

# Advent Lutheran Church Newsletter



INSIDE THIS ISSUE:

Letter from the Council President	1
Happy Helpers	2
Announcements, GoldenAgers' Day Out	3
Outreach Committee, Pastor Matt's Corner	4
Letter from Messiah Lutheran Church	5
Parish Nurse	6-7
Income & Expense, Attendance, People in Our Prayers	8
October Calendar	9
October Hospitality	10
Worship Schedule	11

## LETTER FROM THE COUNCIL PRESIDENT

By Denise Walker

As we begin with winding down this year's projects, we still have a few important things that need to be completed. In order to accomplish these tasks we will start with the continued diligence and hard work of the Council and follow up with the assistance of all congressional members. So when I began researching inspirational quotes for optimistic outcomes to reaching goals, I came across the following, "The most useful asset of a person is not a head full of knowledge but a heart full of love, with ears open to listen and hands willing to help".

The first item on the agenda is the 2025 Advent budget preparation. It needs to be completed and have Council approval at the November 12th Council meeting so that it can be published and presented for a vote at the **December 8th Congregational meeting**. The budget committee has begun the preliminary work and have been tasked with talking to Committee heads and congregational members to gather information that helps to meet the needs of the Church.

The second item of importance is to purchase a new church bus. Due to its age (20+ years), constant/costly repairs, the current bus will be losing its insurance coverage in January 2025. The cost of the bus could be approximately 50K - 60K. We need to work quickly to find and purchase the vehicle. We have been discussing ways to accomplish this purchase but decisions have not been made. We will have more updates and will address them with the congregation in the near future.

Additional items discussed at the September Council meeting:

- \*Habitat for Humanity - Women's Build — Advent will be providing lunch for the volunteers.
- \*Council Table Talks - the Council will continue to hold these sessions once or twice a month after worship in the Fellowship Hall.
- \*Thrivent Investment Updates:  
 Capital Improvement Fund - balance as of August 31st is \$872,778 (up 14.89%)  
 Reserve Fund - balance as of August 31st is \$949,866 (up 17.39%)  
 Endowment Fund - all transfer documents have been submitted and approved and are now waiting for the funds arrival.

After addressing these issues, I ask that you share your ideas with either a Council member or a Committee member. Your suggestions will help to push these projects forward. I remember a bit of inspiration I learned from an old English teacher (from awhile ago) "Motivation is what gets you started, but Habit keeps you going".

Thank you for your continued support.



## HAPPY HELPERS

By Forrest Diehl

Remember last month when I wrote that “we are in a state of limbo concerning setting dates for making apple-sauce and the Happy Helper Breakfast”? Well, thanks to **Terry Powell**, we are no longer in limbo and now have the apples needed for the September event dates. And thanks to **Heidi Davis'** kindness and goodness of her heart, we were able to store the apples until needed in the Child Center refrigerator in the kitchen. By the time you read this, the **Happy Helper Breakfast** will have already taken place and hopefully applesauce will still be available for purchase. Again, thanks to **Terry Powell** for getting the apples for us and **Heidi Davis** storing them for us! Next month I'll report on the applesauce/breakfast events.

Speaking of events, the **Golden-agers' Day Out on September 18** was a wonderful experience at the Shoshone Mountain Retreat. The event was well planned, informative, and the mountain weather could not have been nicer. **Bob Lowe from the NorthWest Gold Prospectors Association** gave us a presentation on gold panning/seeking. We, each, were given a cup of sand spiked with two or three flakes of real gold and we were taught how to extract them from the sand. Yes, we got to keep the flakes of gold. The noon meal was delicious - roast pork, mashed potatoes, vegetable and salad. Thanks **Linda Semmen** and **Bill Johnson** for coordinating and making that available to us!

The Happy Helpers need help! The arborvitae, lawn shrubs and bushes, and all plant life around the church need trimming/pruning. On **Saturday, October 12, 2024** we are having our **Fall Clean-up Day, beginning at 9:00 AM**. So, the Happy Helpers are asking you to take a look around the parking lot, grounds, sidewalks, flower beds, shrubs, trees, bushes, etc. between now and then and identify what you would like to do. On the **12<sup>th</sup>, Saturday morning, bring your yard tools** needed to accomplish your task and help others, together. Or just come **with some yard tools** to help in any way you can. By the way, if you haven't noticed, the shrub bed/area, located immediately south of the church, needs some tender loving care, especially weeding. **If you see and feel the appearance of any area could be improved by your work, please do so!**

Speaking of yard work, those of us that have vegetable gardens know that this time of the year demands a lot of time and effort in harvesting and getting the garden area ready for winter. Here is a poem about a garden by **Gene Allen Groner, Independence, MO**. Clearly, Gene is referring to a broader sense of a garden than just a vegetable garden.



### In the Garden

In the garden  
You will find God, Rest for your soul,  
And quiet peace of mind.

In the garden  
Loneliness goes away, Improved health comes  
With restful peace of mind.

## HAPPY HELPERS-Continued

In the garden  
Happiness will be yours  
And true peace of mind.

In the garden  
There is a sanctuary – Where you can talk freely  
With your God who is very kind.



**Happy Helper notes** for September 2024: installed gutter and downspout to roof eave above east outside gym door (**Wade Wipperling, Dave Cook, Jack Ishitani**); trimmed, pruned and cleaned up outside Narthex courtyard (**Karen Nelson, Bill Thurston, Jodi Meddock**); removed flowers from outside brick flower bed, Quilters' Room (**Daryl Ziemer**); searched for the underground control box for sprinkler #16 (**Butch Yarnell, Daryl Ziemer**); tightened Child Center classroom entrance door handle (**Butch Yarnell**); trimmed bushes/shrubs in south shrub bed per instructions of Spokane Valley Fire Department (**Daryl Ziemer, Dave Cook**); set-up tables and chairs for the September Advent Ministry Fair (**Dave Cook, George Harrison, Jack Ishitani, Daryl Ziemer, Wade Wipperling**); assembled new book case for Narthex (**Bill Thurston**); filled and arranged books in new Narthex book case (**George Harrison, Jack Ishitani**); fertilized flowers in pots, east entrance and west entrance flowers (**Daryl Ziemer**); set up tables and chairs for Sunday Fellowship Hour (**Daryl Zimmer, Bob Hubert, Wes Todd, Dennis Johnson, Butch Yarnell**); adjusted on/off times for east entrance pillar lights (**Butch Yarnell**); inflated tires on church's red hand truck (**Happy Helpers**); changed batteries in urinal, men's restroom (**Wade Wipperling**); sprayed ground wasp nest by east entrance (**Butch Yarnell**); scheduled sprinkler blow out (**Cheryl Tobin**); trimmed grass and cleaned up along Child Center chain linked fence and curblineline to with (**George Harrison, Daryl Ziemer, Jack Ishitani**); etc.

The Happy Helpers are looking forward to the month of October, specifically **October, 12 Fall Clean-up Day!** Hope to see you there! The Happy Helpers meet each Thursday morning, 9:00 A.M., at the church. Coffee, tea, and refreshments are provided. During September, **George Harrison** provided the goodies. **Thanks George!**

If you can't make it by **9:00 A.M.**, that's ok – come anytime. Usually we are done talking/meeting by 9:30 A.M., and finished working/puttering by 10:30 / 11:00 A.M. Visitors are welcome too. I guess we could call **Karen Nelson** and **Jodi Meddock** visitors, but they did much more working than visiting on August 29. **Thanks for all you did; the Courtyard looks great!**

## ANNOUNCEMENTS

### **Online Worship:**

[www.youtube.com/c/adventlutheranspokane](http://www.youtube.com/c/adventlutheranspokane)

### **'COME TO FRIDAY DINNER'**

October's 'Come to Friday Dinner' will be on **October 4 & 18**. On **October 4** the menu will be meatloaf and tater tots. On **October 18**, the menu will be chicken fettucine and steamed carrots. Both dates are **from 5:00 pm-6:00 pm**. If you are interested, please call the church office at **509-928-7733** or place your name and the number of meals you wish on the **sign-up sheet on the table in the Narthex**. You are welcome to stay and enjoy your dinner in the Fellowship Hall or you may take it home to enjoy! **EVERYONE** is welcome!

### **MID-WEEK BIBLE STUDY**

Mid-Week **Bible study** meets each Thursday at **10:00 am**.

### **FALL CLEAN UP DATE AT ADVENT**

Saturday morning, **October 12**, is designated as **Fall Clean Up Day** - from **9 A.M to 12 P.M**. Questions? Please contact **Forrest Diehl** at **509-922-1175**.

If you are available, we would love to have you join us! Please bring any yard tools you wish to help spruce up the grounds of Advent. Thank you.

### **MONTHLY LADIES LUNCHEON**

Our next luncheon will be **Saturday, October 12th** at **11:30 a.m.** at **The Max at Mirabeau**. Please contact **Gerry O'Rourke** at **509-893-0787** so she can make a reservation. The **sign-up sheet** is on the table in the Narthex or you may call the **Church office** at **509-928-7733**. **Thank you.**

### **THE HAPPY PIECEMAKERS QUILT RAFFLE**

The **Happy Piecemakers** will be raffling four quilts on **Sunday, October 13**. Tickets for the raffle are being sold over the next few Sundays (today, October 6 and before worship on October 13). You may see one of the **Happy Piecemakers at the table** in the Narthex starting **next Sunday**. Tickets for the raffle are **\$1.00 each or 6 for \$5.00**. You may also see Cheryl in the office during the week for tickets. Quilts are also for sale for **\$50 each**. The proceeds for the quilts go to help offset the cost of shipping the quilts to **Lutheran World Relief**.

### **MEN'S PRAYER GROUP**

The **Men's Prayer group** continues to meet each **Friday** morning at **6:30 am** at **Denny's Restaurant** on Sprague and Pines. All men are welcome!

### **GOLDENAGERS' DAY OUT**

On Wednesday, September 18th, the GoldenAgers all enjoyed a beautiful day at Shoshone Mountain Retreat. A chartered bus was provided with a pick up location here at Advent and they were driven to camp for a fun day of fun, laughs, food, song, and stories. **Bob Lowe** was the guest speaker. He is the President of Eagle City Mining Company, Ltd & founder of the NorthWest Gold Prospectors Association. Everyone was able to give gold panning a try!

## GOLDENAGERS' DAY OUT- Continued



### **OUTREACH COMMITTEE**

By Missy Bliesner

#### **SPOKANE VALLEY PARTNERS FOOD BANK**

Thank you for your generosity in bringing your food donations for the Spokane Valley Partners Food Bank as we continue to **"FILL THE SHELF"!!** We continue to collect food each week, however, our big food drive is the last **Sunday** of each month. **You may place your food donations in the barrel in the Narthex. Thank you!**



#### **CROSSWALK YOUTH SHELTER DONATIONS**

**We have begun collecting** items for **Crosswalk**: sleeping bags, blankets, coats, hats, gloves, and any warm items that the teens could use this winter. **Thank you for donating!**

#### **ABOUT CROSSWALK YOUTH SHELTER**

Established in 1985 and operating continuously since then, **Crosswalk Youth Shelter Spokane** is one of two licensed emergency shelters serving homeless youth in Eastern Washington. An array of professional case managers, teachers, health care workers, and behavioral health counselors work with Crosswalk youth with the primary goal of ending their homelessness and connecting them to stabilizing and supportive services.

Blessings, Missy Bliesner  
Outreach Committee

### **PASTOR MATT'S CORNER**

By Pastor Matt Larson

Just a short reminder of how Lutherans view civic engagement in this election season:

Lutherans view civic engagement as an essential aspect of their faith, rooted in the belief that Christians are called to serve their neighbors and contribute to the common good. This perspective is grounded in Martin Luther's doctrine of the "two kingdoms," which distinguishes between God's spiritual rule through the church and God's temporal rule through secular authorities. Lutherans believe that participating in elections and civic life is a way to fulfill their responsibilities in the temporal kingdom, promoting justice, peace, and the well-being of society<sup>1</sup>.

Historically, Lutherans have navigated the complexities of political involvement with a focus on maintaining unity and fostering dialogue. Rather than aligning strictly with one political ideology, they have encouraged open discussions on political issues, allowing for diverse viewpoints within the church. This approach aims to prevent divisions over non-theological matters and to promote a respectful exchange of ideas. For example, during contentious periods like the Civil War and the Vietnam War, Lutheran bodies often refrained from taking strong partisan stances, instead fostering environments where members could voice their opinions without fear of alienation<sup>12</sup>.

In contemporary times, the Evangelical Lutheran Church in America (ELCA) emphasizes the importance of civic engagement as part of discipleship. The ELCA encourages its members to be informed, compassionate citizens who actively participate in the democratic process. This includes advocating for policies that serve the common good, voting, and engaging in peaceful dialogue.

The underlined sentences come from learn.elca.org.

Thank you everyone for your continued support for Advent, we are little behind financially (which is not unusual this time of year) so just a heads up if you need to catch up or could help with just a bit more. Your years of generosity are truly gratifying. Thank you!

See you in worship!

Pastor Matt



## MESSIAH LUTHERAN CHURCH

4202 N. BELT • SPOKANE, WASHINGTON 99205-1490 • (509) 327-4446

To area churches.

Re: closing of Messiah Lutheran Church

Dear Friends in Christ:

After much prayer and soul-searching, Messiah Lutheran has decided to close its doors. Our final service will be Nov. 10<sup>th</sup> at 2:00PM. We invite any former pastors, and former members who might wish to attend and worship one last time in MESSIAH'S BEAUTIFUL SANCTUARY. A reception will follow in the fellowship hall.

We have many library books, Christmas Decorations, communion ware and other items. We also have many Choir robes if you would like new(er) ones Blue with white collars. We also have some beautiful confirmation gowns if a congregation wants some. We also will have ELW hymnbooks, old Green hymnals and the like for anyone who might want them. We also have two octaves of chancel bells to sell if you want to bid: Valued at \$4,000 plus bell tables. We have many youth choir books (bound). If in Spokane, we will deliver to you. Anyone who gave a hymns book in memory of someone in their family can reclaim it and take it with you. We have many file cabinets for sale or donation. All items sold will be given to the charities we have suggested.

If you would like to view items to be given away, I will make the foyer of the church and fireside room available to you through the main doors all Tuesdays and Thursdays after worship on Sundays, beginning on October 7<sup>th</sup> at 9:00am and thereafter. We also may be open by appointment as you may by contacting me at my number 509-347-6313. Leave a message if you have any questions?

Please make this available in newsletters, or whatever communications you have. Please let us know if you have an questions. A more formal invitation to you will be forthcoming.

## **PARISH NURSE**

By Debbie Martin, RN, Parish Nurse

### **Respiratory Syncytial Virus Infection (RSV)**

#### **About RSV & What to know**

- RSV is a common respiratory virus that usually causes mild, cold-like symptoms.
- Infants and older adults are more likely to develop severe RSV and need hospitalization.

CDC recommends immunizations to protect infants, some young children, and older adults.

RSV can be dangerous for infants and older adults. RSV does not usually cause severe illness in healthy adults and children. However, some people with RSV infection, especially older adults and infants younger than 6 months of age, can become very sick and may need to be hospitalized.

RSV can also cause more severe illness such as bronchiolitis (inflammation of the small airways in the lungs) and pneumonia (infection of the lungs). It is the most common cause of bronchiolitis and pneumonia in children younger than 1 year of age.

In the most severe cases, a person may require:

- Additional oxygen,
- IV fluids if they can't drink enough to stay hydrated, or Intubation (have a breathing tube inserted through the mouth and down to the airway) with mechanical ventilation (a machine to help a person breathe).

In most of these cases, hospitalization lasts only a few days.

#### **How RSV Spreads & What to know**

- RSV can spread when an infected person coughs or sneezes, by direct contact with someone who has RSV, or by touching a contaminated surface.
- In most regions of the United States, RSV season generally starts during the fall and peaks in the winter.
- Everyone can take action to help prevent the spread of RSV.

#### **RSV transmission-RSV can spread when:**

- A person who has RSV coughs or sneezes near you
- You get virus droplets from a cough or sneeze in your eyes, nose, or mouth
- You have direct contact with the virus, like kissing the face of a child with RSV

You touch a surface that has the virus on it, like a door-knob, and then touch your face before washing your hands. Anyone can get RSV, but typically most people get RSV for the first time as an infant or toddler. Nearly all children will get RSV before their second birthday. However, repeat infections may occur throughout life.

## **PARISH NURSE-Continued**

### **Who is at risk?**

Infants, some young children, and older adults are at increased risk of severe RSV.

People with RSV are usually contagious for 3 to 8 days and may become contagious a day or two before they start showing signs of illness. However, some infants and people with weakened immune systems can continue to spread the virus for 4 weeks or longer, even after they stop showing symptoms. Children are often exposed to and infected with RSV outside the home, such as in school or childcare centers. They can then transmit the virus to other members of the family.

RSV can survive for many hours on hard surfaces, such as tables and crib rails. It typically lives on soft surfaces, such as tissues and hands, for shorter amounts of time.

### **How to prevent spread**

Everyone can take actions to help reduce the spread of RSV and other respiratory viruses.

- Practice good hygiene by covering your coughs and sneezes, washing or sanitizing your hands often, and cleaning frequently touched surfaces.
- Take steps for cleaner air, such as bringing in fresh outside air, purifying indoor air, or gathering outdoors.
- Stay home and away from others when you are sick.

You can also use additional tools like masks, physical distancing, and testing.

### **When is RSV season?**

In most regions of the United States and other areas with similar climates, RSV season generally starts during fall and peaks in the winter. The timing and severity of RSV season in a given community can vary from year to year. Over the course of each fall and winter respiratory virus season, RSV reaches all corners of the continental United States. For these reasons, it is important to be aware of local RSV activity in your area.

### **RSV Vaccines & What to know**

- Vaccines are recommended to protect adults ages 60 years and older from severe RSV.
- There are two immunizations recommended to protect infants from severe RSV: a maternal RSV vaccine (Pfizer's Abrysvo) given during pregnancy or an RSV antibody given to infants after birth.

### **Who can receive RSV immunizations?**

#### **RSV in Older Adults & What to know**

- RSV can be dangerous for older adults, especially those who have certain medical conditions, are elderly or frail, or live in a nursing home.
- CDC recommends everyone ages 75 and older get an RSV vaccine.
- CDC recommends adults ages 60–74 who are at increased risk of severe RSV disease get an RSV vaccine.
- If you have already gotten an RSV vaccine, you do not need to get another one at this time.

**PARISH NURSE-Continued**

**Overview**

RSV can be dangerous for certain adults. Each year, an estimated 100,000–160,000 adults ages 60 and older in the United States are hospitalized due to RSV. Adults at highest risk for severe RSV disease include:

- Adults ages 75 and older
- Adults with chronic heart or lung disease
- Adults with weakened immune systems
- Adults with certain other underlying medical conditions, including some adults with diabetes or obesity
- Adults living in nursing homes

**Severe RSV**

When an adult gets RSV, they typically have mild cold-like symptoms, but some may develop pneumonia (an infection in the lungs). Adults who get very sick from RSV may need to be hospitalized. Severe RSV can be fatal for some adults.

RSV can sometimes also lead to worsening of serious conditions such as:

- Asthma
- Chronic obstructive pulmonary disease (COPD) – a chronic disease of the lungs that makes it hard to breathe
- Heart failure – when the heart can't pump enough blood and oxygen through the body




Adults 60 and older who are at increased risk include those with certain chronic medical conditions, those who are elderly or frail, and those living in nursing homes.

**When to seek emergency care**

Call your healthcare professional if you have difficulty breathing, have trouble eating or drinking, feel chest pain or pressure, experience sudden dizziness or confusion, or experience worsening of symptoms.


**RSV vaccine for older adults**

CDC recommends an RSV vaccine if you are ages 75 or older or if you are ages 60–74 and are at increased risk for severe RSV.

Immunizations to Protect Against Severe RSV			
Who Does It Protect?	Type of Product	Who Is It Recommended For?	When Is It Available?
 Adults 60 and over	RSV vaccine	Adults ages 60-74 who are at increased risk of severe RSV AND Everyone ages 75 and older	Available any time, but best time to get vaccinated is late summer and early fall
 Babies	RSV antibody (nirsevimab) given to baby	All infants whose mother did not receive RSV vaccine during pregnancy, and some children ages 8-19 months who are at increased risk for severe RSV	October through March*
 Babies	RSV vaccine (Pfizer's ABRYSVO) given to mother during pregnancy		

[www.cdc.gov/rsv](http://www.cdc.gov/rsv)

\*Recommended timing of administration in most of the continental United States. Recommended timing of administration may differ in some areas, based on state, local, or territorial guidance.



**INCOME/EXPENSE INFORMATION**

**Advent General Fund Income/Expense**

	<u>August</u>	<u>Year to Date</u>
Income	19,805.26	212,732.03
Expenses	<u>30,741.61</u>	<u>229,223.41</u>
<b>Net</b>	<b>-10,936.35</b>	<b>-16,501.38</b>

**Notes for Advent Lutheran Church**

- Expenses include the budgeted disbursement (10%) of benevolence dollars for the ELCA, Spokane Valley Partners, Advent Lutheran Child Center, Maasai Health Systems, and Lutheran Community Services.
- Income for July was \$29,810.87.
- Total operating expenses for June was \$31,536.11.
- Expenses year to date were higher than income by \$1,725.24.
- Budgeted monthly expenses for 2024 are \$28,662. Total Reserve Amount is \$11,947. This equates to .4 month's of operating expenses.

**Child Center Income/Expense**

	<u>August</u>	<u>Year to Date</u>
Income	87,249.03	676,560.07
Expense	<u>122,367.16</u>	<u>778,170.82</u>
<b>Net</b>	<b>-35,118.13</b>	<b>-69,018.11</b>

**Notes for Advent Lutheran Child Center**

Notes for Advent Lutheran Child Center

- Budgeted monthly expenses for 2024 are \$98,383.61. Total Reserve Amount is \$20,888.31. This equates to .21 month's expenses.



**PEOPLE IN OUR PRAYERS**

**Church Family and Friends:** Barney Barnhart & family, Belle Campbell, Mallory Chapin & family, Pastor Lori Cornell, Georgia Coulston & family, Kathleen Curry, Michele & Eric Emme & family, Faye Grant, Dorothy Grier, Faith Gunby, Leigh & Steve Hopkins, Savannah Kelley, Joanne Limbaugh & family, Jan Madden, Jenae & Alia, Mike & Sandra McCune & family and friends, Ian & SaraLu Moore, Marian Moseman & family, Bill Moore, Jeanne Mummert, Amaryllis & Ken Otteman, Kathy Piper, Myrna Rehn, Tes Sturges, Isabel Toth, Costa & Fotini Tsakares-tos, Babs & Rick Velategui & family, Steve Woodard, and Chris Worth & family.

**For Family Members & Friends Serving in the Military:**

CPT Ashley Allinger, Chaplain US Army, CPT Zane Allinger, USAF, CPL Damien Anderson, Major Ryan Baker, Majors Megan & Robert Barnwell, SGT Alex Baron, USAF, Capt. Jordon Bolster, CPT Christopher Finch, Robert Guyton, TSG Christine Johnson, CW2 Aaron Lang, Sr. Airman Richard Luna III, MSgt. Duncan McFarlane, Bryan McGoon, SSG Aaron Moeller, Sam Nelson, Mst. Sgt. Alex Pohle, AF Staff Sgt. Garytt Shirey, Kurt Strigel, Colin Wells, U.S. Air Force, Ryan Wells, Master Sgt. AF Nat'l Guard Sarah Meddock, TSG Jason Wood, CPT Michael West, Staff SGT Jacob McKenzie, Capt. Stephen King, Airman Chase Strunk, U.S. Air Force, LCPL Jared Martin, Rafe Rector in Marines, Staff Sgt. Dan Zabriskie in the National Guard, and Airman Justin Wise, US Air Force.

**For Family Members & Friends Serving in Mission Fields around the world.**

*If you have a **prayer request**, please send an email to the church office at [alcpokane@comcast.net](mailto:alcpokane@comcast.net) or call the church office at (509) 928-7733.*

**ATTENDANCE**

**IN-PERSON ATTENDANCE**

September 8	107
September 15	98
September 22	103

**ONLINE VIEWS**

September 8	25
September 15	29
September 22	19



## OCTOBER CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> <b>9:00 am</b> Happy Piecemakers <b>4:00 pm</b> ALCC Board Mtg. <b>6:00 pm</b> Cub Scouts	<b>2</b> <b>8:30-9:30 am</b> Fitness Class <b>11:00 am</b> Child Center Chapel	<b>3</b> <b>9:00 am</b> Happy Helpers <b>10:00 am</b> Mid-Week Bible Study <b>5:30 pm-6:30 pm</b> AA Meeting	<b>4</b> <b>6:30 am</b> Men's Prayer Breakfast-Denney's Restaurant  <b>5:00-6:00 pm</b> 'Come to Friday Dinner'	<b>5</b>
<b>6</b> <b>9:30 am</b> Worship Service/Holy Communion <b>After Worship-</b> Coffee Fellowship <b>Council Table Talks</b> <b>10:45 am</b> High School Sunday School at Starbucks on Pines	<b>7</b> <b>8:30-9:30 am</b> Fitness Class <b>9:45-11:45 am</b> Balance Class <b>5:00 pm</b> Executive Committee <b>5:30 pm</b> Budget Committee Meeting <b>6:00 pm</b> Boy Scouts	<b>8</b> <b>9:00 am</b> Happy Piecemakers <b>5:00 pm</b> Council Meeting <b>6:00 pm</b> Cub Scouts	<b>9</b> <b>8:30-9:30 am</b> Fitness Class <b>9:45-11:45 am</b> Balance Class <b>11:00 am</b> Child Center Chapel	<b>10</b> <b>9:00 am</b> Happy Helpers <b>10:00 am</b> Mid-Week Bible Study <b>3:00 pm</b> Advisory Oversight Committee <b>5:30 pm-6:30 pm</b> AA Meeting	<b>11</b> <b>6:30 am</b> Men's Prayer Breakfast-Denney's Restaurant  <b>11:00 am</b> Habitat for Humanity Women's Build-Serving Lunch  <b>4:00 pm</b> Birthday Party set up	<b>12</b> <b>9:00 am-12:00 pm</b> Fall Clean-up Day  <b>11:30 am</b> Ladies Lunch-The Max at Mirabeau  <b>4:00 pm-11:00 pm</b> Private event-Birthday party-Diedre
<b>13 Quilt Sunday</b> <b>9:30 am</b> Worship Service/Holy Communion Coffee Fellowship <b>10:45 am</b> High School Sunday School at Starbucks on Pines	<b>14</b> <b>8:30-9:30 am</b> Fitness Class <b>9:45-11:45 am</b> Balance Class <b>6:00 pm</b> Boy Scouts	<b>15</b> <b>9:00 am</b> Happy Piecemakers <b>6:00 pm</b> Cub Scouts	<b>16</b> <b>8:30-9:30 am</b> Fitness Class <b>9:45-11:45 am</b> Balance Class <b>11:00 am</b> Child Center Chapel <b>6:00pm-7:30 pm</b> Girl Scouts	<b>17</b> <b>9:00 am</b> Happy Helpers <b>10:00 am</b> Mid-Week Bible Study <b>5:30 pm-6:30 pm</b> AA Meeting	<b>18 Ship Quilts</b> <b>6:30 am</b> Men's Prayer Breakfast-Denney's Restaurant  <b>5:00-6:00 pm</b> 'Come to Friday Dinner'	<b>19</b>
<b>20</b> <b>9:30 am</b> Worship Service/Holy Communion <b>After Worship</b> Coffee Fellowship <b>10:45 am</b> High School Sunday School at Starbucks on Pines	<b>21</b> <b>8:30-9:30 am</b> Fitness Class <b>9:45-11:45 am</b> Balance Class <b>6:00 pm</b> Boy Scouts	<b>22</b> <b>9:00 am</b> Happy Piecemakers <b>6:00 pm</b> Cub Scouts	<b>23</b> <b>8:30-9:30 am</b> Fitness Class <b>9:45-11:45 am</b> Balance Class <b>11:00 am</b> Child Center Chapel	<b>24</b> <b>9:00 am</b> Happy Helpers <b>10:00 am</b> Mid-Week Bible Study <b>5:30 pm-6:30 pm</b> AA Meeting  <b>NEWSLETTER DEADLINE</b>	<b>25</b> <b>6:30 am</b> Men's Prayer Breakfast-Denney's Restaurant	<b>26</b> <b>9:00 am-1:00 pm</b> Daughters of Norway
<b>27 Reformation Sunday</b> <b>'Fill the Shelf' Sunday</b> <b>9:30 am</b> Worship Service/Holy Communion <b>After Worship</b> Coffee Fellowship <b>10:45 am</b> High School Sunday School at Starbucks on Pines	<b>28</b> <b>8:30-9:30 am</b> Fitness Class <b>9:45-11:45 am</b> Balance Class <b>6:00 pm</b> Boy Scouts	<b>29</b> <b>9:00 am</b> Happy Piecemakers <b>6:00 pm</b> Cub Scouts	<b>30</b> <b>8:30-9:30 am</b> Fitness Class <b>9:45-11:45 am</b> Balance Class <b>11:00 am</b> Child Center Chapel	<b>31</b> <b>9:00 am</b> Happy Helpers <b>10:00 am</b> Mid-Week Bible Study <b>5:30 pm-6:30 pm</b> AA Meeting		

### OCTOBER HOSPITALITY SCHEDULE

Ministry Description	October 6	October 13 Quilt Sunday	October 20	October 27 Reformation Sunday
	9:30 AM	9:30 AM	9:30 AM	9:30 AM
<b>ASSISTING MINISTER:</b> (1)	Duane Yates			Brendan Wiechert
<b>COMMUNION ASSISTANTS</b> (2)	Sandra McCune Denise Walker	Annitta Hackett Denise Walker	Sandra McCune Francie Shoquist	Sherry Leatha Francie Shoquist
<b>READER:</b> (1)	Marilyn Keith	Linda Tompkins	Barb Potter	
<b>ACOLYTE:</b> (1)				
<b>USHERS</b> (3-4)	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.
<b>GREETERS:</b> (2)	1. Belle Campbell 2.	1. 2.	1. 2.	1. 2.
<b>ALTAR FLOWERS</b>				
<b>FELLOWSHIP HOSTS</b>	1. 2. 3. 4.	1. Arne Weinman 2. Kathy Weinman 3. 4.	1. 2. 3. 4.	1. 2. 3. 4.
(Cookies, etc., 2 dozen each)	Sandra McCune Marilyn Keith	Denise Walker		
<b>“Share with God’s people .....,Practice Hospitality” Romans 12:13 (NIV)</b>				



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RETURN SERVICE REQUESTED



## WORSHIP SCHEDULE

### SUNDAY

**Sunday Morning Worship: 9:30 am** In-Person and Online  
**Thursday Morning Bible Study: 10:00 am** In-Person and Online

**“Called by God’s Grace to Love and Serve”**