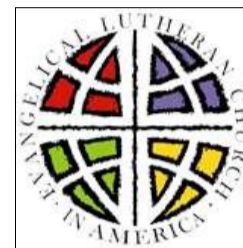


Advent Lutheran Church Newsletter



LETTER FROM THE COUNCIL PRESIDENT

By Denise Walker

Hello Advent,
The month of March is commonly known to be the month for renewal, growth and anticipation of vibrant days ahead. March carries a sense of transition from the cold embrace of winter to the awakening of Spring. March's weather can't decide if it should be sunny, rainy, windy or snowy. One day it may feel Spring has sprung and the next day it's like Winter forgot to say goodbye.

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Following are a few March dates that have some interesting background to share:

1-March 4th: Mardi Gras

It is called Shrove or Fat Tuesday. It is the last day of the Carnival celebration before the Lenten season begins. It is the day of penitence to cleanse the soul.

2-March 5th: Ash Wednesday

The disposition of burnt palm ashes with the Cross of Christ to the forehead signifies Christ's life, ministry, sacrifice and resurrection.

3-March 17th: St. Patrick's Day

Besides the shamrocks, leprechauns, or wearing green, we celebrate St. Patrick knowing that our plans and paths may not be our own but guided by God. Proverbs 16.9 states "The heart of a man plans his way, but the Lord establishes the steps".

4-March 18-April 5th: March Madness

This is the premiere college basketball tournament in which fans root their teams to victory. This might help be a guide, 1 Peter 5:8, "be sober, be watchful, your adversary the devil prowls around like a lion to devour".

At the previous Council meeting on February 18th, the following items were discussed:

1-voted to approve the January 14th Council meeting minutes **2**-voted to approve the new church safety plan **3**-voted to approve the church's new Cycrest firewall **4**-voted to approve the new Child Center debit card **5**-discussed the purchase of the church bus **6**-discussed the cleaning of the kitchen ceilings and light fixtures, date TBD **7**-discussed the need for a Lutherhaven fundraiser to acquire additional funds for camperships

In closing, I would like to share this prayer for March:

"Renewal Prayer for March"

Father, thank you for the way you draw us into your love. Thank you for your forgiveness and the gift we find at the foot of the cross. Because you sent your precious Son to die and receive the punishment we deserve, we can approach you boldly and receive your renewal. Renew our hearts and minds as we aim to serve and glorify you with our lives this month. Amen.

Blessings to all, Denise



HAPPY HELPERS

By Forrest Diehl

Welcome to the season of Lent! Ash Wednesday is on the 5th of March this year. Blessings to each of you on your Lenten Journey! As I get older, I find I enjoy the Lenten Season more and more. I used to regard it as a time of discipline and a reflection on human sinfulness. But now I find it more like a time cocoon, in which I can wrap myself in peaceful thoughts of Jesus' teachings, life, and family. Again, I look forward to Lent being preceded by **Fat Tuesday Jazz Mass at St. Mark's Lutheran Church**. This year the Jazz Mass is on **March 4, 2025 at 7:00 P.M.** It is my understanding that **Bishop Gretchen M. Rehberg of the Episcopal Diocese of Spokane** will give the sermon. I always look forward to listening to trumpeter **Dan Keberle** and his jazz band, St. Mark's chancel choir, and the speaker's message. It is a wonderful way to begin the Lenten season! If you can't attend, I think it is available through streaming. And, also, I look forward to Advent's Lenten schedule, including, of course, the soup suppers!

My goodness, **Punxsutawney Phil** certainly nailed the weather forecast in Spokane on Groundhog Day correctly. No sooner, did he see his shadow on 2 February, then winter temperatures and snow fell on Spokane with a resounding thud. As I write this in mid-February, warmer and melting temperatures are forecasted – even into the 50's by month's end. Hopefully, by the time you read this, the forecast will have been proven true (hope I used the correct verb tense there). Well, full disclosure, when one begins talking about the weather, it is probably a sign that he/she has nothing really more to talk/write about – as is the case with me now. Quickly moving on.....

More Points to Ponder

I'm not saying I'm old and worn out, but I make sure I'm nowhere near the curb on trash day. As I watch this generation try and rewrite our history, I'm sure of one thing: it will be misspelled and have no punctuation. As I've gotten older, people think I've become lazy. The truth is I'm just being more energy-efficient. I haven't gotten anything done today. I've been in the Produce Department trying to open this stupid plastic bag.

HAPPY HELPERS-Continued

Turns out that being a "senior" is mostly just googling how to do stuff. If you find yourself feeling useless, remember: it took 20 years, trillions of dollars, thousands of lives and four presidents to replace the Taliban with the Taliban. I want to be 18 again and ruin my life differently. I have new ideas. I'm on two simultaneous diets. I wasn't getting enough food on one. My mind is like an internet browser. At least 18 open tabs, 3 of them are frozen, and I have no clue where the music is coming from. Hard to believe I once had a phone attached to a wall, and when it rang, I picked it up without knowing who was calling. My wife says I keep pushing her buttons. If that were true, I would have found mute by now. There is no such thing as a grouchy old person. The truth is that once you get old, you stop being polite and start being honest.

Some of the **Happy Helpers'** accomplishments during February 2025, that I know of (I was absent more Thursdays than present) were: repaired coffee pots/percolators (**Wade Wipperling**); replaced furnace air filters (**Bill Thurston, Butch Yarnell, Conrad Moss, Jack Ishitani, Dave Cook**); removed and replaced ceiling light/fan unit in boy's restroom and replaced it with new unit (**Bill Thurston, Wade Wipperling**); cleaned Dyson vacuum cleaner and got it working again (**Wade Wipperling**); removed snow from sidewalks (**Wade Wipperling, Bill Thurston, Butch Yarnell**); reset on/off times for outside pillar and soffit lights to east entrance (**Bill Thurston, Conrad Moss**); changed wording on outside Broadway sign (**Pastor Matt**); set up chairs and tables for Sunday Fellowship hours and Memorial Service (**Bob Hubert, Dennis Johnson, Butch Yarnell, Wade Wipperling, Wes Todd, Daryl Ziemer**); etc. **AND** a very special thank you to **Linda Tompkins** for all her hard work and dedication of cleaning and shining the wood areas on both the front side and the backs of all the pews in the sanctuary. Thank you! We appreciate **ALL** the work the teams of our **Altar Guild** do each week to ensure we have a wonderful communion experience.

HAPPY HELPERS-Continued

The **Happy Helpers** are looking forward to the month of March (the NCAA tournament will give us lots to talk about – hope the Zags make the cut this year). This year, March brings us all kinds of annual events: the Iditarod Trail Dogsled Race, Daylight Savings Time, St. Patrick's Day, and the first day of Spring (in addition to the pre-Easter days). Wow, a busy month! The Happy Helpers meet each Thursday morning, 9:00 A.M., at the church. Please join us! If you can't join us by 9:00 AM, come anytime. Typically, we finish talking by 9:30 A.M. and finish working by 10:30/11:00 A.M. Coffee, tea, and "goodies" are provided. **Bill Thurston** supplied the cookies and pastries for the month of February. Thanks **Bill!**

PARISH NURSE

By Debbie Martin, RN, Parish Nurse

SLEEP DISORDERS AND HEART HEALTH

What are sleep disorders?

Sleep disorders are conditions that affect the quality, timing and amount of sleep. Getting the right amount of sleep is an essential component of good heart and brain health. The American Heart Association recommends 7-9 hours of sleep per night, but sleep disorders can make it difficult to get a healthy amount of sleep.

There are more than 80 different sleep disorders. The most common sleep disorders include insomnia, narcolepsy, restless legs syndrome and sleep apnea.

How many people are affected by sleep disorders?

Not getting enough sleep is a common problem. Roughly 1 in 3 adults reports not getting adequate rest on a regular basis. It's estimated that about 50-70 million Americans have chronic or ongoing sleep disorders.

Sleep disorders and cardiovascular diseases Getting enough quality sleep is an essential component of good heart and brain health. Sleep disorders cause sleep disruptions and make it difficult to get the sleep you need to stay healthy. In fact, sleep disorders have been linked to a higher risk of cardiovascular diseases.

A growing body of research highlights how sleep disorders and poor sleep can hurt your heart health:

PARISH NURSE-Continued

Poor sleep can cause major cardiovascular disease risk factors including obesity, high blood pressure and diabetes.

Insufficient or irregular sleep can negatively influence diet, stress and other lifestyle factors that can raise the risk of cardiovascular disease.

Excessive daytime sleepiness, which is a symptom of many sleep disorders, including hypersomnia, can lead to a greater risk of cardiovascular disease.

Sleep deprivation and sleep disorders have also been linked to increased inflammation in your body, which can also elevate your risk of cardiovascular issues.

Poor sleep and sleep disorders can cause depression and other mental health issues, which can hurt your heart health.

When should you see a health care professional for a sleep disorder and concerns about cardiovascular health?

If you have a diagnosed sleep disorder, you should talk to your doctor about a plan to address your risk of cardiovascular disease. If you suspect you have a sleep disorder but haven't been diagnosed with one, you should consult with your doctor to explore a possible diagnosis.

RECYCLING NEWS

By Roger Scheurer

Good news!! The **Happy Helpers Aluminum Can Fundraising Program** is alive and well. So if your beverage of choice comes in an aluminum can, please don't discard your empties. We have bins set up at the Northwest corner of the church parking lot. Please bag the cans and place them in the bin. All lots, large or small, are wanted. We combine all the lots and take them to the Recycling Center, usually once a month. And redeem them for cash that helps with some of the small fixer up projects around the church and Child Center. Last year we gathered **541 lbs.** of cans that generated **\$319.00**. July of course was our best month. We hit \$62.00, very good, but we **WANT ALL THAT WE CAN DO ALL THE TIME**. Thank you.

PASTOR MATT'S CORNER

By Pastor Matt Larson

Here we are going into March and I want to say to all of you, Thank You! We have closed the books on 2024 and we ended over \$6,000 in the black! Even with our end of year Bus fundraising you all stepped up and helped us make our budget. Your continual generosity is such a gift. Also, our in-person average worship attendance went from 91 (2023) to 102 (2024). That's about a 15% increase! Keep on inviting and welcoming our new faces at Advent. Our online attendance (one view equals 2 persons) went down slightly (probably cause more people coming for in-person worship). We went from 35 views to 28. Our Endowment funded 25 \$500 grants regional-ly and globally to ministries, programs, and organizations that applied.

Our high school group (St. Arbucks) has seen an increase in youth participation and my Mid-week Bible study has had more people coming since before Covid. Our senior exercise class on Monday and Wednesday mornings has also seen an increase in participants. And on top of all that , our Child Center is almost full. It has been a slow crawl coming out of Covid but we seem to be on a good path, at least for the near future. God has blessed Advent and all it's people and we will continue to extend that blessing beyond our walls to the world.

As we make our way into Lent, let us always be conscious of our walk with God. Together, we can do these things, but it is ultimately the way of the cross that defines us. Following Jesus and his way of healing, respect, and mercy that truly defines us. "We are dust, and to dust we shall return." What you do during these "dusty" days is up to you. "As for me and my family, we will worship the Lord." Ash Wednesday March 5th.

DISCRETIONARY FUND

It isn't often that I make a plea for my discretionary fund. I have had some nice donations from some of you and the Endowment fund, but I have found myself "in the hole". My fund supports people needing help for the most part. Sometimes I use it to take our staff out to lunch. Mainly I get Yoke's gift cards for groceries, gas, and sometimes help with utilities and rent when I can. Any help is appreciated. Thank you.

THOUGHTS FROM VICAR BRENDAN

By Brendan Wiechert

Greetings!
As I write this note for the newsletter, it is still the middle of February, but it already feels like March. I am on my way to St. Paul, Minnesota for an intensive week of class to begin the Spring semester at Luther Seminary. My class this Spring is "Cultivating Church in Everyday Life." All I know today is that our instructor is visiting from the Church of England and likes to say, "Brilliant." But I am looking forward to returning to school after taking the Winter term off to focus on Advent and Lutherhaven, which has admittedly been a bit of a whirlwind.

March also brings the Season of Lent. Ash Wednesday is March 5th and Easter will arrive on April 20th. For the Wednesday services in Lent, I will be exploring "Praying the Psalms." We will look at the different types of psalms and exploring one or two each week. If that does not immediately excite you, remember the psalmist who cries in Psalm 58, "The righteous will bathe their feet in the blood of the wicked" or in Psalm 140, "Let burning coals fall on them! Let them be thrown into pits!" And those are far from the worst imprecations.

Please join us as we share a meal in community, the service of "Holden Evening Prayer," and then briefly explore these psalms of penitence, lament, praise, thanksgiving, covenant, and wisdom. I look forward to eating, worshipping, and learning right along side you!

IN-PERSON ATTENDANCE

February 2	102
February 9	80
February 16	99
February 23	107

ONLINE VIEWS

February 2	33
February 9	44
February 16	41
February 23	24

ANNOUNCEMENTS

Online Worship:

www.youtube.com/c/adventlutheranspokane

'NEW FACES'

During worship **Sunday, March 2nd**, Pastor Matt will be introducing our 'New Faces' to our Advent community and welcoming their presence with us. Welcome!

ADULT SUNDAY SCHOOL

The Adult Sunday School, lead by Vicar Brendan, continues to meet right after worship. Grab your coffee and a cookie after the service and join the group in the classroom.

FAT TUESDAY

Episcopal Church of the Resurrection, 15319 E 8th Ave, Spokane Valley, has extended an invitation to Advent Lutheran for a **Fat Tuesday Pancake supper at 5:30 on March 4th**. All are welcome to join them as we prepare for the Lenten season.

FAT TUESDAY

Jazz Mass liturgy on **Fat Tuesday, March 4th**, at **St. Mark's Lutheran Church**, 24th & Grand, at **7:00 pm**. Sinful desserts will be served after worship. **Speaker:** Gretchen M. Rehberg, Bishop of the Episcopal Diocese of Spokane. If you have **signed up to ride the bus**, please be at the church and ready to **leave promptly at 5:30 pm**.

DAYLIGHT SAVING TIME

Daylight Saving Time begins **Sunday, March 9th**. Set your clocks **forward ONE HOUR Saturday night, March 8th**.

CHURCH ENTRANCE

Do you have ideas or input on how to refresh the area between the doors at the east entrance to the church? **Julie Meyers-Lehman** is asking for input and gathering ideas. Please either email your thoughts to Julie at julielehman509@gmail.com or meet to discuss in the Fellowship Hall **after services on Sunday, March 9**.

MID-WEEK BIBLE STUDY

Mid-Week Bible study meets each **Thursday morning at 10:00 am**. We are currently studying selections from the book of **Genesis**.

ANNOUNCEMENTS-Continued

MEN'S PRAYER GROUP

The **Men's Prayer group** continues to meet each **Friday morning at 7:00 am** at **Revel Community, 16807 E. Mission Avenue, Spokane Valley**. All men are welcome!

MONTHLY LADIES LUNCHEON

Our next luncheon will be **Saturday, March 8th at 11:30 a.m.** at **The Max at Mirabeau**. Please contact **Gerry O'Rourke at 509-893-0787** so she can make a reservation. The **sign-up sheet** is on the table in the Narthex. **Please also include your phone number so if the weather is bad, and the lunch needs to be cancelled, Gerry can notify you. Thank you.**

SPECIAL MUSIC FOR PALM SUNDAY, HOLY WEEK, AND EASTER

We would like to have a choir come together to prepare special music for this most special time of the year. If you are interested and able to participate, weekly practices will start on **Tuesday, March 11, at 4:00 p.m. at the church**. **Questions? Contact Paula Kenney at 509-991-3869.**

'COME TO FRIDAY DINNER'

During the month of **March**, there will be just **one 'Come to Friday Dinner'**. This will take place on **Friday, March 28th, from 5:00 pm-6:00 pm**. **Menu:** Orange chicken, rice, and a vegetable. If you are interested, please call the church office at **509-928-7733** or place your name and the number of meals you wish on the **signup sheet on the table in the Narthex. EVERYONE welcome!**

HOSPITALITY SCHEDULES

We are in need of additional help with the monthly **Hospitality Schedules**. If you are able to assist, please see the sign-up sheets on the table in the Narthex.

EASTER FLOWERS

You may purchase a white **Easter Mum or Lily to decorate the sanctuary after Easter**. The forms are available on the table in the Narthex. The cost is **\$17** per plant. Deadline is **Sunday, April 13**.

ANNOUNCEMENTS-Continued

LENTEN SOUP SUPPERS

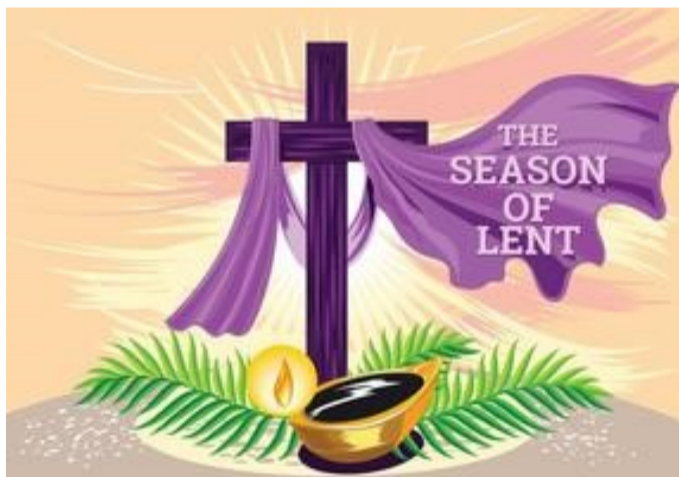
Lenten soup suppers will begin on **March 12th** and each **Wednesday evening at 5:30 pm** through **April 9th**. Please see the **sign-up** sheet on the table in the Narthex if you would like to bring soup. Our **Lenten worship service** will begin at **6:30 pm**, both in-person and livestream. Please come to soup suppers, even if you do not sign up to bring soup. The sign-up sheet is to have an idea on how much soup we will have. All are welcome whether you bring soup or not.

NEWSLETTER DEADLINE

If you wish to submit an article or announcement for the **April** newsletter, please submit it to the Church office no later than **Monday, March 24th**.

EASTER CANDY NEEDED

On **Saturday, April 12, at 10am**, the **Child Center** will be holding their annual **Easter Egg hunt** for the children. Donations of **individually wrapped** Easter candy would be greatly appreciated! You may bring your donations to church on any Sunday, or drop off your donations to the Child Center or church office during the week. Thank you!



PEOPLE IN OUR PRAYERS

Church Family and Friends: Barney Barnhart & family, Manda Benton, Linda Bradford, Belle Campbell, George & Sandy Coombs, Georgia Coulston, Angela Davila, Dorothy Grier, Leigh & Steve Hopkins, Mary & Clancy Howard, Jayne family, Judy & Manny, Savannah Kelley, Midge Kiourkas, Bridget Madden, Jan Madden & family, McCune family and Donny, Julie McMillan, Ian & SaraLu Moore, Moseman family, Jeanne Mummert, Amaryllis & Ken Otteman, Jared & Cindy Pauletto, Myrna Rehn, Rhonda, Carol & Roger Scheurer, Eva Sturges, Isabel Toth, family of Margot Wilson, Marlene Wilson, Steve Woodard, Chris Worth & family, and Jennifer Zapay.

For Family Members & Friends Serving in the Military:

CPT Ashley Allinger, Chaplain US Army, CPT Zane Allinger, USAF, CPL Damien Anderson, Major Ryan Baker, Majors Megan & Robert Barnwell, SGT Alex Baron, USAF, Capt. Jordon Bolster, CPT Christopher Finch, Robert Guyton, CW2 Aaron Lang, Sr. Airman Richard Luna III, MSgt. Duncan McFarlane, Bryan McGoon, SSG Aaron Moeller, Sam Nelson, Mst. Sgt. Alex Pohle, AF Staff Sgt. Garytt Shirey, Kurt Strigel, Colin Wells, U.S. Air Force, Ryan Wells, Master Sgt. AF Nat'l Guard Sarah Meddock, TSG Jason Wood, CPT Michael West, Staff SGT Jacob McKenzie, Capt. Stephen King, Airman Chase Strunk, U.S. Air Force, LCPL Jared Martin, Rafe Rector in Marines, Staff Sgt. Dan Zabriskie in the National Guard, and Airman Justin Wise, US Air Force.

*If you have a **prayer request**, please call the church office at **(509) 928-7733**.*

INCOME/EXPENSE INFORMATION

Advent General Fund Income/Expense

	<u>January</u>	<u>Year to Date</u>
Income	33,319.70	33,319.70
Expenses	<u>35,106.58</u>	<u>35,106.58</u>
Net	-1,786.88	-1,786.88

Notes for Advent Lutheran Church

- Expenses include the budgeted disbursement (10%) of benevolence dollars for the ELCA, Spokane Valley Partners, Advent Lutheran Child Center, and Lutheran Community Services.
- Budgeted monthly expenses for 2025 are \$28,662. Total Reserve Amount is \$54,768. This equates to 1.91 month's of operating expenses.

Child Center Income/Expense

	<u>January</u>	<u>Year to Date</u>
Income	83,546.86	83,546.86
Expense	<u>119,800.68</u>	<u>119,800.68</u>
Net	-36,253.82	-36,253.82

Notes for Advent Lutheran Child Center

Notes for Advent Lutheran Child Center

- Budgeted monthly expenses for 2025 are \$104,166.98. Total Reserve amount is -\$44,208.36.
- January was a three payroll month, reflecting in our loss for the month. Average payroll cost for January was \$35,190, which means we would have been close to breaking even if it was a normal two payroll month.

YOUTH MINISTRY

By Kara Wilson

Greetings church family,
The youth group has been a little quiet in the New Year due to travel. When Kara's not running amuck, St. Arbucks is in full swing. In February, the group got a chance to join Missy for the Outreach Committee making Valentines for Grace Court. Our artist group jumped at the opportunity and had a great time doing it. Check out just a few of our artists here:



As March is upon us, it's far time for more fun. The crew will be going bowling soon (weekend date TBD) and watch for announcements for Easter Breakfast.

Speaking of Easter Breakfast, this jet setting leader will be gone for two weeks up to Easter (arriving home Easter day) so the parents and youth are tackling this challenge. **Any help folks feel called to give will be greatly appreciated.**

What did Peter Cottontail's wife say when he woke up on the wrong side of the bed?
Some bunny needs coffee!

MARCH CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10-9pm Deidre Calvo
2 'New Faces' 9:30 am Worship Service/Holy Communion Coffee Fellowship Confirmation Adult SS Council Table Talks 10:45 am High School Sunday School	3 8:30-9:30 am Fitness Class 4:00 pm Worship & Music Committee mtg. 6:00 pm Boy Scouts	4 9:00 am Happy Piecemakers 4:00 pm ALCC Board Mtg. 5:30 pm Bus leaves for St. Mark's Jazz Liturgy worship service 6:00 pm Cub Scouts	5 Ash Wednesday 8:30-9:30 am Fitness Class 11:00 am Child Center Chapel 6:30 pm Ash Wednesday Worship Service	6 9:00 am Happy Helpers 10:00 am Mid-Week Bible Study 5:30 pm-6:30 pm AA Meeting	7 7:00 am Men's Prayer Breakfast	8 11:30 am Ladies Lunch-The Max at Mirabeau
9 Daylight Saving Time Begins First Sunday in Lent 9:30 am Worship Service/Holy Communion After Worship Coffee Fellowship Adult SS 10:45 am High School Sunday School	10 8:30-9:30 am Fitness Class 5:00 pm Executive Committee 6:00 pm Boy Scouts	11 9:00 am Happy Piecemakers 4:00 pm Choir Practice 5:00 pm Council Meeting 6:00 pm Cub Scouts	12 8:30-9:30 am Fitness Class 11:00 am Child Center Chapel 5:30 pm Lenten Soup Supper 6:30 pm Worship Service	13 9:00 am Happy Helpers 10:00 am Mid-Week Bible Study 5:30 pm-6:30 pm AA Meeting	14 7:00 am Men's Prayer Breakfast	15
16 Second Sunday in Lent 9:30 am Worship Service/Holy Communion After Worship Coffee Fellowship Confirmation Adult Sunday School 10:45 am High School Sunday School	17 8:30-9:30 am Fitness Class 6:00 pm Boy Scouts	18 9:00 am Happy Piecemakers 4:00 pm Choir Practice 6:00 pm Cub Scouts	19 8:30-9:30 am Fitness Class 11:00 am Child Center Chapel 5:30 pm Lenten Soup Supper 6:30 pm Worship Service	20 9:00 am Happy Helpers 10:00 am Mid-Week Bible Study 5:30 pm-6:30 pm AA Meeting	21 7:00 am Men's Prayer Breakfast	22 9:00 am-1:00 pm Daughters of Norway
23 Third Sunday in Lent 9:30 am Worship Service/Holy Communion After Worship Coffee Fellowship Adult SS 10:45 am High School Sunday School	24 8:30-9:30 am Fitness Class 6:00 pm Boy Scouts NEWSLETTER DEADLINE	25 9:00 am Happy Piecemakers 4:00 pm Choir Practice 6:00 pm Cub Scouts	26 8:30-9:30 am Fitness Class 11:00 am Child Center Chapel 5:30 pm Lenten Soup Supper 6:30 pm Worship Service	27 9:00 am Happy Helpers 10:00 am Mid-Week Bible Study 5:30 pm-6:30 pm AA Meeting	28 7:00 am Men's Prayer Breakfast 5:00 -6:00 pm 'Come to Friday Dinner'	29
30 'Fill the Shelf' Fourth Sunday in Lent 9:30 am Worship Service/Holy Communion After Worship Coffee Fellowship Adult SS 10:45 am High School Sunday School	31 8:30-9:30 am Fitness Class 6:00 pm Boy Scouts		8			

MARCH HOSPITALITY SCHEDULE

Ministry Description	March 2	March 9	March 16	March 23	March 30
	9:30 AM	9:30 AM	9:30 AM	9:30 AM	9:30 AM
ASSISTING MINISTER: (1)	Vicar Brendan Wiechert	Duane Yates			
COMMUNION ASSISTANTS (2)	Betty Quinn Linda Sweet	Betty Quinn Linda Sweet	Betty Quinn Linda Sweet	Karen Nelson Carol Scheurer	Karen Nelson Carol Scheurer
READER: (1)	Larry Nelson	Marilyn Keith	Barb Potter	Marilyn Keith	
ACOLYTE: (1)					
USHERS (3-4)	1. Darrell Shoquist 2. Francie Shoquist	1. Bill Johnson 2. Linda Semmen	1. 2.		1. 2.
GREETERS: (2)	1. Belle Campbell 2.	1. Belle Camp- bell 2.	1. Belle Campbell 2.	1. Belle Campbell 2.	1. Belle Camp- bell 2.
FELLOWSHIP HOSTS	1. Missy Bliesner 2. 3. 4.	1. 2. 3. 4	1. Missy Bliesner 2. 3. 4		1. 2. 3. 4.
(Cookies, etc., 2 dozen each)	Missy Bliesner	Linda Semmen	Alice Johnson		

**“Share with God’s people,Practice Hospitality”
Romans 12:13 (NIV)**

Advent Lutheran Church
13009 E Broadway
Spokane Valley, WA 99216

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Child Center Phone: 509-928-0231
Fax: 509-892-5219
www.adventlutheranspokane.org

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WORSHIP SCHEDULE

SUNDAY

Sunday Morning Worship: 9:30 am In-Person and Online
Thursday Morning Bible Study: 10:00 am In-Person and Online

“Called by God’s Grace to Love and Serve”