that have drastically increased this year.

Another concern for the church is that current giving is down. Therefore if possible, I encourage everyone to increase their giving by whatever you can or give an extra donation to Advent during the holiday season.

As a reminder Thanksgiving is right in the middle of the holiday season and with all the preparations beginning it is easy to forget all the things we are thankful for. Take a moment to give God thanks for all your blessings and to be grateful for the love of family and friends. I sincerely wish each and everyone of you a Happy Thanksgiving!

Blessings and Love,  
Denise

"Give thanks to the Lord, for he is good, his steadfast love endures forever"  
Psalm 107.1



### Online Worship:

[www.youtube.com/c/adventlutheranspokane](http://www.youtube.com/c/adventlutheranspokane)

## HAPPY HELPERS

By Forrest Diehl

To all who attended and donated to the **Happy Helper's breakfast** on Sunday, October 22, a hearty **Thank-You!** And a special **Thank-You** to all those who prepared, cooked, and served the breakfast. It was like watching a **seasoned orchestra playing a beautiful melody**. The director of the orchestra coordinator was **Butch Yarnell**. Also, I noticed **Paula Kenney** in the prompt box helping. In the percussion area around the stove, we had **Tes Sturges** and **Missy Bliesner** on snare drums cooking eggs. **Mike McCune** and **Larry Nelson** were keeping the beat on bass drums busy mixing pancake batter and making pancakes. Standing in the brass area, Near the stove, also, were **Wade Wipperling** on the trumpet, **Terry Powell** – 1<sup>st</sup> trombone (also helping with the drums pancakes), **Jack Ishitani** – 2<sup>nd</sup> trombone, **Tom Sernka** – baritone, **George Harrison** – French horn, **Dave Cook** – mello- phone, and **Dennis Johnson** – tuba, cooking and warming sausages. In the wind/reed instrument section Serving we had **Karen Nelson** on the clarinet, **Jodi Meddock** – saxo- phone, **Carol Scheurer** – oboe, **Signe Stokes** – piccolo, and **Sue Wipperling** – flute. I must say the string section table service and bussing were very impressive also during the performance breakfast. **Sue Wipperling** was the lead violist in the string section (when not on the flute) host and table/food coordinator. In the string section Bussing tables, coffee/juice/applesauce resupply were **Midge Kiourkas** on the cello, **Debbie Martin** – harp, **Sharon Cook** – viola, and **Dennis Johnson** – lute (when not on the tuba). Also in the string area was the bass section Also were the donation and applesauce sale tables. **Daryl Ziemer** was on double bass at the donation table. Man, can he play bass! Wow, did he do a great job collecting donations! \$1,087 was collected in performance breakfast donations! Speaking of Daryl, I noticed **Bob Gieseke** on cymbals had left the percussion area and stood next to Daryl, keeping the beat the donation basket active (I think they were talking golf during the extended holds and rests during the performance breakfast). Also, in the bass section at a table was **Marlene Diehl** on bass guitar marketing applesauce sales. Her bass guitar marketing talents brought in **\$391.45** in sales. From my view in the peanut gallery, I could not see clearly what went on in the back stage dishwashing area of the music hall kitchen. I'm sure all those mentioned above helped with packing up the instruments and folding music stands the clean-up. **Thanks to all!** It was truly a successful and collaborative concert activity.

I would be amiss in not including thanks to all those who came in Saturday morning and helped set up and pre-prepare for the Sunday Breakfast. Saturday morning, we precooked the sausages, set up tables and chairs, cleaned the grill, pre-positioned heating ovens / pans, and decorated. **Butch Yarnell, Paula Kenney, Mike McCune, Cindy Falk, Jodi Meddock, Terry Johnson, Larry Nelson, Karen Nelson, Sue Wipperling, Wade Wipperking, Midge Kiourkas, Terry Powell, Sigma Stokes, and Bob Gieseke** donated their Saturday morning to set-up. **Thank-You!**

## HAPPY HELPERS-CONTINUED

And in writing about Happy Helper revenue generating activities, the **Happy Helpers** thank **all the congregation who participate in Advent Lutheran Church's Recycling Program**. **Roger Scheurer** donates his personal time and resources to make this revenue-generating activity work. Advent Lutheran Church is blessed to be active in recycling – a money generating and environment friendly activity! Thanks, **Roger**, for depositing the **recycling proceeds to the Happy Helpers' dedicated fund** (a Church/Child-Center maintenance fund), and again, thanks to all who support this fund raiser!

October is always a busy month for the Happy Helpers, and this year is no exception: turned 250 lbs. of Golden Delicious apples from Thacker's Orchards into applesauce on October 19 (**Cindy Falk, Wade Wipperling, Terry & Carol Johnson, George Harrison, Butch Yarnell, Paula Kenney, Linda Camp, Marlene Diehl, Dave & Sharon Cook, Betty Quinn, Bob Hubert, Cathy Johnson, Daryl Ziemer, Wes Todd, Missy Bliesner**) – a special **thank-you to the Child Center** for letting us use the kitchen all morning to make the applesauce!; installed 4 new furnaces for the church (**Sturm Heating and Cooling**) – the air-conditioning units will be installed at a later date; delivered quilts from **Happy Piecemakers** to St. Luke's Lutheran Church for shipment to Lutheran World Relief (**George Harrison, Dave Cook, Dennis Johnson**); set up tables and chairs for Sunday fellowship hours (**Wes Todd, George Harrison, Ian Moore, Butch Yarnell, Daryl Ziemer, Bob Hubert, Dennis Johnson**); repaired bar handle on inside east main entrance glass door (**Daryl Ziemer**); repaired and replaced broken cabinet hinge in Child Center classroom (**Butch Yarnell, Wade Wipperling, Dave Cook**); covered cabinet door with protective contact paper in Child Center classroom (**George Harrison**); installed 3 each white table board tops to diaper changing tables (**Dave Cook, George Harrison**); placed beauty lava rock in rhododendron flower bed, located adjacent to east entrance to church – it looks great! (**Butch Yarnell, Paula Kenney**); scheduled sprinkler blow-out on November 1st (**Cheryl Tobin**); adjusted lawn sprinkler times (**Dave Cook**); sprayed weeds in parking lot (**Daryl Ziemer**); removed annual plants from flower pots at east entrance as well as at the Child Center entrance (**Daryl Ziemer**); trimmed bushes and shrubs at south east corner of the church (**Dave and Sharon Cook**); etc.

The **Happy Helpers** look forward to the month of November and all the activities it will bring (Thanksgiving and Christmas preparation among them). We meet each **Thursday morning, 9:00 A.M.**, at the church. Coffee, tea, and "goodies" are provided. Visitors and new members are always welcome. If you can't make it by 9:00 A.M., come anytime. Usually, we finish talking/meeting by 9:30 A.M. and finish working by 10:30/11:00 A.M.

## ANNOUNCEMENTS

**Online Worship:**  
[www.youtube.com/c/adventlutheranspokane](http://www.youtube.com/c/adventlutheranspokane)

### DECORATE OUR COURTYARD

Have you noticed how beautiful our courtyard is looking? Anyone who wishes to is encouraged to bring an Autumn decoration to display in the courtyard (a bale of straw, pumpkins, potted Mums, etc.).

### THE HAPPY PIECEMAKERS

The Happy Piecemakers shipped 120 quilts and 7 Baby Kits on Friday, October 20. We want to thank all who made this a possibility. We will now start making quilts for the Spring shipping.

### DAYLIGHT SAVING TIME

Daylight Saving Time ends November 5th-Set your clocks BACK one hour before bed on Saturday night, November 4th.

### 'COME TO FRIDAY DINNER'

We will have one 'Come to Friday Dinner' night this month. It will be **Friday, November 10, from 4:30pm-5:30 pm**. The menu will be **turkey, stuffing, sweet potatoes, sugar snap peas, and dinner roll**. If you are interested, please call the church office at **928-7733** or place your name and the number of meals you wish on the **sign-up sheet on the table in the Narthex. EVERYONE welcome!** As always, you are welcome to stay and enjoy your dinner in the Fellowship Hall or you may take it home to enjoy!

### MONTHLY LADIES LUNCHEON

Our next luncheon will be **Saturday, November 11th at 11:30 a.m.** at **The Max at Mirabeau**. Please contact **Gerry O'Rourke at 509-893-0787 by November 8th** so a reservation may be made. The **sign-up sheet** is on the table in the Narthex or you may call the **Church office at 509-928-7733. If you sign up for the lunch and are unable to make it to the lunch, please contact Gerry by Friday morning to let her know so the reservation may be adjusted. This helps the staff at the restaurant as well. Thank you.**

### TREE OF SHARING

If you are interested in providing a gift for someone less fortunate this Christmas season, we will once again have our **Tree of Sharing**. Our **Tree of Sharing** will be up the **Sunday after Thanksgiving**. This is an annual outreach activity of our church. For families, this can be an important way to teach children to provide for those in need. If you know of a child or a person in need, the deadline to provide their name to the church office is **Sunday, November 19**. Request forms are now available on the table under the Sanctuary window in the Narthex. You may also call/email the Church office and give the request over the phone. **Questions? Contact the Church office at 928-7733. Marlene Diehl and Jody Harris** will be organizing our **Tree of Sharing** this year! Thank you **Marlene and Jody!**

### NATIONAL YOUTH GATHERING

The Youth will be fundraising for the **National Youth Gathering** so watch for leaf raking, yard work, bake sale, etc. sign ups.

## ANNOUNCEMENTS-Continued

### NAME TAGS

Do you need a name tag? We will be placing an order for name tags on **November 27**. If you need a name tag, please see the sign-up sheet on the table in the Narthex.

Our name tags come with a magnetic back. If you have a pacemaker or other medical condition that would prevent you from using a magnetic back, please let us know. We are happy to order you a name tag with a pin. Thank you.

### ADVENT & CHRISTMAS SEASON ACTIVITY CARDS

For the Advent & Christmas season, we will be ordering decks of cards that contain daily prayers, reflections, and activities to celebrate the Advent & Christmas season. If you would like to have a set, please sign up (**by November 19**) at the table in the Narthex so we know how many to order. Thank you.

### THE FIG TREE FALL FUNDRAISER

The **Fig Tree** is launching its fall campaign to invite renewing and new sponsors to join those supporting our media that share stories, connect people, offer resources, build understanding and inspire solidarity among the diverse people in the area. The **"Fall Festival of Sharing"** began October 1 and continues to **Giving Tuesday on November 28**. This offers opportunities to donate through **The Fig Tree Facebook Fundraiser** at [www.thefigtree.org/donate.html](http://www.thefigtree.org/donate.html) or by mail to **The Fig Tree, 1323 S. Perry St., Spokane, WA 99202**.

### CONGREGATIONAL MEETING

**Plan to stay for our Congregational Meeting on Sunday, December 3rd**, immediately following the worship service. A quorum of **56 members** is needed. The purpose of this meeting is to approve the 2024 Budget and approve the Bylaws & Constitution.

### 'A SHERLOCK CAROL'

Lutheran Community Services presents **'A Sherlock Carol'** on Wednesday, **December 6. 6pm** Social Hour. **7:15 pm** Doors open/**7:30 pm** Curtain. Cost: **\$35 each**. Purchase online at [Eventbrite.com](http://Eventbrite.com) or contact **Christie McKee at 509-343-5020**.

### 'BIG BAND CHRISTMAS'

All are welcome to join us **Saturday, December 16th at 2:00 pm** at the **University High School Auditorium for 'Big Band Christmas'**.

- For those wishing to ride the **bus, please meet at the church and ready to leave by 1:00 pm** to go to University High School).
  - **Cost is \$34/Senior tickets**-Make your checks out to **Spokane Valley Summer Theatre or SVST and give to Linda Semmen by Sunday, November 5<sup>th</sup>**, as a group section will be reserved and paid for in advance.
  - See the **sign-up sheet** on the table in the Narthex.
- Questions? Contact Linda Semmen 509-389-4191.**

### MEN'S PRAYER GROUP

The **Men's Prayer group** continues to meet each **Friday morning at 6:30 am** at **Denny's Restaurant** on Sprague and Pines. All men are welcome!

## OUTREACH COMMITTEE

By Jody Harris

### TOILETRIES

Calling all travelers! When you come back from your travels, bring your memories and the hotel toiletries. Bring them to church and put them in the **'Fill the Shelf'** barrel to help those in need.

### SPOKANE VALLEY PARTNERS (SVP) FOOD BANK

Thank you for your continued help to **'Fill the Shelf'** at the **Spokane Valley Food Bank** by placing your donations in the barrel in the Narthex. A flyer is available in the Narthex if you need some ideas. We encourage donations of **diapers** (size 4,5,6), **Depends** (SML), and **feminine products**.



### SOCK 'EM" TIME!

The **Annual 'Sock-Em' Drive** began **October 1** and will go **through November 30**. Look for the **Sock-Em Drive barrel** in the Narthex and place your donation in the barrel. All items collected will be donated to **Crosswalk Teen Shelter**. Crosswalk was established in 1985 and has operated continuously since then. It is one of two licensed emergency shelters serving runaway and homeless youth in Eastern Washington. An array of professional case managers, teachers, health care workers, and chemical dependency counselors work with Crosswalk youth with the primary goal of ending their homelessness and connecting them to stabilizing and supportive services. Contact **Manda Benton** at **509-924-6495** or **mandabenton@icloud.com** or the **Church office** at **509-928-7733**.



## PASTOR MATT'S CORNER

By Pastor Matt Larson

What a wonderful last two Sundays in October we had at Advent! The **Happy Helpers breakfast** was a great success and we saw our largest attendance in worship for a long time. On the 29<sup>th</sup> we had Baptisms and Confirmation of 7 of our youth. What a wonderful worship! (Since this article is due before the 29<sup>th</sup> my hope is that we had an even larger attendance than on the 22<sup>nd</sup>!)

As we look ahead, the holidays are on the horizon and we hope to see you all as we enter Advent and prepare ourselves for the Christ Child once again. Our choir will be sharing a new Advent wreath lighting ceremony that should prove quite illuminating. This year December 24<sup>th</sup> is both the 4<sup>th</sup> Sunday in Advent (morning) and Christmas Eve (evening).

I also wanted to share with you some thoughts on the **Bishop Installation** in Boise October 7<sup>th</sup>. It was a wonderful service with all 5 Region 1 bishops present (Alaska, Oregon, Montana, NW Wash, SW Wash). There were many ecumenical leaders that also attended and participated. **Bishop Meggan Manlove** has a strong past in Outdoor Ministries so there was a Camp Benediction and song at the end of the service. There were many rostered ministers present but a large group of lay people from throughout southern Idaho and our Synod. **Bishop Manlove** has been very active in connecting with other congregations even before being elected Bishop. We look forward to hosting our new Bishop here in the near future.

A big thank you to our **Outreach Committee** and the **Child Center** for the wonderful **Art on Broadway**. There are so many great pieces and the creativity is bursting! The **'Come to Friday Dinner'** served around 100 people on October 20<sup>th</sup> with church and child center families enjoying time together. The pictures will be up until **November 5<sup>th</sup>**.

Here are two quotes that have to do with the Reformation, one, from Luther and one from a contemporary theologian: "All that matters is that God's Word be given free course to encourage and enliven hearts so that they do not become burdened."—**Martin Luther**

"Luther knew what it felt like for the law to convict him, accuse him, leave him with nowhere to rest. And if you want to know what really sparked the Protestant Reformation it is the fact that feeling this way, Luther ... believed that God's grace is a gift, [and] no longer accepted what the church had for so long taught: that we are really saved by the works of the law. The medieval church had pawned off law as gospel, and Luther dared to know the difference, and then he became a preacher of grace, and that changed everything."—**Nadia Bolz-Weber**, pastor, House for All Sinners and Saints, Denver

Blessings,  
Pastor Matt

Some of you had asked for information regarding Fall Prevention, here is an article from the Mayo clinic:

## Fall prevention: Simple tips to prevent falls

**Falls put you at risk of serious injury. Prevent falls with these simple fall prevention measures, from reviewing your medications to hazard-proofing your home.**

By Mayo Clinic Staff

Fall prevention is an important topic to consider as you get older. Physical changes and health conditions — and sometimes the medications used to treat those conditions — make falls more likely as you age. In fact, falls are a leading cause of injury among older adults. Still, fear of falling doesn't need to rule your life. Instead, consider six simple fall prevention strategies.

### 1. Make an appointment with your health care provider

Start by making an appointment with your health care provider. To assess your risk and discuss fall prevention strategies, your health care provider may want to talk about the following:

- **Your medications.** Make a list of your prescription and nonprescription medications and supplements, or bring them with you to the appointment. Your health care provider can review your medications for side effects and interactions that may increase your risk of falling. To help with fall prevention, your health care provider may consider weaning you off medications that make you tired or affect your thinking, such as sedatives, antihistamines and some types of antidepressants.
- **Any previous falls.** Write down the details, including when, where and how you fell. Be prepared to discuss instances when you almost fell but were caught by someone or managed to grab hold of something just in time. Details such as these may help your health care provider identify specific fall prevention strategies.
- **Your health conditions.** Certain eye and ear disorders may increase your risk of falls. Be prepared to discuss your health conditions and how comfortable you are when you walk — for example, do you feel any dizziness, joint pain, shortness of breath, or numbness in your feet and legs when you walk? Your health care provider may evaluate your muscle strength, balance and walking style (gait) as well.

## **PARISH NURSE-CONTINUED**

### **2. Keep moving**

Physical activity can go a long way toward fall prevention. With your health care provider's OK, consider activities such as walking, water workouts or tai chi — a gentle exercise that involves slow and graceful dance-like movements. These activities reduce the risk of falls by improving strength, balance, coordination and flexibility.

If you avoid physical activity because you're afraid it will make a fall more likely, tell your health care provider. Your provider may recommend carefully monitored exercise programs or refer you to a physical therapist. The physical therapist can create a custom exercise program aimed at improving your balance, flexibility and muscle strength.

### **3. Wear sensible shoes**

Consider changing your footwear as part of your fall prevention plan. High heels, floppy slippers and shoes with slick soles can make you slip, stumble and fall. So can walking in your stocking feet. Instead, wear properly fitting, sturdy, flat shoes with nonskid soles. Sensible shoes may also reduce joint pain.

### **4. Remove home hazards**

Take a look around your home for potential fall hazards. To make your home safer:

- Remove boxes, newspapers, electrical cords and phone cords from walkways.
- Move coffee tables, magazine racks and plant stands from high-traffic areas.
- Secure loose rugs with double-faced tape, tacks or a slip-resistant backing — or remove loose rugs from your home.
- Repair loose, wooden floorboards and carpeting right away.
- Store clothing, dishes, food and other necessities within easy reach.
- Immediately clean spilled liquids, grease or food.
- Use nonslip mats in your bathtub or shower. Use a bath seat, which allows you to sit while showering.

### **5. Light up your living space**

Keep your home brightly lit to avoid tripping on objects that are hard to see. Also:

- Place night lights in your bedroom, bathroom and hallways.
- Place a lamp within reach of your bed in case you need to get up in the middle of the night.
- Make clear paths to light switches that aren't near room entrances. Consider trading traditional switches for glow-in-the-dark or illuminated switches.
- Turn on the lights before going up or down stairs.

### PARISH NURSE-CONTINUED

- Store flashlights in easy-to-find places in case of power outages.

## 6. Use assistive devices

Your health care provider might recommend using a cane or walker to keep you steady. Other assistive devices can help, too. For example:

- Handrails for both sides of stairways
- Nonslip treads for bare-wood steps
- A raised toilet seat or one with armrests
- Grab bars for the shower or tub
- A sturdy plastic seat for the shower or tub — plus a hand-held shower nozzle for bathing while sitting down

If necessary, ask your health care provider for a referral to an occupational therapist. An occupational therapist can help you brainstorm other fall prevention strategies. Some solutions are easily installed and relatively inexpensive. Others may require professional help or a larger investment. If you're concerned about the cost, remember that an investment in fall prevention is an investment in your independence.

A physical therapist can also assist in fall prevention strategies.





October 24, 2023

“Rejoice always, pray continually, give thanks in all circumstances; for this is God’s will for you in Christ Jesus.” 1 Thessalonians 5:16-18

First of all, thank you for your continued support of Advent and its programs, ministries, and staff. We have always and continue to be careful stewards of the resources that we oversee.

We are writing to you to let you know that we are finding ourselves behind financially with income a little lower than last year at this time and, like everything else, expenses have risen. We know that this also extends to our members and friends in the congregation. This would be a great time to see if you are current with your giving to Advent, and if not, a little game of catch up would be wonderful. For those that can, a little boost in giving would be extremely helpful in the next month or two.

We are currently \$20,000 in the negative.

Again, thank you and we look forward to digging out of this hole together.

The Council wanted to let you know that there are other options to give besides the envelope on Sunday morning. Most financial institutions now have a “Bill Pay” section on their website where you can do one-time or scheduled payments to the church. We also have a Donate button on our website at the bottom of the home page.

Yours in Christ,

Advent Lutheran Council



**CHILD CENTER NEWS**

By Heidi Perry, Director

**ART ON BROADWAY: MINI-MASTERS**

Back by popular demand, the 2<sup>nd</sup> Annual Art on Broadway: Mini-Masters Art Show opened on Friday, October 20<sup>th</sup>. Each age group from the Advent Child Center created an art piece based on a master artist's work. This art show was in conjunction with our 'Come to Friday Dinner'. The work will be on display through November 5<sup>th</sup>. This was a well attended event. Thank you to all the volunteers who made this special art show a special event!



**CHILD CENTER NEWS-CONTINUED**



**THANK YOU**

**'COME TO FRIDAY DINNER'-THE AMAZING CREW!**



Photo above is some of our amazing volunteers who faithfully assist with our 'Come to Friday Dinners' each month.

Pictured here: **Wade & Sue Wipperling, Carol Scheurer, Terry Powell, Karen Nelson, and Tracie Matheny.** Not pictured are **Jack Ishitani, Nevaeh Jones, Jazlyn Franklin, and Jodi Meddock.**

With deepest gratitude for your commitment to prepare, serve, and distribute the dinners, Advent Lutheran thanks you, as do the people served each month. These dinners would not happen without your commitment and dedication! Thank you!

**INCOME/EXPENSE INFORMATION**

**Advent General Fund Income/Expense**

	<u>September</u>	<u>Year to Date</u>
Income	27,239.00	235,108.98
Expenses	31,688.69	255,437.51
<b>Net</b>	<b>-4,449.69</b>	<b>-20,328.53</b>

**Notes for Advent Lutheran Church**

- Expenses include the budgeted disbursement (10%) of benevolence dollars for the ELCA, Spokane Valley Partners, Advent Lutheran Child Center, Maasai Health Systems, and Lutheran Community Services.
- Income for January through September was \$235,108.98. Total operating expenses for January through September was \$255,437.51.
- Expenses year to date were higher than income by \$20,328.53.

**Child Center Income/Expense**

	<u>September</u>	<u>Year to Date</u>
Income	76,612.39	693,822.04
Expense	100,247.65	761,103.51
<b>Net</b>	<b>-23,635.26</b>	<b>-67,281.47</b>

**Notes for Advent Lutheran Child Center**

- Budgeted monthly expenses for 2023 are \$86,802.77. Total Reserve Amount is \$83,549.07. This equates to 0.96 month's tuition.
- This month had three payroll cycles, so payroll was higher than normal. A normal payroll cycle is around \$33,000.



**ATTENDANCE**

**IN-PERSON ATTENDANCE**

October 1	92
October 8	89
October 15	101
October 22	124

**ONLINE VIEWS**

October 1	27
October 8	30
October 15	32
October 22	32



**PEOPLE IN OUR PRAYERS**

**Church Family and Friends:** Esther Barker, Harry & Manda Benton & family, Diane Buck, Larry Butler, Martha Olene Cason, Pastor Lori Cornell, Georgia Coulston, Heidi Curry, Kathleen Curry, Daphne, Heidi Dupree, Susie Friedlein & family, Faye Grant, Dorothy Grier, Holly Gunby, Candy Harder, Harris family, Lydia Harris, Leigh & Steve Hopkins, Gwen Huber & family, Rhonda Jerrett, Sandy Kaufman, Audrey Knuttel & family, Troy & Linda Lahman, Leslie, Lexi & Serenity, Jan Madden, Bill Moore, Ian & SaraLu Moore, Marian Moseman, Jeanne Mummert, Marlyce Murphy & family, Tim Murphy, Sonya Neal, Lydia Ortiz, Amaryllis & Ken Otteman, Robin Preuninger, Myrna Rehn, Darlene Rooney, Gerry O'Rourke, Tim O'Rourke, Shirley Roraback, Sharon Ruth, Beverly Smith, Kevin Smith, Costa & Fotini Tsakarestos, Carlos Velategui & family, Steve Woodard, Dee Yates, and Yudt family.

**For Family Members & Friends Serving in the Military:** CPT Ashley Allinger, Chaplain US Army, CPT Zane Allinger, USAF, CPL Damien Anderson, Major Ryan Baker, Majors Megan & Robert Barnwell, SGT Alex Baron, USAF, Capt. Jordon Bolster, CPT Christopher Finch, Robert Guyton, TSG Christine Johnson, CW2 Aaron Lang, Sr. Airman Richard Luna III, MSgt. Duncan McFarlane, Bryan McGoon, SSG Aaron Moeller, Sam Nelson, GySgt. Alex Pohle, AF Staff Sgt. Garytt Shirey, Kurt Strigel, Sgt. Cody Strunks, Colin Wells, U.S. Air Force, Ryan Wells, Master Sgt. AF Nat'l Guard Sarah Meddock, TSG Jason Wood, CPT Michael West, Staff SGT Jacob McKenzie, Capt. Stephen King, Airman Chase Strunk, U.S. Air Force, LCPL Jared Martin, Rafe Rector in Marines, Staff Sgt. Dan Zabriskie in the National Guard, and Airman Justin Wise, US Air Force.

**For Family Members & Friends Serving in Mission Fields around the world.**

*If you have a **prayer request**, please send an email to the church office at [alcspokane@comcast.net](mailto:alcspokane@comcast.net) or call the church office at (509) 928-7733.*



**NOVEMBER CALENDAR**

<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
			<b>1</b> 8:30-9:30 am Fitness Class	<b>2</b> 9:00 am Happy Helpers 10:00 am Mid-Week Bible Study	<b>3</b> 6:30 am Men's Prayer Breakfast 9:30 am – 10:30 am Gymnastics	<b>4</b>
<b>5 All Saints Sunday</b> 8:30 am Choir Practice 9:30 am Worship Service/Holy Communion After Worship Coffee Fellowship 10:45 am High School Sunday School	<b>6</b> 8:30-9:30 am Fitness Class 6:00 pm Boy Scouts	<b>7</b> 9:00 am Happy Piecemakers 10:30 am ALCC Board Mtg. 6:00 pm Heads of Committee Meeting Cub Scouts	<b>8</b> 8:30-9:30 am Fitness Class	<b>9</b> 9:00 am Happy Helpers 10:00 am Mid-Week Bible Study	<b>10</b> 6:30 am Men's Prayer Breakfast-Denney's Restaurant 9:30 am – 10:30 am Gymnastics 4:30-5:30 pm 'Come to Friday Dinner'	<b>11</b> 11:30 am Ladies Lunch-The Max at Mira-beau
<b>12</b> 8:30 am Choir Practice 9:30 am Worship Service/Holy Communion After Worship Coffee Fellowship 10:45 am High School Sunday School	<b>13</b> 8:30-9:30 am Fitness Class 5:00 pm Executive Committee Meeting 6:00 pm Boy Scouts	<b>14</b> 9:00 am Happy Piecemakers 6:00 pm Cub Scouts	<b>15</b> 8:30-9:30 am Fitness Class 5:00 pm Council Meeting	<b>16</b> 9:00 am Happy Helpers 10:00 am Mid-Week Bible Study	<b>17</b> 6:30 am Men's Prayer Breakfast-Denney's Restaurant 9:30 am – 10:30 am Gymnastics	<b>18</b>
<b>19</b> 8:30 am Choir Practice 9:30 am Worship Service/Holy Communion 10:45 am HS Sunday School	<b>20</b> 8:30-9:30 am Fitness Class 6:00 pm Boy Scouts	<b>21</b> 6:00 pm Cub Scouts  <b>NEWSLETTER DEADLINE</b>	<b>22</b> 8:30-9:30 am Fitness Class	<b>23</b> <b>Thanksgiving Day</b>  <b>Church Office &amp; Child Center Closed</b>	<b>24</b> 6:30 am Men's Prayer Breakfast-Denney's Restaurant <b>Church Office &amp; Child Center Closed</b>	<b>25</b>
<b>26 Christ the King Sunday</b> <i>'Fill the Shelf'</i> <b>Sunday</b> 9:30 am Worship Service/Holy Communion After Worship Coffee Fellowship	<b>27</b> 8:30-9:30 am Fitness Class 6:00 pm Boy Scouts	<b>28</b> 6:00 pm Cub Scouts	<b>29</b> 8:30-9:30 am Fitness Class	<b>30</b> 9:00 am Happy Helpers 10:00 am Mid-Week Bible Study		

**NOVEMBER HOSPITALITY SCHEDULE**

Ministry Description	November 5 All Saints Sunday	November 12	November 19	November 26 Christ the King Sunday
	9:30 AM	9:30 AM	9:30 AM	9:30 AM
<b>ASSISTING MINISTER:</b> (1)	Holly Gunby	Duane Yates		
<b>COMMUNION ASSISTANTS</b> (2)	Marlyce Murphy Sue Wipperling	Bonnie Rehn Sue Wipperling	Jodi Meddock Linda Tompkins	Bonnie Rehn Holly Gunby
<b>READER:</b> (1)	Holly Gunby	Barb Potter	Butch Yarnell	Marilyn Keith
<b>ACOLYTE:</b> (1)				
<b>USHERS</b> (3-4)	1. Bill Johnson 2. Linda Semmen	1. Darrell Shoquist 2. Francie Shoquist	1. 2.	
<b>GREETERS:</b> (2-4)	1. Belle Campbell 2.	1. Denise Walker 2.	1. 2.	
<b>ALTAR FLOWERS</b>				
<b>FELLOWSHIP HOSTS</b>	1. 2. 3. 4.	1. 2. 3. 4.	1. Rick Velategui 2. Babs Velategui 3. 4.	
(Cookies, etc., 4 people, 2 dozen each)	Linda Semmen	Francie Shoquist Denise Walker		
<b>“Share with God’s people .....,Practice Hospitality” Romans 12:13 (NIV)</b>				



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www.adventlutheranspokane.org

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## WORSHIP SCHEDULE

### SUNDAY

**Sunday Morning Worship: 9:30 am** In-Person and Online  
**Thursday Morning Bible Study: 10:00 am**

**“Called by God’s Grace to Love and Serve”**