

Advent Lutheran Church Newsletter



INSIDE THIS ISSUE:

Letter from the Council President	1
Happy Helpers, Visitation Ministry, Recycling News, Outreach Committee	2-3
Pastor Matt's Corner, Attendance	4
Announcements	5-6
Parish Nurse	7-8
Child Center News	9
Youth Ministry	10
Income & Expense, People in Our Prayers	11
December Calendar	12
December Hospitality	13
Worship Schedule	14



LETTER FROM THE COUNCIL PRESIDENT

By Denise Walker

Hello Advent,

December brings us a special time for several celebrations, especially... "Jesus is the reason for the season". The birth of Jesus is the most important gift that we will ever receive and it should be celebrated not only at Christmastime, but all throughout the year.

Several other areas of Christmas that can be celebrated is the hearing, listening and seeing all the ways people celebrate their traditions. Besides spending time with family and friends, we can celebrate by watching our favorite Christmas movie (mine is the original Miracle on 34th Street starring Natalie Wood), shopping and wrapping gifts, decorating the Christmas tree or writing notes in Christmas cards that are sent to those we don't see on a regular basis. A quote from my favorite movie above, "Christmas is a frame of mind". It reminds me that Christmas is a joyous time to celebrate the spirit of the season; Jesus's birth, plus it is a time to share peace, joy and blessings with everyone around me. While I love reading the book of Luke, especially at Christmastime, my favorite verse is Luke 2:10, "And the angel of the Lord said to them, fear not for behold I bring you good tidings of great joy, which shall be for all people". This reminds me that despite with all the busy seasonal things going on around us, stop to remember what and why we are celebrating.

At the recent Council meeting, following are a few items we discussed:

- 1 - approved both the Child Center and Church budgets so we can present them to the Congregation for approval at the December 8th Congregational meeting.
- 2 - discussed and approved the fundraisers that started on November 17th. The money raised will be put towards the purchase of the new Advents bus. We have other sources of funds; the Church investments distribution and the Endowment Fund yearly distribution that will assist us in reaching our goal.
- 3 - discussed and approved the Church bank debit cards. A committee has been formed to write the policy on usage and spending limits on any purchases.
- 4 - reviewed several important dates on Advent events:
 - a. Art on Broadway/Friday Night Dinner on November 22nd
 - b. Mystery Box/Christ Kitchen fundraisers November 17th - December 15th
 - c. Tree of Sharing beginning November 24th
 - d. Decorate Advent on November 29th
 - e. Santa Lucia on December 15th
 - f. Chili Cook-off/Hayride and Caroling on December 22nd

In closing on my final article of 2024, a quote by Mother Theresa that captures the spirit of the holiday, "It is Christmas every time you let God's love shine through you". May the peace and blessings of Christmas be yours and may the coming year be filled with love and happiness.

Merry Christmas!
Denise

HAPPY HELPERS

By Forrest Diehl

Thanks to **Vicar Brendan Wiechert** and **Cheryl Tobin**, here are the names of the magicians who turned 200 pounds of apples into 168 16-oz containers of applesauce on Thursday, September 26: **Dave & Sharon Cook, Bill & Rita Thurston, Butch & Paula Kenney-Yarnell, Bob Hubert, Wade Wipperling, Bill Murphy, George Harrison, Pastor Larry Nelson, Daryl Ziemer, Linda Semmen, Marlene Diehl, and Cathy Johnson**. Thanks to these hard-working folks and **you**, the Happy Helpers netted **\$532+** in applesauce sales. **Terry Powell's** name must be included here because he was the one who got the apples for us. **Thanks to everyone!**

Military Puns:

- The army sergeant was busted down a rank as corporal punishment.
- Q: What's it called when a military cow is stripped of rank?
A: It's called a de-moo-tion.
- The soldier refused to answer where he'd been because he felt it was a private matter.
- The howitzer squad trained hard to discharge their duties.
- Soldiers hate digging latrines because it's a hole waste of time.
- The coast guard captain asked his wife why someone would call and ask, "Is the coast clear?"
- Drone pilots fly by the seat of their pants. You have to monitor all of their work.
Pilots who remotely operate aircraft are discouraged from disclosing what they do.
- When naval ships leave their anchorage, they first have to put their anchors aweigh.
- On occasion, navy chow can be exceptional in a good way; but let's not go overboard here.
- The training of sailors is a highly complex process, but in the end, it's all awash.
- At the Naval Academy, those selecting the submarine service strive to rise to the top of their class.
- All submariners love the underwater service because the tradition, for them, runs deep.
- Three marines got into a fight at the local bar in town and knew they were off-base.
- The Seabees use bulldozers whenever they get into a close scrape.

HAPPY HELPERS-Continued

The Happy Helper notes for November 2024 are: repaired window latch in Child Center classroom (**George Harrison**); repaired parking sign stand (**Wade Wipperling, Bill Thurston, Dave Cook, Jack Ishitani, Daryl Ziemer**); removed pumpkins from patio court-yard (**Wade Wipperling**); repaired legs on round table (**Bill Thurston**); set on/off times for outside east entrance lights (**Butch Yarnell**); moved Christmas Sharing Tree from Carl's cabin to church and set it up (**Dave Cook, George Harrison Daryl Ziemer, Jack Ishitani**); repaired child doorway gate to rest room in Child Center classroom (**George Harrison**); installed two child door gates to storage room doors in Child Center (**Butch Yarnell, Dave Cook, Daryl Ziemer**); removed and replaced broken door lever/knob to Girls' restroom – Child Center (**Butch Yarnell**); lubricated music sheet/book pull-out rack on the piano in the sanctuary (**Wes Todd, George Harrison, Dave Cook**); replaced west and east soffit light bulbs (**Dave Cook, Butch Yarnell**); covered outside patio tables and chairs (**Butch Yarnell, Dave Cook, Jack Ishitani, Wade Wipperling, Daryl Ziemer**); moved snow tires from storage to Child Center van (**Wade Wipperling, Butch Yarnell, Dave Cook, Daryl Ziemer, Jack Ishitani**); moved summer tires from Child Center van to storage (**Wade Wipperling, Bill Thurston, Dave Cook**); parked utility trailer at church parking lot for disposal of leaves (**Butch Yarnell**); raked leaves on west-side lawn and parking lot and disposed of them (**Dave Cook, Wade Wipperling, Jack Ishitani**); replaced/installed 4 new smoke alarms in Child Center (**Butch Yarnell, Bill Thurston**); installed 4 new light bulbs in outside east portico ceiling (**Bill Thurston, Butch Yarnell, Dave Cook**); set-up tables and chairs for Sunday Fellowship Coffee Hours (**Wes Todd, George Harrison, Butch Yarnell, Daryl Ziemer, Bob Hubert, Dennis Johnson, Dave Cook, Bill Thurston, Jack Ishitani**); raked and disposed of leaves around west entrance (**Dave Cook, Wade Wipperling, Jack Ishitani**); removed cobwebs/dust from ceiling fixtures and surfaces in sanctuary (**Bill Thurston, Pastor Matt**); etc.

HAPPY HELPERS-Continued

The Happy Helpers are looking forward to the Advent Season! Also, we are looking forward to the **Congregational Meeting on December 8th**. The **Happy Helpers** meet each **Thursday morning**, 9:00 A.M., at the church. Coffee, tea, and "goodies" are provided. **Dave Cook** provided the refreshments for the month of November. **Thanks Dave!** Visitors and new members are always welcome. If you can't make it by 9:00 A.M., come anytime. Usually, we finish talking by 9:30 A.M. and finish working/puttering by 10:30/11:00 A.M.

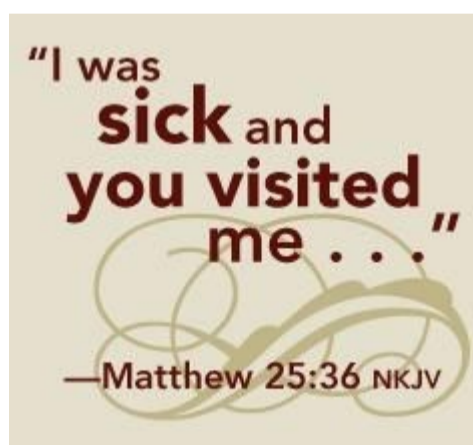
VISITATION MINISTRY

A Christian visitation ministry is a program that provides support and encouragement for those unable to attend church: the homebound, ill or hospitalized / Visiting them lets them know we care.

Here at Advent we form teams of two people when visiting. Communion is always offered. We have special communion kits that contain the elements of communion that have been blessed by the pastor. Look for the kits on the altar the first Sunday of the month. This helps to keep us aware of the ministry and the blessings we receive and pass on to others.

Approximately every other month all the two person teams meet to share, learn from each other and pray. We have 10 members that actively visit now but could use more willing visitors. Perhaps you would consider this your calling. It's a wonderful way to do God's work.

If you or a loved one who would like us to visit, tell Pastor Matt or Marilyn Keith and they will arrange it.



RECYCLING NEWS

By Roger Scheurer

It's almost the end of the year and a good time for all of us to gather up all of our aluminum beverage cans and bring them in for the **Happy Helpers** fund raising program. We have bins at the NW corner of the parking lot for us to put the bagged cans into. From there we take them to Pacific Recycling for redemption. The first six months of this year we were doing **\$20.00** to **\$25.00** per month. Then in July-September we were hitting **\$50.00** per month.

Now it seems that with the cooler weather we're back down again. I guess I can't encourage you to drink more cool beverages but I would plead that you donate all of your aluminum cans to our program. Thank you, Roger Scheurer

OUTREACH COMMITTEE

By Missy Bliesner

SPOKANE VALLEY PARTNERS FOOD BANK

Thank you for your generosity in bringing your food donations for the Spokane Valley Partners Food Bank as we continue to **"FILL THE SHELF"!!** We continue to collect food each week, however, our big food drive is the last **Sunday** of each month. **You may place your food donations in the barrel in the Narthex. Thank you!**



We want to thank everyone who donated to the for the **Crosswalk Teen Shelter** in Spokane. What a blessing your donations have made! We received donations of the following: 15 sleeping bags, tons of warm clothing and over 30 blankets plus other miscellaneous warm items.

Blessings, Missy Bliesner
Outreach Committee

PASTOR MATT'S CORNER

By Pastor Matt Larson

As we enter the Advent season, we remember that we aren't quite there. I know that it looks like and sounds like Christmas already, but it is not. Well, at least for those in the church. Advent is a time to prepare for the birth as is Lent is a time to prepare for Easter. Together as we journey through Advent again, we will hear key words like Awake! Prepare! Be on guard! Be Alert! For what do you say when the best gift is soon to be opened? Especially when it is the gift of Jesus! I remember when I was a kid and I would be, if not the first, a close second waking up on Christmas morning and going to the tree to see what was "deposited". What was there now that wasn't there the day before. And after assessing the new presents then it would be time to "order" the presents. Which were biggest, which would be opened first, second, etc. It was always a magical time for me. But as I sit here and write this article, I am trying my darndest to think through the years of what my second favorite present was? Or the one I selected to be after the first one. I want to say it was never clothing, though I could be wrong. What do you think is the second-best gift God has given us after Jesus? (Probably not clothing either.) I would like to suggest it is the Church. The body of Christ. God has given us this wonderful gift of community, worship, fellowship, service, sacrifice, prayer, and food!! Church is a gift of God! I hope and pray that all of you continue living into this gift that we have together.

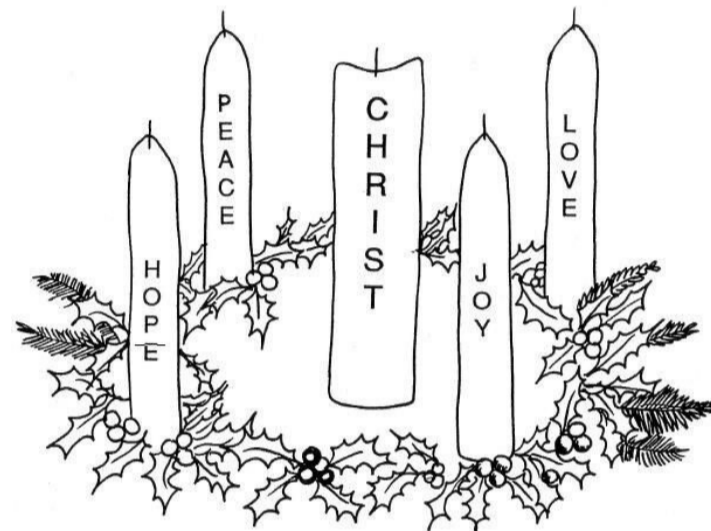
However, as every parent knows that some of the greatest gifts that we can give our children (and others) come with very specific instructions – Some Assembly Required. The dreaded IKEA like instructions of toys, games, models, outdoor activities, and a plethora of other not quite assembled gifts. This too is a part of the second-best gift God has given us, the Church. Yes, the Church is a gift from God, but we are constantly putting things together. Making a community of Christ that welcomes and extends hospitality. That is comforting and consoling. That helps put broken pieces together amid loss, grief, and pain. That supports programs, ministries, staff, and a campus that shines the light of Christ. It is a constant state of assembling all the gifts we have together and joining it with the greatest gift, Jesus.

PASTOR MATT'S CORNER-Continued

Thank you to all our staff, leaders, volunteers, pray-ers, givers, lovers, dreamers, helpers, and fixers (so, everyone). We are all the Church, the second greatest gift of God! But let us never forget...Some Assembly will be Required!

May this season fill you with hope, peace, joy, and love!

Pastor Matt



IN-PERSON ATTENDANCE

November 3	124
November 10	107
November 17	117
November 24	98

ONLINE VIEWS

November 3	24
November 10	33
November 17	27
November 24	23



ANNOUNCEMENTS

Online Worship:

www.youtube.com/c/adventlutheranspokane

GOLDENAGERS OUTING

The **GoldenAgers** are planning an outing to go to the **Coeur d' Alene Resort Hotel** for dinner at **Dockside** on **December 3rd**. Please be at the church and ready to leave on the bus by **3:15 pm**. The bus will leave promptly at **3:30 pm**. If you are interested, please see the **sign-up sheet** on the table in the Narthex. Questions? Please contact **Linda Semmen at 509-389-4191**.

MEMORIAL SERVICE

A memorial service for **Marian Moseman** will be held here at Advent on Saturday, **December 7th, at 1:00 pm**. Please see the sign-up sheet if you are able to assist with the memorial reception or to bring cookies.

CONGREGATIONAL MEETING

Plan to stay for our Congregational Meeting on Sunday, December 8th, immediately following the worship service. A quorum of **56 members** is needed. The purpose of this meeting is to approve the **2025 Church and Child Center Budgets** and **June 2nd Semi-Annual Congregational Meeting Minutes**.

TREE OF SHARING

If you are interested in providing a gift for someone less fortunate this Christmas season, we have our **Tree of Sharing** set up in the entry way of the church. This is an annual outreach activity of Advent. For families, this can be an important way to teach children to provide for those in need. Tags are now available on the tree and the **deadline to return your gift is Sunday, December 15th. IT IS IMPERATIVE THE NAME TAG IS ATTACHED TO THE GIFT and that you indicate which tag you have taken**. Thank you in advance for your support! **Questions?** Contact the **Church office at 928-7733**. **Marlene Diehl** is once again organizing our **Tree of Sharing** this year! Thank you **Marlene!**

MEN'S PRAYER GROUP

The **Men's Prayer group** continues to meet each **Friday** morning at **6:30 am** at **Denny's Restaurant on North Argonne**. All men are welcome!

ANNOUNCEMENTS-Continued

MONTHLY LADIES LUNCHEON

Our next luncheon will be **Saturday, December 14th at 11:30 a.m.** at **The Max at Mirabeau**. Please contact **Gerry O'Rourke at 509-893-0787** so she can make a reservation. The **sign-up sheet** is on the table in the Narthex or you may call the **Church office at 509-928-7733**. **Thank you.**

POINSETTIAS

We have **ordered 20 Poinsettias** to decorate our Sanctuary during our Advent season. You may purchase a poinsettia through the church or bring them from home. If you are wanting to purchase a plant through the church, please see the **order sheets** on the table in the Narthex. The orders are due by **Sunday, December 15**. **The cost is \$15 per plant.**

SANTA LUCIA

This year, we will once again incorporate our **Santa Lucia** tradition after our Worship service on **December 15**, in conjunction with our Coffee Fellowship hour. We plan to have an assortment of cookies during our Fellowship time. All are welcome! **Please bring cookies of your choice or other goodies to share**. There is a sign-up sheet on the table in the Narthex.



'COME TO FRIDAY DINNER'

There will be **NO 'Come to Friday Dinner'** this month.

ANNOUNCEMENTS-Continued

ADVENT & CHRISTMAS WORSHIP SCHEDULE

December 1

First Sunday of Advent: 9:30 am

Worship Service with Holy Communion

December 8

Congregational Meeting

Second Sunday of Advent: 9:30 am

Worship Service with Holy Communion

December 15

Third Sunday of Advent: 9:30 am

Worship Service with Holy Communion

Santa Lucia

No High School Sunday School

December 22

Fourth Sunday of Advent: 9:30 am

Worship Service with Holy Communion

Christmas Eve Service

5:00 pm

December 29

Lessons & Carols/Holy Communion

No High School Sunday School

NEWSLETTER DEADLINE

If you wish to submit an article or announcement for the **January 2025** newsletter, please submit it to the Church office no later than **Tuesday, December 17th**.

OFFICE CLOSURE

The **Church Office** will be closed **December 24, 2024 through January 1st, 2025** and will reopen on **January 2, 2025**. If you have a pastoral emergency, please contact Pastor Matthew Larson at **509-280-4140**.

The **Child Center** will be closed **Tuesday, December 24 through Thursday, December 26**.

HAPPY HELPERS

The **Happy Helpers** will **NOT** be meeting on **December 26**. They will meet again on **January 2, 2025**.

SUNDAY SCHOOL

There will be **no** Sunday School **December 29th**.

ANNOUNCEMENTS-Continued

MID-WEEK BIBLE STUDY

Mid-Week **Bible study** meets each **Thursday morning at 10:00 am**. **December 19** will be the last day until we resume again on **January 9, 2025**.

CHILI COOKOFF AND CAROLING

Advent continues our tradition of a **Chili Cook-Off and caroling, on Sunday evening, December 22nd, at 5:00 pm**. Everyone is invited to partake in this all-ages event! We will begin **servicing chili at 5:00 p.m.**, so if you are a **chili participant**, please be at the church at **4:45 pm**, so we can get the chili set up. **Following dinner, Dave Opsal** will transport us around the church neighborhood as we sing Christmas carols, in a trailer pulled by his tractor. Dress warm!

FUNDRAISERS

“Fund the Bus!” We have begun our fundraising for Advent’s new bus! Raffle tickets will be sold for our Mystery Boxes through December 15. Some amazing gifts are in our Mystery Boxes. Tickets are \$5 each or 5 tickets for \$20. Please stop by the raffle table in the Narthex to purchase your tickets.

“Fund the Bus!” Christ Kitchen is once again offering their amazing soup and bread mixes as a fundraiser for Advent through **December 9th**. Please see the **‘Fundraiser table’** in the Narthex to place your order. The profits will go into the **‘Fund the Bus’ Fund**. Payment is required when you place your order. Please make **checks payable to ‘Christ Kitchen’**. **Orders will be delivered by December 15th**.



PARISH NURSE

By Debbie Martin, RN, Parish Nurse

ANEMIA: Overview

Anemia is a problem of not having enough healthy red blood cells or hemoglobin to carry oxygen to the body's tissues. Hemoglobin is a protein found in red cells that carries oxygen from the lungs to all other organs in the body. Having anemia can cause tiredness, weakness and shortness of breath.

There are many forms of anemia. Each has its own cause. Anemia can be short term or long term. It can range from mild to severe. Anemia can be a warning sign of serious illness. Treatments for anemia might involve taking supplements or having medical procedures. Eating a healthy diet might prevent some forms of anemia.

Symptoms

Anemia symptoms depend on the cause and how bad the anemia is. Anemia can be so mild that it causes no symptoms at first. But symptoms usually then occur and get worse as the anemia gets worse.

If another disease causes the anemia, the disease can mask the anemia symptoms. Then a test for another condition might find the anemia. Certain types of anemia have symptoms that point to the cause.

Possible symptoms of anemia include:

- Tiredness
- Weakness.
- Shortness of breath
- Pale or yellowish skin, which might be more obvious on white skin than on Black or brown skin
- Irregular heartbeat
- Dizziness or lightheadedness
- Chest pain
- Cold hands and feet
- Headaches

When to see a doctor

Make an appointment with your health care provider if you're tired or short of breath and don't know why.

Low levels of the protein in red blood cells that carry oxygen, called hemoglobin, is the main sign of anemia. Some people learn they have low

PARISH NURSE-Continued

hemoglobin when they donate blood. If you're told that you can't donate because of low hemoglobin, make a medical appointment.

Causes

Anemia occurs when the blood doesn't have enough hemoglobin or red blood cells.

This can happen if:

The body doesn't make enough hemoglobin or red blood cells.

Bleeding causes loss of red blood cells and hemoglobin faster than they can be replaced.

The body destroys red blood cells and the hemoglobin that's in them.

What red blood cells do

The body makes three types of blood cells. White blood cells fight infection, platelets help blood clot and red blood cells carry oxygen throughout the body.

Red blood cells have an iron-rich protein that gives blood its red color, called hemoglobin. Hemoglobin lets red blood cells carry oxygen from the lungs to all parts of the body. And it lets red blood cells carry carbon dioxide from other parts of the body to the lungs to be breathed out. Spongy matter inside many of the large bones, called bone marrow, makes red blood cells and hemoglobin. To make them, the body needs iron, vitamin B-12, folate and other nutrients from foods.

Causes of anemia

Different types of anemia have different causes. They include:

Iron deficiency anemia. Too little iron in the body causes this most common type of anemia. Bone marrow needs iron to make hemoglobin. Without enough iron, the body can't make enough hemoglobin for red blood cells.

Pregnant people can get this type of anemia if they don't take iron supplements. Blood loss also can cause it. Blood loss might be from heavy menstrual bleeding, an ulcer, cancer or regular use of some pain relievers, especially aspirin.

Vitamin deficiency anemia. Besides iron, the body needs folate and vitamin B-12 to make enough healthy red blood cells. A diet that doesn't have enough of these and other key nutrients can result in the body not making enough red blood cells.

PARISH NURSE-Continued

Also, some people can't absorb vitamin B-12.

This can lead to vitamin deficiency anemia, also called pernicious anemia.

Anemia of inflammation. Diseases that cause ongoing inflammation can keep the body from making enough red blood cells. Examples are cancer, HIV/AIDS, rheumatoid arthritis, kidney disease and Crohn's disease.

Aplastic anemia. This rare, life-threatening anemia occurs when the body doesn't make enough new blood cells. Causes of aplastic anemia include infections, certain medicines, autoimmune diseases and being in contact with toxic chemicals.

Anemias linked to bone marrow disease. Diseases such as leukemia and myelofibrosis can affect how the bone marrow makes blood. The effects of these types of diseases range from mild to life-threatening.

Hemolytic anemias. This group of anemias is from red blood cells being destroyed faster than bone marrow can replace them. Certain blood diseases increase how fast red blood cells are destroyed. Some types of hemolytic anemia can be passed through families, which is called inherited.

Sickle cell anemia. This inherited and sometimes serious condition is a type of hemolytic anemia. An unusual hemoglobin forces red blood cells into an unusual crescent shape, called a sickle. These irregular blood cells die too soon. That causes an ongoing shortage of red blood cells.

Risk factors

These factors can increase risk of anemia:

A diet that doesn't have enough of certain vitamins and minerals. Not getting enough iron, vitamin B-12 and folate increases the risk of anemia.

Problems with the small intestine. Having a condition that affects how the small intestine takes in nutrients increases the risk of anemia. Examples are Crohn's disease and celiac disease.

Menstrual periods. In general, having heavy periods can create a risk of anemia. Having periods causes the loss of red blood cells.

Pregnancy. Pregnant people who don't take a multivitamin with folic acid and iron are at an increased risk of anemia.

Ongoing, called chronic, conditions. Having cancer, kidney failure, diabetes or another chronic condition increases the risk of anemia of chronic disease. These conditions can lead to having too few red blood cells.

PARISH NURSE-Continued

Slow, chronic blood loss from an ulcer or other source within the body can use up the body's store of iron, leading to iron deficiency anemia.

Family history. Having a family member with a type of anemia passed through families, called inherited, can increase the risk of inherited anemias, such as sickle cell anemia.

Other factors. A history of certain infections, blood diseases and autoimmune conditions increases the risk of anemia. Drinking too much alcohol, being around toxic chemicals, and taking some medicines can affect the making of red blood cells and lead to anemia.

Age. People over age 65 are at increased risk of anemia.

Complications

If not treated, anemia can cause many health problems, such as:

Severe tiredness. Severe anemia can make it impossible to do everyday tasks.

Pregnancy complications. Pregnant people with folate deficiency anemia may be more likely to have complications, such as premature birth.

Heart problems. Anemia can lead to a rapid or irregular heartbeat, called arrhythmia. With anemia, the heart must pump more blood to make up for too little oxygen in the blood. This can lead to an enlarged heart or heart failure.

Death. Some inherited anemias, such as sickle cell anemia, can lead to life-threatening complications. Losing a lot of blood quickly causes severe anemia and can be fatal.

Prevention

Many types of anemia can't be prevented. But eating a healthy diet might prevent iron deficiency anemia and vitamin deficiency anemias. A healthy diet includes:

Iron. Iron-rich foods include beef and other meats, beans, lentils, iron-fortified cereals, dark green leafy vegetables, and dried fruit.

Folate. This nutrient, and its human-made form folic acid, can be found in fruits and fruit juices, dark green leafy vegetables, green peas, kidney beans, peanuts, and enriched grain products, such as bread, cereal, pasta and rice.

Vitamin B-12. Foods rich in vitamin B-12 include meat, dairy products, and fortified cereals and soy products.

Vitamin C. Foods rich in vitamin C include citrus fruits and juices, peppers, broccoli, tomatoes, melons, and strawberries. These also help the body take in iron.

If you're concerned about getting enough vitamins and minerals from food, ask your health care provider about taking a multivitamin.

ADVENT LUTHERAN CHILD CENTER NEWS

By Heidi Perry, Director

Thank you to everyone who participated in our latest art show, I truly feel that this was our best year yet! The artwork was amazing, we had great attendance, and it was a great opportunity for both the child center and church to do something together. If you didn't make it to the show itself, I hope you were able to enjoy the artwork at church or throughout the week as it continued to be displayed.

The child center received over **\$200** in donations during the art show with interest in other ways to support our bus fundraising efforts throughout the year. We are so thankful for the support of our families and the church in this joint effort and we will continue putting our fundraising dollars from other events towards the bus.

In November, I put a big emphasis on showing our teachers how thankful I was for all that they do for the child center, and the same is true for our relationship with the church. I am so thankful for the check ins, the compliments, the help, the donations, and the thoughts and prayers that each and every one of you put towards the child center. We are blessed to be part of the church and wouldn't be able to do half of what we do without you.

Thanks!
Heidi Perry, Director

'ART ON BROADWAY'



YOUTH MINISTRY

By Kara Wilson

Merry Christmas from St. Arbucks,

Sorry I missed last month but hope the fall has treated you all well, it has us. We've been busy. October we carved pumpkins and roasted pumpkins seeds, thank you for generously voting on your favorite. The youth wrapped up the month up at Green Bluff in a haunted corn maze, thanks again **Pastor Matt** for taking the group.

November is just as busy. We learned to make **Lefse** and it was not only a lot of fun, but delicious! We hope those who purchased our end product enjoyed it as much as we did. Thank you so much to Amber Haveman for running point on this effort! The leaf raking is hard underway as we fundraise not only to support our fun events but also in preparation for the 2027 Youth Gathering. You read that right 2027 WOW!

December holds more fun for us as we may (don't hold me to it) go to the parade of lights, we are working on that. We will be making gingerbread houses. And on **Friday the 20th** is our annual **All-Nighter**. (always looking for help with this, Kara needs at least a couple hours of sleep that night, lol).

Can't wait to share more with you, have a Blessed Advent season and a Merry Christmas.

What did the coffee say to the Christmas tree? You're a latte fun!



INCOME/EXPENSE INFORMATION

Advent General Fund Income/Expense

	<u>October</u>	<u>Year to Date</u>
Income	26,152.97	266,028.00
Expenses	<u>28,292.84</u>	<u>281,846.54</u>
Net	-2,139.87	-15,818.54

Notes for Advent Lutheran Church

- Expenses include the budgeted disbursement (10%) of benevolence dollars for the ELCA, Spokane Valley Partners, Advent Lutheran Child Center, Maasai Health Systems, and Lutheran Community Services.
- Budgeted monthly expenses for 2024 are \$28,662. Total Reserve Amount is \$19,233. This equates to .67 month's of operating expenses.

Child Center Income/Expense

	<u>October</u>	<u>Year to Date</u>
Income	89,510.35	872,591.62
Expense	<u>89,567.29</u>	<u>950,249.80</u>
Net	-56.94	-77,658.18

Notes for Advent Lutheran Child Center

- Notes for Advent Lutheran Child Center
- Budgeted monthly expenses for 2024 are \$98,383.61. Total Reserve amount is -\$31,525.18.
 - As we move farther into the Fall and the new school year, enrollment has increased, thus increasing our tuition income. This has helped to balance things with our staffing costs.
 - Issues with the scholarship program some families have been using have been mostly worked out, also helping with our income.



PEOPLE IN OUR PRAYERS

Church Family and Friends: Barney Barnhart & family, Linda Bradford, Belle Campbell, Mallory Chapin & family, Pastor Lori Cornell, Georgia Coulston,, Michele & Eric Emme & family, Faye Grant, Dorothy Grier, Inez Hodge, Leigh & Steve Hopkins, Jenae & Alia, Savannah Kelley, Jeff & Abby Lanctot, Joanne Limbaugh & family, Jan Madden, Mike & Sandra McCune & family and friends, Ian & SaraLu Moore, Moseman family, Jeanne Mummert, Lennyn Renee Neufofer, Amaryllis & Ken Otteman, Jared & Cindy Pauletto, Myrna Rehn, Warren Seaholm, Neal Sullivan, Isabel Toth, Costa & Fotini Tsakarestos, Steve Woodard, and Chris Worth & family.

MILITARY PRAYER LIST

Advent would like to update our military prayer list. Please take a look at this list and notify the church office of any changes. Thank you.

For Family Members & Friends Serving in the Military:

CPT Ashley Allinger, Chaplain US Army, CPT Zane Allinger, USAF, CPL Damien Anderson, Major Ryan Baker, Majors Megan & Robert Barnwell, SGT Alex Baron, USAF, Capt. Jordon Bolster, CPT Christopher Finch, Robert Guyton, TSG Christine Johnson, CW2 Aaron Lang, Sr. Airman Richard Luna III, MSgt. Duncan McFarlane, Bryan McGoon, SSG Aaron Moeller, Sam Nelson, Mst. Sgt. Alex Pohle, AF Staff Sgt. Garytt Shirey, Kurt Strigel, Colin Wells, U.S. Air Force, Ryan Wells, Master Sgt. AF Nat'l Guard Sarah Meddock, TSG Jason Wood, CPT Michael West, Staff SGT Jacob McKenzie, Capt. Stephen King, Airman Chase Strunk, U.S. Air Force, LCPL Jared Martin, Rafe Rector in Marines, Staff Sgt. Dan Zabriskie in the National Guard, and Airman Justin Wise, US Air Force.

*If you have a **prayer request**, please send an email to the church office at **alcspokane@comcast.net** or call the church office at **(509) 928-7733**.*

DECEMBER CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 First Sunday of Advent 9:30 am Worship Service/Holy Communion After Worship- Coffee Fellowship Council Table Talks 10:45 am High School Sunday School at Starbucks on Pines	2 8:30-9:30 am Fitness Class 6:00 pm Boy Scouts	3 9:00 am Happy Piecemakers 4:00 pm ALCC Board Mtg. 6:00 pm Cub Scouts 6:00 pm Heads of Committee Meeting	4 8:30-9:30 am Fitness Class 11:00 am Child Center Chapel 5:00 pm Lutherhaven Finance mtg.	5 9:00 am Happy Helpers 10:00 am Mid-Week Bible Study 5:30 pm-6:30 pm AA Meeting	6 6:30 am Men's Prayer Breakfast-Denney's Restaurant-Argonne Rd.	7 1:00 pm Memorial Service for Marian Moseman
8 Second Sunday of Advent 9:30 am Worship Service/Holy Communion Congregational Meeting Coffee Fellowship 10:45 am High School Sunday School at Starbucks on Pines	9 8:30-9:30 am Fitness Class 5:00 pm Executive Committee 6:00 pm Boy Scouts	10 9:00 am Happy Piecemakers 5:00 pm Council Meeting 6:00 pm Cub Scouts	11 8:30-9:30 am Fitness Class 11:00 am Child Center Chapel	12 9:00 am Happy Helpers 10:00 am Mid-Week Bible Study 5:30 pm-6:30 pm AA Meeting	13 6:30 am Men's Prayer Breakfast-Denney's Restaurant-Argonne Rd.	14 11:30 am Ladies Lunch-The Max at Mirabeau
15 Third Sunday of Advent 9:30 am Worship Service/Holy Communion After Worship Santa Lucia Mystery Box Raffle	16 8:30-9:30 am Fitness Class 6:00 pm Boy Scouts	17 9:00 am Happy Piecemakers 6:00 pm Cub Scouts NEWSLETTER DEADLINE	18 8:30-9:30 am Fitness Class 11:00 am Child Center Chapel 6:00 pm-7:30 pm Girl Scouts	19 9:00 am Happy Helpers 10:00 am Mid-Week Bible Study 5:30 pm-6:30 pm AA Meeting	20 6:30 am Men's Prayer Breakfast-Denney's Restaurant-Argonne Rd.	21
22 'Fill the Shelf' Sunday Fourth Sunday of Advent 9:30 am Worship Service/Holy Communion After Worship Coffee Fellowship 10:45 am High School Sunday School at Starbucks on Pines	23 8:30-9:30 am Fitness Class 6:00 pm Boy Scouts	24 Christmas Eve Church Office & Child Center Closed 5:00 pm Christmas Eve Worship Service	25 Christmas Day Church Office & Child Center Closed	26 Church Office & Child Center Closed 5:30 pm-6:30 pm AA Meeting	27 6:30 am Men's Prayer Breakfast-Denney's Restaurant-Argonne Rd. Church Office Closed	28
29 9:30 am Worship Service/Holy Communion After Worship Coffee Fellowship	30 Church Office Closed	31 New Year's Eve Church Office & Child Center Closed	January 1, 2025 New Year's Day Church Office & Child Center Closed	January 2, 2025 9:00 am Happy Helpers 5:30 pm-6:30 pm AA Meeting		

DECEMBER HOSPITALITY SCHEDULE

Ministry Description	December 1 First Sunday of Advent	December 8 Second Sunday of Advent Congregational Meeting	December 15 Third Sunday of Advent Santa Lucia	December 22 Fourth Sunday of Advent	December 24 Christmas Eve	December 29 Lessons & Carols
	9:30 AM	9:30 AM	9:30 AM	9:30 AM	5:00 PM	9:30 AM
ASSISTING MINISTER: (1)	Duane Yates		Butch Yarnell	Kara Wilson	Kara Wilson	Butch Yarnell
COMMUNION ASSISTANTS (2)	1.Karen Nelson 2.Carol Scheurer	1.Linda Camp 2.Betty Quinn	1.Linda Camp 2.Betty Quinn	1.Carol Scheurer 2.Linda Sweet	1.Karen Nelson 2.Betty Quinn	1.Karen Nelson 2.Carol Scheurer
READER: (1)	Butch Yarnell	Larry Nelson	Marilyn Keith	Marilyn Keith	Barb Potter	Butch Yarnell
ACOLYTE: (1)						
USHERS (3-4)	1.Darrel Shoquist 2.Francie Shoquist	1. 2.	1. 2.	1.Bill Johnson 2.Linda Semmen	1. Jodi Meddock	1. 2.
GREETERS: (2)	1. Jodi Meddock 2.	1. 2.	1. 2.			1. 2.
ALTAR FLOWERS		Poinsettias	Poinsettias	Poinsettias	Poinsettias	Poinsettias
FELLOWSHIP HOSTS	1. Missy Bliesner 2. 3.	Church Council	Hospitality Committee	1. 2. 3. 4.	XX	1. 2. 3. 4.
(Cookies, etc., 2 dozen each)	Jan Ziemer	Sandra McCune	Santa Lucia	Marilyn Keith	XX	
“Share with God’s people,Practice Hospitality” Romans 12:13 (NIV)						

Advent Lutheran Church
13009 E Broadway
Spokane Valley, WA 99216

Church Phone: 509-928-7733
Child Center Phone: 509-928-0231
Fax: 509-892-5219
www.adventlutheranspokane.org

NONPROFIT ORG.
U.S. POSTAGE PAID
VERADALE, WA
PERMIT NO. 19

RETURN SERVICE REQUESTED



WORSHIP SCHEDULE

SUNDAY

Sunday Morning Worship: 9:30 am In-Person and Online
Thursday Morning Bible Study: 10:00 am In-Person and Online

“Called by God’s Grace to Love and Serve”