

Advent Lutheran Church Newsletter



LETTER FROM THE COUNCIL PRESIDENT

By Denise Walker

Greetings Advent!

As I write this article, the word HOPE, brings wonderful and happy thoughts of Springtime renewal of warm and sunny days ahead along with Advent projects on the horizon. My mind was drawn to the group of robins outside my window as they hop around searching for food they need, it brought my thoughts to the Bible verse: Isaiah 40:31 "but those who HOPE in the Lord, will renew their strength. They will soar on the wings like eagles; they will run and not grow weary, that they will walk and not faint".

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With hopeful energy for Advent, we've moved into the second quarter of 2024. The Council narrowed down by importance, three projects that were discussed at our recent Council meeting: (many THANKS to **Cindy and Ken Falk** for hosting a great dinner and meeting).

- 1-replace the church bus and/or van. Both are 20+ years old and a source in constant repairs and the insurance company does not want to continue the current policy.
- 2-replace the Child Center playground. Recent issues have expedited this project and we have begun exploring options for funding the project.
- 3-begin the refurbishment of the Fellowship Hall. It will need to be completed in several phases; (a) clear the asbestos, (b) make decisions on the materials for the flooring and wall coverings, (c) reach out for bids and choose the company to complete the project.

Along with these projects, the Council addressed a few other things that are urgent and/or necessary:

- (A) new Council member nominees are needed by **May 15th**. Names are needed prior the publication of the Congregational June 2nd meeting booklet.
- (B) after our recent kitchen inspection, the church kitchen needs to be steam cleaned to include the floors and cabinets.

With all these added agenda items forever changing, I ask for patience as plans seem to always be derailed by more pressing concerns. It reminds me of the Bible verse from Jeremiah 29:11 "For I know that the plans I have for you, declares the Lord, plans to prosper you are not to harm you, plans to give you HOPE and a future".

My prayers for Advent are to have all things we are working on will come by trusting God to guide us in making the right decisions when needed. In closing, a wise saying once made by Christopher Reeve (aka Superman) "Once you choose HOPE, anything is possible".

Blessings and HOPE,
Denise



HAPPY HELPERS

By Forrest Diehl

Happy Easter! Our Easter season, this year, ends on Sunday May 19th, Pentecost Sunday. We are about in the middle of our 50-day Risen Lord Easter Celebration. Thanks to all who made our Easter Sunday Worship Service special. A special thanks to the Youth Group and volunteers that cooked and served the wonderful Easter Breakfast. I especially appreciated the extra effort to provide gluten-free pancakes. And a special thank-you to the **Youth Group, Pastor Matt, and George Harrison** in putting up the white cloth ceiling sanctuary streamers to the cross. The Happy Helpers usually do that, but “missed the boat” this year. Thank-You! Also, I heard there was a good attendance at the Sunrise Easter Service at Saltese Cemetery. **Christ is Risen!...He is Risen, indeed!**

The Happy Helpers are asking for your help. We need help in keeping up with the weeding, trimming, raking, and the overall curb appearance of the shrub/grass garden located on the south side of the church, along Broadway Avenue. The garden is large enough and covers enough ground, that it requires weekly attention – more attention than the Happy Helpers can provide. We are asking you to visit the garden area, as you are able and convenient for you, to do whatever you think would add to the appearance of the overall garden (trim grasses/bushes, rake, weed, etc.). You do not need permission to do any of the work that you think is needed in the garden – if you think your work will improve the appearance of the garden, then do it! With your help, maybe collectively, we can keep up with the garden maintenance needs during this spring, summer and fall. **Thank-You!**

More Puns!

1. Ants never get sick because they have little anty bodies.
2. I married my wife for her looks.... but not the ones I've been getting lately.
3. My landlord wants to talk about my high heating bill. I told him my door is always open.
4. I was in a band called the “Hinges”. We opened the doors.
5. I wear memory foam insoles to remember why I walked into the next room.
6. When you dream in color, it's a pigment of your imagination.
7. To spell the word panda, you just need a “P” and “A”.
8. Being in debt attracts a lot of interest from bankers.
9. It wouldn't have been Wright if Ford invented the airplane.
9. It doesn't make any cents, but volunteering is reward-ing.
10. Please cancel my subscription to your issues.
11. Man in boxers leads police in brief chases.
12. I got booted from the coffee club because I wore a tea shirt.
13. Boarding school taught me how to get on an airplane.
14. To make a long story short, I became an editor.
15. My wife told me to put ketchup on the shopping list. Now I can't read it.

HAPPY HELPERS-Continued

Some of the tasks completed during the month of April include: updated Broadway Sign with Easter and post-Easter information (**George Harrison**); pruned rose bushes, cleaned leaves, grass, and debris, raked, and applied Preen to Broadway landscape area (**Daryl Ziemer, Butch Yarnell**); took down white cloth streamers from sanctuary and stored (**Butch Yarnell, Daryl Ziemer, Bill Thurston, Dave Cook**); returned 10-ft ladder to storage in Carl's Cabin (**Bill Thurston**); set up tables and chairs for Sunday after-worship coffee fellowship (**Dennis Johnson, Bob Hubert, Wade Wipperling, Daryl Ziemer, George Harrison, Dave Cook, Wes Todd**); removed flowers from Easter Cross in sanctuary and moved it to outdoor patio area (**Daryl Ziemer, Butch Yarnell, Dave Cook**); weeded west flower bed by Child Center entrance (**Daryl Ziemer**); turned on irrigation water and identified sprinkler head problems (**Dave Cook, Butch Yarnell**); researched and found replacement light fixtures for pillars outside east entrance door (we decided not to use these) (**Mike McCune**); purchased new exterior light fixtures, returned them, and purchased replacement (more suitable) exterior light fixtures for east entrance (**Wade Wipperling**); installed 8 new exterior light fixtures on pillars outside east entrance (**Wade Wipperling, Dave Cook**); transported and gave Habitat for Humanity the old exterior pillar light fixtures that were removed (**Wade Wipperling**); de-winterized patio area by uncovering chairs and tables and placing covers in Carl's cabin (**Wes Todd, Stuart Ramsey**); repaired door latch on Child Center classroom (**George Harrison**); continued to gather bids for ADA automatic access system for east entrance church doors (**Bill Thurston**); tightened cabinet door hinges in Child Center classroom (**George Harrison**); refilled 5 gallon water bottle in water dispenser located in office area (**George Harrison**); replaced missing protection cover to lock on Carl's storage cabin (**Wade Wipperling**); volunteered to transport Advent Lutheran quilts to Lutheran World Relief Collection point during the latter part of May 2024 (**George Harrison, Butch Yarnell**); etc.

The Happy Helpers are looking forward to the month of May. We meet each **Thursday morning, 9:00 A.M.**, at the church. Coffee, tea, and “goodies” are provided. I'm not sure who provided the pastries during April – I missed most of the meetings, but Thank-You! **Please join us!** Visitors and new members are always welcome. If you can't make it by 9:00 A.M., come anytime. Usually, we finish talking by 9:30 A.M. and finish pattering around by 11:00 A.M.

YOUTH MINISTRY

By Kara Wilson

St. Arbucks Youth Group

April has flown by and not much has changed for us. Lots of sports and travel for everyone so we didn't get a chance to get together as a group as much as we would have liked, but May will be a different story. Of course, we will have our Sunday coffee discussions, but we also have the yard sale. **May 10th** the youth will spend the night at the church sorting all your generous donations (and hopefully getting a little sleep as well). **May 11th** we will wake up early to be ready for the sale starting at **9am**. Pray with us for good weather that day.

As far as the Gathering, we have just paid the final payment for our Gathering fees, and hotel. We are very hopeful the yard sale gets us to our needed balance for our airfare final payment at the end of May. Our prayer/postcard fundraiser signup will start end of May thru when we leave. For those who have not heard of this before, we will have a sign-up sheet with the days/times we are in New Orleans and each attendee's name. \$20 per square and we ask you prayer for that person on that day around that time. At that time the attendee will write you a post card and mail it same day to let you know what is happening and thank you for your prayers.

Spring Blessing to you all, and to go along with our St. Arbucks theme:

How do you know God likes coffee?

Because the He brews is in the Bible. LOL



RECYCLING NEWS

By Roger Scheurer

We started our aluminum can recycling program in 2011. In that time we recycled approximately **5,200 lbs.** of cans. There are approximately **35 cans per lb.**, so that means that we recycled approximately **182,000 cans** so far! That's a lot of empties--thanks for saving them for us. If you bring your cans and leave them in the bins at the northwest corner of the parking lot (bagged of course (NOT dumped in loose!) we take them to the recycling center for redemption into cash. We've been averaging about **50 cents per lb.** over this time--that means that with your help we raised about **\$2,600.00** for the **Happy Helpers**, which they can use for some of their "fix it" jobs around the church and Child Center. Thanks again for helping us with this little fund raiser which doesn't cost anything to do—it actually pays!!!



ANNOUNCEMENTS

Online Worship:

www.youtube.com/c/adventlutheranspokane

ART SHOW

Anna Rector will have her art on display on Wednesday, **May 1st, from 5-7 pm** at **The Max at Mirabeau**. All are welcome to come view her beautiful paintings.

COUNCIL TABLE TALKS

With teamwork in mind, the **Council** discussed and voted on several items, and made some decisions on future projects. We have scheduled a **table talk session** for questions and answers after worship on the first Sunday of every month. Look for the Council table in the Fellowship Hall during coffee hour on **May 5th**.

'COME TO FRIDAY DINNER'

This month we have a **'Come to Friday Lunch BBQ'** on **May 10th from 12:00 pm-1:30 pm**. **Terry and his crew** will be barbecuing **hotdogs and hamburgers**. On **May 24th, from 5:00 pm-6:00 pm**, the menu will be **Spaghetti, garlic bread, and salad**. If you are interested, please call the church office at **509-928-7733** or place your name and the number of meals you wish on the **sign-up sheet on the table in the Narthex**. **EVERYONE welcome!** You are welcome to stay and enjoy your dinner in the Fellowship Hall or you may take it home to enjoy!

MONTHLY LADIES LUNCHEON

Our next luncheon will be **Saturday, May 11th at 11:30 a.m.** at **The Max at Mirabeau**. Please contact **Gerry O'Rourke at 509-893-0787** so a reservation may be made. The **sign-up sheet** is on the table in the Narthex or you may call the **Church office at 509-928-7733**. **Thank you.**

ELCA NATIONAL YOUTH GATHERING

The Youth are continuing their **fundraising** for the **National Youth Gathering** so continue to watch for various jobs you may sign up for. Below are a few upcoming dates to watch for: **May 11:** Yard Sale. **July:** Prayer/Postcards for while we are in New Orleans.

YOUTH YARD SALE

Our Youth will be having a **fundraiser yard sale** on **Saturday, May 11th**. **Donations will be accepted** at the church **Noon -8pm, Friday, May 10th**. Thanks so much for supporting our Youth as they raise the funds to attend the **National Youth Gathering in New Orleans in July**.

COMMITTEE LEADERS

It's that time of year again....time to be thinking of your committee reports for the **Semi-Annual Congregational meeting booklet**. If you would like to submit a **report about your committee's activities** (photos are great too!), of this past year or what you have planned this coming year, **please submit your report to the Church office no later than May 15th**.

MEMORIAL SERVICE FOR GWEN HUBER

A memorial service for **Gwen Huber** will be held on **May 18th, at 10:00 am**, at **Valley Assembly Church**, 15618 E. Broadway Avenue, Spokane Valley.

ANNOUNCEMENTS-Continued

SPOKANE INDIANS BASEBALL GAME

Spokane Indians are once again offering **'Faith Nights'** at their stadium. Advent Lutheran has a reservation for **Saturday, May 18th, 5:00 pm**. **See the sign-up sheet on the table in the Narthex**. **Upper Box Seats, \$13 per ticket**.

GOLDENAGERS' DAY OUT

Spring GoldenAgers' Day Out! Monday, May 20, 10:00 am-2:00 pm at Camp Lutherhaven. Please meet at the Church and be ready to leave by **8:45 am**. Please see the **sign-up sheet** on the table in the Narthex if you wish to attend. We plan to return to the church by **2:30 pm**. **Questions?** Contact **Linda Semmen at (509)389-4191**. **The cost to attend is covered by Advent**.

NEWSLETTER DEADLINE

If you wish to submit an article or announcement for the **June** newsletter, please submit it to the Church office no later than **Thursday, May 23rd**.

SEMI-ANNUAL CONGREGATIONAL MEETING

The **Semiannual Congregational Meeting** will be on **Sunday, June 2nd, immediately following the worship service**. At this meeting we will elect three new Council members and review Committee and small group reports.

COUNCIL MEMBERS NEEDED

Advent has **three open seats** on the church Council. Please prayerfully consider being a part of our Council. This is a **one hour per month** commitment for three years, and you are able to meet either in-person or by Zoom.

VOLUNTEERS NEEDED!

If you are available to be a **Reader, Usher, Greeter, or Acolyte**, please see the **Hospitality sign-up sheet** on the table in the Narthex. We are also in need of additional **Assisting Ministers and Tellers**. If you are interested, please speak to **Pastor Matt** or call the **Church office at 509-928-7733**.

MEN'S PRAYER GROUP

The **Men's Prayer group** continues to meet each **Friday** morning at **6:30 am** at **Denny's Restaurant** on Sprague and Pines. All men are welcome!

HABITAT FOR HUMANITY HOMEBUILDING BLITZ
Volunteers are needed from **11am-1pm, June 3-14th** to provide side dishes for their lunches. They have volunteers to serve hamburgers, so would appreciate side dishes to go with it. Volunteers are able to select just one day or several. In addition, Habitat is looking for volunteers to assist with their building project here in Spokane Valley. No experience necessary. If you are interested or would like additional information, please contact **Gloria Penafior at 509-824-2595**.

THANK YOU

Denise Walker and Sue Wipperling wishes to thank **ALL** our wonderful volunteers who helped out with our **Synod Regional Gathering** on Saturday, April 27th! It takes many hands to make a wonderful event as this take place and you are all **VERY** appreciated! Thank you.

OUTREACH COMMITTEE

SPOKANE VALLEY PARTNERS FOOD BANK

Thank you for your generosity in bringing your food donations for the Spokane Valley Partners Food Bank as we continue to **"FILL THE SHELF"!!** We continue to collect food each week, however, our big food drive is the last **Sunday** of each month. **You may place your food donations in the barrel in the Narthex. Thank you!**



HAVE EXTRA CLOTHING?

Do you have gently worn clothing you no longer wear/need? Why not donate it to one of these organizations serving our community:

- **Blessings & Beyond** (formerly Blessings Under the Bridge)
12928 E. Mansfield Ave. #1, Spokane Valley
609-294-7265
- **Central Valley Student & Family Engagement Center**
612 S. McDonald Road, Spokane Valley
509-862-8687
- **Crosswalk Youth Shelter**
525 W. 2nd Ave., Spokane
609-624-2378
- **NAOMI Community** (moms & children)
11214 E. Broadway, Spokane Valley
509-926-6492

PASTOR MATT'S CORNER

By Pastor Matt Larson

Now that I have finished my third Camino, I realized that I remember some of the places and things that I saw before, but I do not remember some of the things also. It is also with the church, we do some things regularly and some things we do just once in a while, so I wanna be sure to thank those who do put in the time and energy not only for weekly worship but for all the small groups and events that go on at Advent.

I look forward to the next coming months at Advent, we will begin our first intern on July 1. I hope that we welcome **Brendan** with open arms and a wonderful start to a two year halftime program. This will be something that we all are a part of.

I also am looking forward to the national youth gathering as our **youth and Kara Wilson** and other leaders have been frantically raising funds for this trip and we have seen the generosity of this congregation as we are getting close to our fundraising goal.

The **first Sunday in June** we will have our Congregational meeting to hear our annual reports, have some elections and be able to celebrate where we've been and where we're going. I want to give a big thanks to our council and our executive committee, they have been very supportive and have been working hard to not only look at the projects that need to be done in our church but in keeping the relationships with the congregation a high-priority. Also I would like to thank **Denise Walker and Sue Wipperling** and all of those who put in so much time and energy to host the **Synod Regional Gathering**, I am writing before the event takes place, but I am very confident that it will be a wonderful event. As we continue our journey as Advent Lutheran in Spokane Valley, let's not forget that we do this all in the name of Jesus and knowing that God's grace falls upon us and that we are called to extend that Grace to others. Oh yeah, take care of your feet too. That was so important on the Camino!



PARISH NURSE

By Debbie Martin, RN, Parish Nurse

Poor nutrition is one of the eight risk factors that people can control for Heart disease. The American Heart Association suggests:

Eat an overall healthy dietary pattern that emphasizes:

- a wide variety of fruits and vegetables
- whole grains and products made up mostly of whole grains
- healthy sources of protein (mostly plants such as legumes and nuts; fish and seafood; low-fat or nonfat dairy; and, if you eat meat and poultry, ensuring it is lean and unprocessed)
- liquid non-tropical vegetable oils
- minimally processed foods
- minimized intake of added sugars
- foods prepared with little or no salt
- limited or preferably no alcohol intake

What and how much should you eat?

Here are the recommended number of daily or weekly servings for adults of each food group based on eating a total of 2,000 calories per day. Your calorie needs may be different, depending on your age, activity level and whether you are trying to lose, gain or maintain your weight.

Vegetables

- Wide variety of vegetables; fresh, frozen, canned or dried
- Two and a half (2 1/2) servings of vegetables per day, including dark green, red/orange, starchy and other)

Examples of one vegetable serving:

- 2 cups raw leafy salad greens
- 1 cup cut-up vegetables
- 1 cup 100% vegetable juice, low-sodium or no-salt-added

Fruits

- Wide variety of fruits; fresh, frozen, canned or dried
- Two (2) servings of fruit per day

Examples of one fruit serving:

- One medium whole fruit
- 1 cup cut-up fruit
- 1 cup 100% fruit juice
- ½ cup dried fruit

Grains

- Whole grain rather than refined grain products
- Six (6) servings of grains per day

Examples of one serving of grains:

- One slice bread
- One small tortilla
- 1 cup ready-to-eat cereal flakes
- 1 ounce (½ cup) uncooked pasta or rice
- ½ cup cooked rice, pasta or cereal
- 3 cups popped popcorn

Dairy

- Low-fat and fat-free
- Three (3) servings per day

Examples of one dairy serving:

- 1 cup milk
- 1 cup yogurt
- 1 ounce cheese

PARISH NURSE-Continued

Protein Foods

- Mostly from plant sources (legumes and nuts); fish and seafood; nonfat and low-fat dairy products in place of full-fat versions; if you eat meat, lean cuts and skinless poultry; avoid processed meats.
- Five and a half-ounce (5 ½-ounce) equivalents of protein per day including:
- 5 ounces per week of nuts, seeds, beans, peas or lentils
- 6 to 8 ounces per week of seafood, preferably oily fish such as salmon, mackerel, cobia, striped bass, herring or sardines

Examples of one ounce protein equivalents:

- 1/4 cup cooked beans, peas or lentils
- 1/4 cup or 2 ounces tofu
- 1/2 ounce nuts or seeds or 1 tablespoon peanut butter
- 1 ounce cooked seafood, meat or poultry
- One egg or two egg whites

Fats and Oil

- Liquid plant oils instead of tropical oils (coconut, palm and palm kernel) and animal fats (lard and butter) or partially hydrogenated fats
- 3 tablespoons of fat and oil per day (or 9 teaspoons)
- Examples of one serving fats and oil:
- 1 tablespoon vegetable oil (canola, corn, olive, soybean, safflower)
- 1 tablespoon soft margarine
- 1 tablespoon low-fat mayonnaise
- 1 tablespoon light salad dressing

- Frozen, canned and dried produce can be as nutritious as fresh. Compare nutrition information on package labels and choose products with the lowest amounts of added sugars and sodium. Look for vegetables without salty sauces and fruits packed in their own juices or water instead of heavy syrup. Drain and rinse canned produce and beans.
- One cup of 100% juice can fulfill one of your recommended daily servings of fruit or vegetables. But keep in mind, juice isn't as filling as whole fruits and vegetables and may have extra calories and less nutrients such as fiber. Avoid sweetened juice and juice drinks.
- Includes nondairy nut/grain/soy-based milks that are fortified with calcium and vitamin D and with no added sugar.



ADVENT LUTHERAN CHILD CENTER NEWS

By Heidi Perry, Director

The Child Center was FINALLY able to bring back Chapel for the first time since COVID hit. Concern about large groups and mixing classrooms stopped Chapel back in 2020, and continued staffing and illness issues kept it from coming back. In 2023 some staff members and I attended an ELEA training and we came back with great ideas on restarting Chapel with a whole new format, and then more staffing issues hit us and we had to wait yet again.

The first week in April marked Lutheran School's Week and I decided that sounded like the perfect time to make the jump. It actually was the perfect time to start, because we got to jump straight into the Easter story and celebrate Palm Sunday. The kids were all in awe walking into the Sanctuary the first day and had so many questions.

Each week since we started, the kids are able to tell me things they remembered from the previous week and we are learning new songs together. Even though we are keeping it short and sweet, it is proving to be meaningful and fun for them.



INCOME/EXPENSE INFORMATION

<u>Advent General Fund Income/Expense</u>		
	<u>March</u>	<u>Year to Date</u>
Income	27,510.60	72,593.04
Expenses	37,180.56	93,256.73
Net	-9,669.96	-20,663.69

Notes for Advent Lutheran Church

- Expenses include the budgeted disbursement (10%) of benevolence dollars for the ELCA, Spokane Valley Partners, Advent Lutheran Child Center, Maasai Health Systems, and Lutheran Community Services.
- Income for March was \$27,510.60.
- Total operating expenses for March was \$37,180.56.
- Expenses year to date were higher than income by \$20,663.69.
- Budgeted monthly expenses for 2024 are \$28,662. Total Reserve Amount is \$18,957. This equates to .66 month's of operating expenses.

Child Center Income/Expense

	<u>March</u>	<u>Year to Date</u>
Income	75,986.31	243,069.10
Expense	108,884.62	268,024.04
Net	-32,898.31	-24,954.94

Notes for Advent Lutheran Child Center

- Budgeted monthly expenses for 2024 are \$98,383.61. Total Reserve Amount is \$55,155.28. This equates to 0.56 month's expenses.
- Income was down quite a bit in March due to a low DSHS payment. Payment from the state is based on attendance. Illness and months with fewer days will make this number fluctuate.
- March was a three payroll month, so expenses were much higher. Average payroll is around \$31,000, which matches with our net for March.

PEOPLE IN OUR PRAYERS

Church Family and Friends: Esther Barker, Bass family, Manda Benton, Candy & Bruce Blackmer & family, Rob & Sandy Brose, Jessica Bullinger, Larry & Carol Butler, Martha Olene Cason, Pastor Lori Cornell, Georgia Coulston, Kathleen Curry, Bob Dunlap & family, Ken & Cindy Falk, Jim Ferry, Gjervik family, Faye Grant, Dorothy Grier, Candy Harder, Barbara Hooper, Leigh & Steve Hopkins, Clancy & Mary Howard, Huber family, Bill Johnson & family, Alicia Kacobs, Sandy Kaufman, Midge Kiourkas & family, Joanne Limbaugh, Jan Madden, John Marlino & family, Ian & SaraLu Moore, Kathy Moseman, Marian Moseman, Bill Moore, Jeanne Mummert, Marlyce Murphy & family, Amaryllis & Ken Otteman, Judy Pegau, Alan Potter, Isaiah Ray, Anna Rector, Myrna Rehn, Jeanne Rice, Myrna Robb, Gerry O'Rourke, Lonnie Sibley & family, Sharon Ruth, Beverly Smith, Kevin Smith, Stillman family, Isabel Toth, Costa & Fotini Tsakarestos, Turville family, Carlos Velategui & family, Charlie Walker, Steve Woodard, and Penny & Jack Zenglein.

For Family Members & Friends Serving in the Military: CPT Ashley Allinger, Chaplain US Army, CPT Zane Allinger, USAF, CPL Damien Anderson, Major Ryan Baker, Majors Megan & Robert Barnwell, SGT Alex Baron, USAF, Capt. Jordon Bolster, CPT Christopher Finch, Robert Guyton, TSG Christine Johnson, CW2 Aaron Lang, Sr. Airman Richard Luna III, MSgt. Duncan McFarlane, Bryan McGoon, SSG Aaron Moeller, Sam Nelson, Mst. Sgt. Alex Pohle, AF Staff Sgt. Garytt Shirey, Kurt Strigel, Colin Wells, U.S. Air Force, Ryan Wells, Master Sgt. AF Nat'l Guard Sarah Meddock, TSG Jason Wood, CPT Michael West, Staff SGT Jacob McKenzie, Capt. Stephen King, Airman Chase Strunk, U.S. Air Force, LCPL Jared Martin, Rafe Rector in Marines, Staff Sgt. Dan Zabriskie in the National Guard, and Airman Justin Wise, US Air Force.

For Family Members & Friends Serving in Mission Fields around the world.

*If you have a **prayer request**, please send an email to the church office at alcpokane@comcast.net or call the church office at (509) 928-7733.*

ATTENDANCE

IN-PERSON ATTENDANCE

April 7	102
April 14	100
April 21	93

ONLINE VIEWS

April 7	36
April 14	32
April 21	33



MAY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 8:30-9:30 am Fitness Class 11:00 am Child Center Chapel	2 9:00 am Happy Helpers 10:00 am Mid-Week Bible Study	3 6:30 am Men's Prayer Breakfast	4
5 9:30 am Worship Service/Holy Communion After Worship Coffee Fellowship 10:45 am High School Sunday School at Starbucks on Pines	6 8:30-9:30 am Fitness Class 6:00 pm Boy Scouts	7 9:00 am Happy Piecemakers 10:30 am ALCC Board Mtg. 6:00 pm Cub Scouts	8 8:30-9:30 am Fitness Class 11:00 am Child Center Chapel	9 9:00 am Happy Helpers 10:00 am Mid-Week Bible Study	10 6:30 am Men's Prayer Breakfast-Denney's Restaurant 12:00 -8:00 pm Drop off yard sale donations 12:00 pm-1:30 pm 'Come to Friday Lunch BBQ'	11 9am-2p, Youth Yard Sale 11:30 am Ladies Lunch-The Max at Mirabeau
12 Mother's Day 9:30 am Worship Service/Holy Communion After Worship Coffee Fellowship 10:45 am High School Sunday School at Starbucks on Pines	13 8:30-9:30 am Fitness Class 5:00 pm Executive Committee 6:00 pm Boy Scouts	14 9:00 am Happy Piecemakers 6:00 pm Cub Scouts 6:00 pm Heads of Committee Mtg.	15 8:30-9:30 am Fitness Class 11:00 am Child Center Chapel 5:00 pm Council Meeting	16 9:00 am-12:00 pm PEO Meeting 9:00 am Happy Helpers 10:00 am Mid-Week Bible Study	17 6:30 am Men's Prayer Breakfast-Denney's Restaurant	18 10:00 am-7:00 pm Private Event
19 9:30 am Worship Service/Holy Communion After Worship Coffee Fellowship 10:45 am High School Sunday School at Starbucks on Pines	20 8:30-9:30 am Fitness Class 6:00 pm Boy Scouts	21 9:00 am Happy Piecemakers 6:00 pm Cub Scouts	22 8:30-9:30 am Fitness Class 11:00 am Child Center Chapel	23 9:00 am Happy Helpers 10:00 am Mid-Week Bible Study NEWSLETTER DEADLINE	24 6:30 am Men's Prayer Breakfast-Denney's Restaurant 5:00-6:00 pm 'Come to Friday Dinner'	25 9:00 am-1:00 pm Daughters of Norway
26 'Fill the Shelf' Sunday 9:30 am Worship Service/Holy Communion After Worship Coffee Fellowship 10:45 am High School Sunday School at Starbucks on Pines	27 Memorial Day Church Office & Child Center Closed	28 9:00 am Happy Piecemakers 6:00 pm Cub Scouts	29 8:30-9:30 am Fitness Class 11:00 am Child Center Chapel	30 9:00 am Happy Helpers 10:00 am Mid-Week Bible Study	31 6:30 am Men's Prayer Breakfast-Denney's Restaurant	

MAY HOSPITALITY SCHEDULE

Ministry Description	May 5	May 12 Mother's Day	May 19 Pentecost Sunday	May 26 Memorial Weekend The Holy Trinity
	9:30 AM	9:30 AM	9:30 AM	9:30 AM
ASSISTING MINISTER: (1)	Duane Yates	Kara Wilson		
COMMUNION ASSISTANTS (2)	1. Jodi Meddock 2. Sue Wipperling	1. Bonnie Rehn 2. Jodi Meddock	1. Jodi Meddock 2. Linda Tompkins	1. Holly Gunby 2. Karen Nelson
READER: (1)	Levi Bocook	Troy Lahman	Troy Lahman	Barb Potter
ACOLYTE: (1)				
USHERS (3-4)	1. 2.	1. Bill Johnson 2. Linda Semmen	1. 2.	1. 2.
GREETERS: (2-4)	1. 2.	1. 2.	1. 2.	1. 2.
ALTAR FLOWERS				
FELLOWSHIP HOSTS	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.	
(Cookies, etc., 2 dozen each)	Ann Koschalk	Linda Lahman Linda Semmen	Linda Lahman	
“Share with God’s people,Practice Hospitality” Romans 12:13 (NIV)				



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WORSHIP SCHEDULE

SUNDAY

Sunday Morning Worship: 9:30 am In-Person and Online
Thursday Morning Bible Study: 10:00 am

“Called by God’s Grace to Love and Serve”